

Clinical Nutritionist Mentor

Ann Harding Cheshire Home , South Africa

Assignment title	Clinical Nutritionist Mentor		
Partner organisation	Ann Harding Cheshire Home		
Location	South Africa	Johannesburg	
Type of assignment	In-country Assignment		
Duration of assignment	10 months		
Assignment phases	Phase	Mode	Duration
	1	In-Country	10 months
Proposed start date	5 September 2026		
Website	www.annhardingcheshirehome.org.za		
Australian organisation:	No AO linked		

ABOUT THE PARTNER ORGANISATION

Ann Harding Cheshire Home (AHCH) is a residential care facility for adults with permanent physical disability. The facility aims to create a society where persons with disabilities have equal opportunities. Their mission is to assist people with disabilities regardless of their colour, race or creed, by providing the conditions necessary for their physical, mental and spiritual well-being.

ABOUT THE ASSIGNMENT

The residents at the Ann Harding Cheshire Home all live with a physical disability and the majority are wheelchair dependent with most using electric wheelchairs and as a result have little to no physical activity on a daily basis. The Home does have access to a dietitian through their catering company, however, the catering company's knowledge of diet for persons with disabilities specifically, is limited. Additionally, the residents have become used to a certain way of eating, in terms of portions and snacking in between meals which has led to a lot of the residents having put on weight and for health reasons, this needs to be addressed.

ASSIGNMENT OBJECTIVES AND PROPOSED ACTIVITIES

The volunteer will work alongside members of Ann Harding Cheshire Home to support the below objectives:

Assignment objectives	Proposed activities
<p>In-Country Phase Objective: Menu reviewed and ensured it supports residents.</p>	<ul style="list-style-type: none"> • Help to review and assist with the improvement of the current menus in collaboration with the Home's catering service provider. • Support the team to ensure menus respond to the required nutritional intake based on the disability of the residents and other health challenges they may be experiencing.
<p>In-Country Phase Objective: Training and monitoring for cooks provided on healthy food provision.</p>	<ul style="list-style-type: none"> • Support the Home with developing a training program for cooks and kitchen staff, as well as residents on the importance of eating correctly/ healthily. • Help the team ensure proper handling and preparation of food.
<p>In-Country Phase Objective: Residents monitored to ensure their health is a priority.</p>	<ul style="list-style-type: none"> • Work with the team to monitor the residents monthly BMI. • Support the preparation of a care plan as required.
<p>Inclusion objective and proposed activity</p>	
<p>The volunteer will work alongside the partner organisation to uphold values of diversity, equity and inclusion. Inclusive approaches will aim to make everyone welcome and support equal access to activities and opportunities regardless of gender, age, disability status or background (eg religion, language, ethnicity and marginalised or vulnerable groups).</p> <p>The volunteer will work alongside members of Ann Harding Cheshire Home to:</p> <ul style="list-style-type: none"> • Support ongoing equal access for people with a disability. 	

SELECTION CRITERIA

Education and qualifications

Essential	Desirable
<ul style="list-style-type: none"> Relevant qualification in Clinical Nutrition /Dietetics 	<ul style="list-style-type: none"> Experience with monitoring and evaluation

Knowledge and experience

Essential	Desirable
<ul style="list-style-type: none"> Experience in nutrition and health issues for persons with disabilities 	<ul style="list-style-type: none"> Should relate well with persons with disabilities

Following the Program’s values on locally led development, this Assignment Description has been developed and negotiated in good faith with the Partner Organisation. The information contained was correct at the time of acceptance of the request. However, while we take responsibility for matters under our direct control, all assignments and arrangements are subject to change. This assignment may be amended or withdrawn to reflect changes in circumstances.

Line Manager: Joy Baloyi

Working relationships: Home management team, caregiving staff, Head of Care, Residents and Volunteers

Hours and days of work:

In-country phase
Full time

Leave: All volunteers are entitled to 20 days leave per 12 months, unless advised otherwise. The same conditions and terms as local colleagues apply, including national holidays.

Work from home: Working from home while on an in-country phase must be in line with usual partner organisation's practices and agreed with the in-country office.

Professional indemnity insurance (Required for all volunteers who are acting as a medical, allied health or legal professional whilst on assignment):

No, this assignment is not deemed to require professional indemnity insurance

The volunteer should consult the partner organisation about the need for professional indemnity insurance for the role prior to departure. Where required and/or considered essential to hold this insurance, please discuss this with the Volunteer Services Manager in Melbourne prior to departure.

LIFE AS A VOLUNTEER

The Australian Volunteers Program supports volunteers from preparing to go on assignment through to returning home. For a full breakdown of support provided including assignment allowances, please visit: <https://www.australianvolunteers.com/volunteering/lifestyle-and-support/>

Country context

Learn more about the host country's location by reading the country profile. We encourage candidates to research the specific location of this assignment as it will be discussed and addressed with a recruitment officer during the interview process.

For more information, please visit country links: <https://www.australianvolunteers.com/countries/sa> and <https://www.dfat.gov.au/geo/south-africa>

HOW TO APPLY

All applications must be submitted online through the Australian Volunteers Program website. If you have not already done so, you will need to register on our website prior to applying. For more information about how to apply, please visit:

<https://www.australianvolunteers.com/volunteering/how-it-works>

We actively support and encourage people of all backgrounds and abilities to volunteer internationally and aim to make the program as accessible and inclusive as possible. The program has a dedicated Indigenous Programs Coordinator to support Aboriginal and/or Torres Strait Islander volunteers, who can be contacted at indigenouspathways@australianvolunteers.com. Access and inclusion plans are available for volunteers with disabilities, to ensure their assignments and living and working arrangements are made more accessible.

Personal circumstances

Due to security, cultural, legal or visa restrictions associated with this location, we ask that applicants disclose the following:

- If they want their same-sex partner to accompany them on assignment.
- If they want their partner, to whom they are not legally married, to accompany them on assignment.
- If they want their child(ren) to accompany them on assignment.
- If they have a criminal conviction where a criminal conviction may be relevant to the inherent requirements of the assignment.