

Position title	Registered Nurse	Reference	hsD: Early Psychosis
Reporting to	Program Manager Early Psychosis	Location	Darwin & Palmerston
Division	Mental Health	Section	headspace Darwin
Approved	Director Mental Health	Date	February 2024
Comments:			

Organisation Statement

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. We demonstrate our values of Hope, Kindness, Respect, Fairness and Integrity through strength-based and trauma informed practice, cultural respect, child safety, social justice, community development and partnerships. Anglicare NT was formed by the Anglican Diocese of the NT to respond to the social needs of our diverse communities.

Purpose of the Position

You will provide mental health nursing treatment to young people presenting to headspace services in Darwin & Palmerston. This includes providing person-centred, youth friendly services that facilitate a culture emphasising family involvement using a flexible and recovery-oriented approach. You will work collaboratively in a multi-disciplinary team to provide treatment and support to young people and families in line with the headspace and Australian Early Psychosis Program (AEPP) model of care. This role will support the physical & sexual health needs of young people across all headspace programs.

In this role, you will be well supported through an outcome-orientated multi-disciplinary team structure with opportunities for professional development. You will uphold the values of Anglicare NT and provide quality services within the scope of the position and associated delegations working with the headspace program to provide flexible and client centred support using a range of interventions to young people who are accessing the Early Psychosis, Primary, and/or Enhanced Care programs. You will be a registered nurse with mental health qualifications or relevant experience and will play an important role in a range of interventions to support young people which include Physical & Sexual health screenings, education, metabolic screening and monitoring and administration of depot injections in a dedicated clinic space.

You will provide psychoeducation around mental, physical and sexual wellbeing as part of the wider headspace team and will work closely with the Program Manager and Clinical Director, as well as other headspace teams, to ensure that the physical and sexual health needs of young people accessing the service are being met. The Early Psychosis service has a well-defined physical health pathway to support young people to maintain healthy lives whilst engaged with psychotropic medication, and the registered nurse is integral to the function of this.

Selection Criteria

Position Specific Requirements

1. The successful applicant will be registered as a Registered Nurse with the Nursing and Midwifery Board of Australia and hold a current unrestricted practicing certificate. Post graduate qualification in mental health nursing is considered highly desirable for this position.
2. Exceptional interpersonal and communication skills including the ability to develop and maintain strong working relationships with young people and families.
3. Have well developed interpersonal skills in providing dynamic and youth friendly support to young people.
4. Demonstrated minimum 3-5 years' experience of working within relevant mental health settings and/or providing physical and sexual health care.
5. Proven commitment to working with young Aboriginal and Torres Strait Islander people and families to provide culturally appropriate and safe mental health and medical support.
6. Possess sound knowledge and experience of the broad issues faced by young people who are at risk of developing or who have experienced a first episode of psychosis.
7. Experience in implementation and evaluation of relevant procedures including depot administration, metabolic monitoring and provision of physical and sexual health support.

General Criteria

1. Demonstrated commitment to work respectfully and inclusively with Aboriginal and Torres Strait Islander and culturally and linguistically diverse people.

2. Demonstrated adherence to legislation, policies and procedures and a commitment to EEO, WHS, risk management and quality improvement practices.
3. Northern Territory Working with Children Clearance (Ochre Card).
4. National Police Criminal History Report (less than three months old) with acceptable outcome.
5. Ability to meet 100-point ID and additional visa / overseas work compliance measures.
6. Northern Territory Driver's Licence.
7. Demonstrated currency of pandemic and job specific vaccinations (and boosters).

Key Responsibilities

1. Clinical Practice

- Ensure the management, monitoring and delivery of depot medication to young people as prescribed and overseen by the Clinical Director/Consultant Psychiatrist.
- Ensure the continuing improvement of the clinical services delivered by providing clinical support and expert consultation to team members, with a specific emphasis on medication administration, psychopharmacology, physical health, sexual health and metabolic monitoring.
- Provide psychoeducation and advice regarding medication in line with best practice principles and oversight from the Clinical Director.
- Provide physical and sexual health screening and advice and engage in short/medium term physical health interventions.
- Support young people to access services including General Practitioners, Danila Dilba Health Services or other co-located or local services.
- Coordinate services related to physical health, sexual health and depot administration.
- Work closely with the Program Manager and Clinical Director regarding relevant needs and clinical concerns for young people accessing the service.
- Complete all relevant documentation, including assessment forms, session notes, medication charts and outcome measures related to a young person's engagement with the Early Psychosis program or other team and ensure all documentation is updated in the electronic medical record.
- Provide culturally competent care and support to young people who identify as Aboriginal or Torres Strait Islander, culturally or linguistically diverse or as LGBTIQ+.
- Where relevant, engage the families and friends of young people in their care. This may include in delivery of psychoeducation, health-advice, and in co-ordinating care.
- Support and contribute to the education and training of students on placement.
- Adhere to practice principles and best practice standards for nursing as per NT legislation for Nursing and Midwifery roles.

2. Communication and Teamwork

- Demonstrate positive team behaviours that contribute to a high performing, engaged youth friendly, optimistic and hardworking team.
 - Collaborate with professionals from other disciplines across all headspace Darwin and Anglicare NT services and other agencies and engage in partnership development that expands the range of services and access to services for young people with early psychosis and their families.
- Engage in a working environment conducive to a high standard of contemporary evidence based clinical practice.

General Requirements

- Comply with Federal, NT and Local Government legislation, regulations, permits and / or by laws.
- Adhere to delegations, code of conduct, policies, procedures and general conditions of employment.
- Work within contract, program / project parameters and scope of practice.
- Comply with program guidelines, work plans, budget, data and reporting requirements.
- Comply with WHS requirements – remain vigilant and contribute to a safe working environment and maintain pandemic related and job specific mandated vaccinations (and boosters).

- Embrace organisational values, work cooperatively and help sustain a respectful workplace.
- Support and mentor work colleagues by sharing your skills, knowledge and strengths.
- Help implement our Reconciliation Action Plan and build an inclusive and culturally competent workforce.
- Maintain confidential client, staff and organisational information in line with requirements.
- Keep up to date with workplace communications, staff meeting records and the intranet.
- Contribute to planning, evaluation and continuous quality improvement activities.
- Participate in supervision, performance reviews and undertake approved training.
- Maintain attendance, payroll and leave records in accordance with procedures.

Delegation of Authority

As per Board approved Delegation of Authority Schedule and aligned position classification (noting content will updated from time to time).

Currently this position has no direct reports; however, it is graded at a Level whereby staff can be allocated for supervision on a temporary or permanent basis.

This position may be asked to provide supervision to students on field placements (where an employee has the qualifications to do so) and / or on the job assistance to new entrant employees.