



Child and Youth Therapeutic and Wellbeing Practitioner Position Description

Reporting to:	Team Leader	Work location:	Armadale
Department:	54 reasons	Budget holder:	No
Team:	FDV CYP Therapeutic Services	Direct reports:	Nil

About 54 reasons

54 reasons is Australia's leading child rights organisation, proudly part of the Save the Children Australia Group and global movement. We're here to make sure that everyone understands their rights. So that children and young people have their rights met and thrive, in all their diversity.

We champion the children, young people and families we work with. We are inspired by the curiosity and creativity of children, and motivated by the love of those who care for them. With the child's voice at the centre, we provide quality services to children and their caregivers, advocating with them so that children develop, learn, and are connected, safe and confident.

Our people are proudly local, and as diverse as the communities we serve - in every state and territory, and across regions, remote areas and capital cities. Our operations and services span the early years and school engagement, youth justice, domestic and family violence and family support, and our practice is grounded in child rights and participation.

From our 54 Reasons Practice Framework to our culture where you will feel valued, belong and make a difference for children, 54 Reasons is truly a place you will **learn and grow**. Find out more about *Our Promise* to Children and Young People and how our Practice and Impact measurement team works to ensure the provision of high quality, contemporary and inspiring service, practise and outcomes that meet and exceed client needs. [Our Approach – 54 reasons](#)

Here you'll make a difference

At Save the Children Australia, we attract bright and big-hearted people who are inspired to make a difference. Together, we are fearless in our pursuit of making lasting change for the children and communities who need it most.

Role Purpose

The Child and Youth Therapeutic and Wellbeing Practitioner supports children and young people affected by family and domestic violence, including those with diverse and intersecting needs, are able to easily access age-appropriate therapeutic support to enhance their safety, recovery and healing. This is through a mix of one-to-one and family-based case management and therapeutic healing/counselling methods to support safety, recovery and healing for children and young people who are victim survivors of family violence.

Here your skills will be valued

Role requirements

- Deliver individual and group therapeutic interventions for children and young people impacted by family and domestic violence.
- Conduct comprehensive assessments to identify needs, risks and safety to inform tailored care plans.
- Develop and implement therapeutic, trauma-informed, safety and support plans in collaboration with families.
- Provide goal-focused therapeutic counselling and parenting support using evidence-based techniques such as play and art therapy.
- Maintain accurate, confidential records of sessions, assessments, and plans.
- Coordinate referrals and advocate for children, young people and their families with external services.



- Collaborate with parents, caregivers, schools, and professionals to support wellbeing and recovery for children and young people.
- Respond promptly to crises in accordance with organisational policies.
- Monitor and evaluate intervention effectiveness, adjusting approaches as required.
- Stay informed on current research, best practice frameworks, and emerging therapeutic methods for children, young people and families impacted by family Violence.
- Educate caregivers and schools on supporting children's emotional wellbeing and recognising them as victim-survivors.

Health, safety, security and risk management

- Be a role model for safety and security and comply with all workplace safety policy, procedure, work instructions and training.
- Always act safely and consult line supervisor when necessary.
- Report all incidents, injuries and potential hazards in a timely manner.
- Participate in, and contribute to, health and safety awareness and improvements.
- Be aware of, document and manage the risks associated with your team's programs and workplaces and ensure appropriate elimination or mitigation measures are applied.
- Complete either a home visit and outreach risks assessments to assess risk before each visit with a child, young person or family to ensure safety.
- When visiting a child, young person or family alone, the ADT lone worker app must be operated.

Child protection and safeguarding requirements

- Maintain a child safe environment at the workplace and safeguard children's rights, always acting in the best interests of children
- Comply with the [Child Safeguarding Policy](#) & [Code of Conduct](#)
- Demonstrate the highest standards of behaviour towards children in both your private and professional life
- Never abuse the position of trust that comes with being a part of the Save the Children family
- Always maintain a safe and positive relationship when working with children and young people
- Respond to any concerns for the safety or wellbeing of a child in a program in accordance with internal reporting processes

All roles at Save the Children contribute to our impact for children

At Save the Children and 54 reasons, every role, whether in our programs or support services, plays a vital part in our impact for children. We are committed to creating a positive impact on the lives of children and their communities, and we value the contributions of every team member in achieving this vision.

Here you'll belong

It takes all types of people to do the challenging work we do. Here are some of the specific skills and experiences you'll bring to this role:

Essential knowledge or experience

- Understanding of the impacts of Family and Domestic Violence (FDV) on children's development, behaviour, and capacity for self-regulation
- Understanding of how FDV affects attachment, family functioning, and caregiving relationships
- Knowledge of developmental stages in children and how these influence needs, behaviour, and responses to stress
- Knowledge of trauma in children and young people within the context of FDV, including trauma responses and long-term effects
- Knowledge of protective behaviours and strategies that support the safety and wellbeing of children and young people
- Experience working with children and adolescents in a therapeutic setting, or experience in a counselling/therapeutic role with children and young people
- Ability to work collaboratively with staff and management to develop resources that enhance service delivery
- Ability to engage with First Nations and CaLD children and young people in a culturally safe, respectful, and strengths-based manner

- Ability to build and maintain effective relationships with relevant stakeholders to enhance service access and outcomes
- Ability to commit to and facilitate genuine children's participation in the design and delivery of service
- Ability to conduct risk assessments and develop age-appropriate safety plans for children and young people

Desirable knowledge or experience

- Degree/Diploma/Certificate qualification in a relevant field such as Counselling, Social Work, Human Services, Social Sciences, or Community Services, or significant experience working in the Community Services sector with children, young people and their families.

Additional Information

- Any offer of employment at 54 reasons will be subject to a satisfactory National Police Record Check and, where required, a Working with Children Check
- Employees must sign on to Save the Children Australia's Child Safeguarding Policy and Code of Conduct
- Ongoing performance and employment will be measured against KPIs, values and demonstrated behaviours outlined above
- 54 reasons is an Equal Opportunity Employer

Driver's Licence: Required
Working with Children Check: Required

Travel: Local travel
Assets: Laptop and Phone