

Position title	Senior Clinician, Eating Disorders	Reference	hsD: Enhanced Care
Reporting to	Team Leader Enhanced Care	Location	Darwin & Palmerston
Division	Mental Health	Section	headspace
Approved	Director of Mental Health	Date	October 2023
Comments:			

Organisation Statement

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. We demonstrate our values of Hope, Kindness, Respect, Fairness and Integrity through strength-based and trauma informed practice, cultural respect, child safety, social justice, community development and partnerships. Anglicare NT was formed by the Anglican Diocese of the NT to respond to the social needs of our diverse communities.

Purpose of the Position

You will provide primary and secondary case consultation services with a high level of clinical expertise in the assessment, treatment, and delivery of targeted interventions to young people experiencing eating disorders. This position will work in collaboration with the Royal Darwin Hospital Child and Adolescent Eating Disorder Service. The coordination of care for young people will have a family therapeutic approach to improve outcomes for the young person and their family and provide access to timely treatment at appropriate level of intensity. Care coordination will involve close collaboration and coordination with all service providers involved in supporting the young person. Where therapeutic intervention is not available, the Senior Clinical may directly provide family based therapeutic interventions and practices. You will also provide secondary consultation to staff and other service providers relating to evidence-based approaches where required. This position will work with young people experiencing emerging or established eating disorders and their families.

Selection Criteria

Position Specific Requirements

1. The minimum qualification required is an approved tertiary qualification and minimum 3 years' experience in a health-related discipline and registration with the relevant regulatory body such as APHRA or membership of and adherence to professional standards, such as the AASW for Social Workers.
2. Demonstrated experience in the provision of evidence-based treatment for young people and/or adults experiencing eating disorders.
3. Extensive experience in the planning and provision of mental health clinical care, including completion of mental health assessments, crisis intervention, case formulation, psychoeducation and short-term treatment interventions to young people experiencing mental health and/or substance use, and/or other social difficulties using current evidence-based approaches.
4. Experience in providing clinical case consultation, clinical supervision or mentoring of health professionals.
5. Demonstrated passion and commitment to improving the social and emotional wellbeing of young Aboriginal people.
6. Clear service system knowledge, relevant legislation, government policy and strategic directions in relation to mental health and alcohol and other substances particularly as it relates to young people
7. Excellent interpersonal and communication skills (written and verbal) to effectively liaise, build relationships and partnerships, consult, and negotiate with a wide variety of stakeholders and commitment to supporting clinical research within the service.

General Criteria

1. Demonstrated commitment to work respectfully and inclusively with Aboriginal and Torres Strait Islander and culturally and linguistically diverse people.
2. Demonstrated adherence to legislation, policies and procedures and a commitment to EEO, WHS, risk management and quality improvement practices.
3. Northern Territory Working with Children Clearance (Ochre Card).
4. National Police Criminal History Report (less than three months old) with acceptable outcome.
5. Ability to meet 100-point ID and additional visa / overseas work compliance measures.
6. Northern Territory Driver's Licence.

7. First Aid Certificate (or willingness to obtain within agreed timeframe).

Key Responsibilities

1. Clinical Practice

- Provide intensive flexible, case coordination and mental health interventions for young people experiencing eating disorders and/or eating disordered symptoms using a strength-based, solutions focused approach to assist young person, family and their support system work in a collaborative way.
- Provide youth friendly, developmentally appropriate and evidence based psychological interventions to young people with emerging or existing eating disorders.
- Provide family based therapeutic interventions and practices to families of young people experiencing eating disorders.
- Ability to maintain the philosophy, standards of practice inherent to the headspace model, to promote the recovery of young people and to create a team culture underpinned by hope and optimism.
- Commitment to contributing to quality improvement projects, including continuing to improve and streamline clinical systems, and mental health research.

2. Leadership and Collaboration

- Work closely with the Royal Darwin Hospital Child and Adolescent Eating Disorder Service to coordinate care for young people with emerging or existing eating disorders. Care coordination will have a family therapeutic approach to improve outcomes for the young person and their family.
- Provide secondary consultations to headspace clinicians and to other service providers relating to evidence - based approaches around eating disorders.
- Strengthen shared care models and partnership development with other service providers to ensure integrated medical, psychological, nutritional and functional treatment of young people with eating disorders.
- Provide clinical supervision to staff to enhance clinical and professional development and improve health professional awareness, knowledge and skills around eating disorders.
- Act as a resource for staff in providing a responsive and flexible service which meets the needs of young people and their families, including supporting staff in eating disorder treatment planning and clinical decision-making.

3. Communication and Teamwork

- Demonstrate positive team behaviours that contribute to a high performing, engaged youth friendly, optimistic and hardworking team.
- Collaborate with professionals from other disciplines across all headspace and Anglicare NT services and other agencies and engage in partnership development that expands the range of support and access to services for young people with emerging or established eating disorders and their families.
- Engage in a working environment conducive to a high standard of contemporary evidence-based clinical practice.
- Be available as required to ensure resources and rosters are sufficiently flexible and efficient to meet workflow demands and assertive engagement of young people and families, inclusive of extended/out of hours work.
- This may include backfill in the wider headspace services (Darwin, Palmerston and Katherine) for other clinicians on leave or to assist with functional recovery groups.

General Requirements

- Comply with Federal, NT and Local Government legislation, regulations, permits and / or by laws.
- Adhere to delegations, code of conduct, policies, procedures and general conditions of employment.
- Work within contract, program / project parameters and scope of practice.
- Comply with program guidelines, work plans, budget, data and reporting requirements.
- Comply with WHS requirements – remain vigilant and contribute to a safe working environment.
- Embrace organisational values, work cooperatively and help sustain a respectful workplace.
- Support and mentor work colleagues by sharing your skills, knowledge and strengths.
- Help implement our Reconciliation Action Plan and build an inclusive and culturally competent workforce.
- Maintain confidential client, staff and organisational information in line with requirements.

- Keep up to date with workplace communications, staff meeting records and the intranet.
- Contribute to planning, evaluation and continuous quality improvement activities.
- Participate in supervision, performance reviews and undertake approved training.
- Maintain attendance, payroll and leave records in accordance with procedures.

Delegation of Authority

As per Board approved Delegation of Authority Schedule and aligned position classification (noting content will updated from time to time).

Currently this position has no direct reports; however, it is graded at a Level whereby staff can be allocated for supervision on a temporary or permanent basis.