ROLE DESCRIPTION

TITLE: Director, EDV Board Member

EMPLOYMENT STATUS: Volunteer, approx. 4-6 hours per month

REPORTS TO: Board Chairperson

LIAISES WITH: EDV Board, EDV CEO and Executive team

ABOUT US

Eating disorders are complex and debilitating mental illnesses that affect up to 1 in 10 people. Like any mental health disorder, they are not the fault of the individual and can affect anyone no matter their age, gender or background. While serious, eating disorders are treatable. With the right support, full recovery is possible for everyone.

Eating Disorders Victoria is the trusted guide for Victorians affected by eating disorders. We help people get the support they need to inspire hope and ensure the earliest possible recovery.

How we work

We are a committed, engaged and progressive community health service who value innovation. We are known for developing and delivering eating disorder services that can't be found anywhere else in Australia, or even the world. We are a strong voice for people affected by eating disorders and actively advocate for our eating disorder affected community at state and national level.

We pride ourselves on being a vibrant place to work, where creativity, collaboration and lived experience are highly valued and supported.

All of our work is guided by our values of **Courage, Authenticity, Optimism** and **Lived Experience.**

Where we are going

We are moving through an exciting time of reform in Victoria's Mental Health System and have every intention of ensuring eating disorders are fully supported in this new system. We want eating disorders to be considered core business when it comes to mental health, so that more Victorians are identified, diagnosed and put on the path to recovery, sooner.

We are focused on delivering high quality, data-driven community services that demonstrate the impact of our work, while underscoring the growing community demand for specialised eating disorder services. Underpinning this is an evolving culture of strong clinical governance, which supports the wellbeing of staff, volunteers and our service users.

We consider the lived experience workforce to be pivotal to the future of eating disorder treatment and are positioned to be leaders in this emerging field.

ROLE STATEMENT

The EDV Board comprises up to 9 members with substantial skills and expertise, drawn from the corporate, private, public and community sectors. The Board members work in a voluntary capacity to provide strategic oversight and governance in line with EDV's mission. Attendance and participation at board meetings and membership of and participation in one of the board sub committees are standard requirements of the role of board directors. Occasional ad hoc meetings may be required for specific tasks and board voting.

We have a vacancy on the board and EDV is seeking a director with strategic leadership capabilities and strong credentials in law and organisational risk governance, and the capability to step into a sub-committee chair role.

KEY SELECTION CRITERIA

Applicants should be able to demonstrate effective communication skills and strong relationship building capabilities. Knowledge of the community and/or health sector is an advantage. The board member will be expected to attend all board and subcommittee meetings (approx. 15 meetings per year, predominately online) and support the strategic plan of the organisation, with a time commitment of approximately 4-6 hours per month.

Our ideal candidate would have demonstrated experience and capability in a director role with strong credentials in legal, and/or organisational risk governance, with the capability to step into a sub-committee chair role.

Essential:

- Senior executive or board-level experience in Legal and/or Organisational Risk Governance
- Demonstrated experience in Legal oversight at an organisational risk governance level
- Experience serving on or chairing a Legal, Audit and/or Risk Committee
- Understanding of governance in not-for-profit or regulated environments

Desirable:

- Experience in health, social services, or community sectors
- Knowledge of government-funded environments
- AICD (GAICD) or equivalent governance qualification

We strongly encourage applications from people with diverse experience and backgrounds. We particularly welcome applications from people with lived experience of an eating disorder (as someone who has recovered or is in recovery) or the experience of people who have been carers, families, or supporters. We value board members who are willing to share their lived experience publicly as part of EDV's advocacy work and commitment to being a strong voice for the eating disorders community.

LIVED EXPERIENCE AT EDV

At EDV we have a commitment to supporting board members with lived experience and highly encourage those with lived experience to apply.

Please note candidates who have lived experience of an eating disorder must align with the 'recovered' definition below.

Candidates who have lived experience of caring for a person with an eating disorder must align with the definition of 'non-active carer' below.

Recovered: a person who identifies as having engaged in a recovery journey from an eating disorder and can manage their own wellbeing in alignment with the below indicators:

- They can reflect and learn from their experience and have achieved emotional distance from their experience.
- They are open to, and able to consider a wide range of different eating disorder experiences.
- Can manage their own mental health and can recognise and seek help when at risk.

Recovering: a person is recovering from an eating disorder when they are actively engaged in eating disorder treatment and are currently experiencing physical, psychological or behavioural symptoms of an eating disorder.

Non-active carer: a person who has provided active care for an individual experiencing an eating disorder who now fits the 'Recovered' or 'Recovering' definitions, as above. They may still be involved in providing support and care, but not in the same active capacity.

HOW TO APPLY

Please apply through Ethical jobs.

For further information, please contact Emma Reid (Board Chairperson) can also be contacted on 0401 116 130 or at chair@eatingdisorders.org.au

EDV is committed to ensuring that it reflects the rich diversity of the Victorian and eating disorders community. We encourage applications from people of all ages, Aboriginal people, people with disability, people from culturally and linguistically diverse backgrounds and from lesbian, gay, bisexual, trans, gender diverse, intersex and queer people. We will provide adjustments to the recruitment process upon request.

You do not have to disclose any personal information if you do not want to, but it can help us understand how we can support you through the recruitment process and beyond. We invite you to tell us if you identify as Aboriginal, a person with disability, from a culturally or linguistically diverse background, LGBTIQ+ or a young person, aged 25 years old or less. If you identify as any of the above, we will welcome the opportunity to contact you and discuss how we can support you through the recruitment process. Sharing this information will help you access support should you need it and will also help us to better understand the impact of our work.

Ethical requirements:

All EDV staff are required to adhere to the EDV Code of Ethics, Code of Conduct, Core Values and guiding principles and relevant organisational policies, practices and guidelines.