

Position title	Social & Emotional Wellbeing Worker	Reference	hsK: Primary Team
Reporting to	Centre Manager	Location	Katherine
Division	headspace Katherine	Section	Mental Health
Approved	Executive Manager Mental Health	Date	March 2022
Comments: It is an operational requirement that this position is occupied by an Aboriginal and/or Torres Strait Islander person			

Organisation Statement

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. We demonstrate our values of Hope, Kindness, Respect, Fairness and Integrity through strength-based and trauma informed practice, cultural respect, child safety, social justice, community development and partnerships. Anglicare NT was formed by the Anglican Diocese of the NT to respond to the social needs of our diverse communities.

Purpose of the Position

You will provide strengths based culturally safe support and mentoring to young people from Aboriginal and/or Torres Strait Islander backgrounds requiring assertive mental health support. The Social & Emotional Wellbeing Worker will provide support to young people and their families/friends within a goal orientated, young person-centred approach to mental health treatment, therapeutic interventions and care coordination. The position seeks to reduce stigma and identify and address barriers that may impact on Aboriginal and/or Torres Strait young people's engagement to access mental health care. A component of this position will be around increasing understanding of the impact of mental and physical health issues and to providing young people with a positive experience of help-seeking in collaboration with the wider headspace Katherine service.

This position supports young people who often fall through the cracks of the mental health system that struggle to engage with services and who present with diverse mental health concerns and other psychosocial factors and their families/carers. In this role you will be well supported through a goal-orientated multi-disciplinary team environment and work closely with all staff across the headspace Katherine clinical team to facilitate flexible coordinated mental health support and therapeutic interventions. You will uphold the values of Anglicare NT and provide quality services within the scope of the position and associated delegations.

Selection Criteria

Position Specific Requirements

1. This is an Aboriginal and/or Torres Strait Islander identified role.
2. Ideally hold a minimum Certificate IV Mental Health or equivalent health training and experience and/or relevant and equivalent experience working within a health, education or youth setting.
3. Demonstrated ability to engage meaningfully with Aboriginal and/or Torres Strait Islander young people and their families with a passion, energy and determination to make a difference to the social and emotional wellbeing of Aboriginal and/or Torres Strait Islander young people and their families.
4. Ability to work independently and seek guidance and support when necessary as part of a multidisciplinary team with a "can do" attitude and a hopeful and optimistic outlook.
5. Experience providing flexible outreach services to young people and families/carers.
6. Demonstrated skills in risk assessment and care coordination in the provision of culturally appropriate mental health care including therapeutic interventions to young people experiencing mental health and/or substance use and/or other social difficulties within an evidence-based model.
7. Excellent interpersonal and communication skills (written and verbal) to effectively liaise, build relationships and partnerships, consult and negotiate with a wide variety of stakeholders.

General Criteria

1. Demonstrated commitment to work respectfully and inclusively with Aboriginal and Torres Strait Islander and culturally and linguistically diverse people.
2. Demonstrated adherence to legislation, policies and procedures and a commitment to EEO, WHS, risk management and quality improvement practices.
3. Northern Territory Working with Children Clearance (Ochre Card).
4. National Police Criminal History Report (less than three months old) with acceptable outcome.

5. Ability to meet 100-point ID and additional visa / overseas work compliance measures.
6. Northern Territory Driver's Licence.
7. First Aid Certificate (or willingness to obtain within agreed timeframe)

Key Responsibilities

1. Clinical & Community Practice

- Provide youth friendly, flexible, care coordination and mental health interventions for young people with mild to moderate mental health presentations using a strength-based, solutions focused approach to assist young people, their family and support networks to work in a collaborative way.
- Work collaboratively within a multidisciplinary team to support decision making processes relating to young Aboriginal people and their families.
- Work from a person centred and family inclusive framework to facilitate the improvement of mental health outcomes for Aboriginal young people and their families. Actively seek to engage young Aboriginal people and their families and other support people in treatment, planning and review processes and access to the four core streams at headspace Katherine.
- Strengthen shared care models and partnership development with other service providers.
- Develop and deliver age and developmentally appropriate individual and group work activities that enhance the mental health resilience of Aboriginal young people in the local community in collaboration with other headspace Darwin staff.
- Provide routine screening and assessment and AOD information and resources for young people seeking support for drug and alcohol concerns. Provide AOD interventions as required.
- Ability to work flexibly to respond to the needs of Aboriginal young people and their families. This may include, liaise, engage and consult with local stakeholders including schools, community organisations, service providers, Aboriginal health and medical services and communities.
- Commitment to best practice and evidence-based frameworks for improving the social and emotional wellbeing of young Aboriginal people and their families in the Greater Katherine Region and surrounding communities.
- Capacity to work outside of a structured environment for the engagement of young Aboriginal people and their families or key stakeholders i.e. outreach to local Aboriginal communities, organisations or schools.
- Build strong relationship with Anglicare NT and the headspace National network and participate in the headspace National Aboriginal and Torres Strait Islander staff network meetings.

2. Communication and Teamwork

- Actively contribute to a positive work culture.
- Liaise with internal Anglicare NT, headspace Darwin and headspace National Office staff.
- Share knowledge and provide support and resources to the wider headspace Katherine team to facilitate learning and growth cross-culturally.
- Develop and deliver age and developmentally appropriate individual and group work activities that enhance the mental health resilience of young Aboriginal people in the local community in collaboration with other headspace Katherine staff.
- Plan and undertake wellbeing promotional activities with Aboriginal & Torres Strait Islander young people and communities.
- Participate in weekly outreach trips to remote communities in the Katherine region to support young people and facilitate targeted health promotion activities, community engagement and cultural connectedness.
- Engage with relevant internal and external stakeholders to ensure young people and community needs are considered in the development and implementation of program activities.
- Develop, maintain and strengthen relationships in the youth and mental health sectors to provide information about the services delivered at headspace and work with other organisations to improve the mental health and wellbeing of young people in the greater Katherine region.
- Develop relationships and engage with Aboriginal & Torres Strait Islander young people and communities from regional or remote communities in the NT.
- Represent headspace Katherine, plan activities and engage with young people at community events (i.e. NAIDOC Week, National Aboriginal & Torres Strait Islander children's day, mental health week).

- Facilitate specialist projects to support service innovation and the needs of Aboriginal young people.
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General Requirements

- Comply with Federal, NT and Local Government legislation, regulations, permits and / or by laws.
- Adhere to delegations, code of conduct, policies, procedures and general conditions of employment.
- Work within contract, program / project parameters and scope of practice.
- Comply with program guidelines, work plans, budget, data and reporting requirements.
- Comply with WHS requirements – remain vigilant and contribute to a safe working environment.
- Embrace organisational values, work cooperatively and help sustain a respectful workplace.
- Support and mentor work colleagues by sharing your skills, knowledge and strengths.
- Help implement our Reconciliation Action Plan and build an inclusive and culturally competent workforce.
- Maintain confidential client, staff and organisational information in line with requirements.
- Keep up to date with workplace communications, staff meeting records and the intranet.
- Contribute to planning, evaluation and continuous quality improvement activities.
- Participate in supervision, performance reviews and undertake approved training.
- Maintain attendance, payroll and leave records in accordance with procedures.

Delegation of Authority

As per Board approved Delegation of Authority Schedule and aligned position classification (noting content will updated from time to time).