

Mental Health Clinician – eheadspace

\$79,961 to \$87,000 salary (base salary range + not-for-profit salary benefits+ penalty rates)

- Put young people and families at the center of accessible, evidence-based digital care.
- Direct Service Delivery Role providing mental health supports to young people and family
- Supportive remote work environment where you can work from anywhere in Australia.
- Part-time 0.8 FTE ongoing role, with afternoon and evening shifts across Monday to Sunday.

summary

Join eheadspace as a Mental Health Clinician and provide compassionate phone and online mental health support to young people and families across Australia. This remote role offers meaningful, evidence-based clinical work in a supportive multidisciplinary team, with regular supervision, professional development, and a strong focus on inclusive care.

about headspace

headspace is Australia's leading youth mental health organisation established to improve the wellbeing of young people aged 12 to 25. Through our national programs, partnerships, and support for the headspace network, we help young people and their families navigate mental health, work, and study challenges with confidence. We strive to create environments where every young person feels empowered, supported, and able to thrive. Learn more at headspace.org.au.

The Digital Mental Health Program - eheadspace provides online mental health and wellbeing support via online and phone to young people and families across Australia.

why you'll love working with us

At eheadspace, you will be part of a purpose-driven national service supporting young people and families to access timely, inclusive and developmentally appropriate care. You will work in a supportive remote environment, alongside a multidisciplinary team, with access to supervision, professional development and employee wellbeing supports.

You will also be eligible to access headspace benefits including:

- Additional shift penalties of 115% for shifts that finish after 7.30 pm Monday - Thursday and 150% penalties for Friday to Sunday shifts that finish after 7.30 pm
- Additional leave for shift workers who work regularly on weekends
- Not-for-profit salary packaging, up to the maximum \$15,900 per FBT year
- 15 days personal leave
- 20 days annual leave

- 14 weeks paid parental leave
- Remote position with occasional requests to attend the Melbourne Office
- Access to EAP
- Access to professional development

what you'll do

As a Mental Health Clinician at eheadspace, you will work in a fast-paced, productive and fully remote environment, supporting young people and their families from across Australia. You will deliver phone and online care that is accessible, inclusive, developmentally appropriate and evidence based. You will support young people and families with mild and evolving mental health presentations and work as part of a multidisciplinary team, including working alongside Peer Workers.

Working in this role, you will:

- Provide phone and online mental health and wellbeing support to young people and families across Australia.
- Use evidence-based, client-centred approaches to build effective therapeutic relationships in a digital environment.
- Assess and respond to a range of mental health presentations, including mild to more complex needs
- Work both independently and collaboratively within a multidisciplinary team, including alongside Peer Workers.
- Participate in supervision, reflective practice, continuous learning and professional development.
- Communicate clearly and compassionately while navigating complex care systems and supporting safe, quality care.

Shift options include:

- Two fixed team-based shifts Monday to Friday, with shift times including 2.30 pm - 10.30 pm, 4.00 pm - 12.00 am from April to October, or 5.00 pm - 1.00 am from October to April.
- All rosters include at least one weekend shift per fortnight.
- All shift times are in Melbourne time.

This position involves supporting young people and families experiencing complex and sometimes distressing circumstances. While meaningful and rewarding, the work can be emotionally demanding, and we encourage applicants to consider their personal capacity for this type of role.

what you'll bring

To be successful in this role, you will bring:

- You will bring an interest in supporting young people in an online environment, strong clinical judgement and a commitment to safe, inclusive and evidence-informed care.
- Ability to commit to a roster of afternoon and evening shifts with good availability to work across the week.
- An approved tertiary qualification in an allied health discipline, including social work, psychology, mental health nursing or occupational therapy; or a Masters in Counselling with minimum Level 3 ACA membership or equivalent Clinical membership with PACFA.

- Eligibility for membership of an appropriate professional body. Social workers are required by the Australian Government Department of Health to be eligible for full membership with AASW. Psychologists, mental health nurses and occupational therapists are required to have full registration with AHPRA.
- For candidates with a Masters in Counselling, eligibility for full professional registration at a minimum of Level 3 within the Australian Counselling Association scope of practice guidelines or equivalent Clinical membership with PACFA.
- Strong communication and clinical skills, with the ability to build effective therapeutic relationships and work with confidence and compassion.
- Commitment to continuous learning, reflection and supervision.
- Confidential home office set up, including reliable internet connection

how to apply

To apply, please include a current resume and a cover letter addressing the key criteria that will make you successful in this role.

We review all applications as they come in, so we encourage you to apply early.

Applicants must have full working rights in Australia to be considered for this role.

headspace is an inclusive, safe and committed employer

headspace is committed to workforce diversity and to creating an inclusive workplace where all employees are valued, celebrated, and can contribute meaningfully. We encourage applications from people with lived experience of diversity to enhance the depth of skill and insight within our workforce. Aboriginal and/or Torres Strait Islander people are strongly encouraged to apply for this role and all current vacancies.

headspace is committed to being a child safe and child friendly organisation that recognises, respects, and promotes the rights of children, young and vulnerable people. For this reason, we will conduct a National Criminal Background Check and Working with Children Check as part of our recruitment process for all new employees.

headspace will provide reasonable personalisation for all candidates to participate equitably in the recruitment process. Please advise us should you require assistance.