



## Position Description

<b>Job Title:</b>	Expressive Therapist
<b>Position ID:</b>	6428
<b>Location:</b>	Gubbi Gubbi (or Kabi Kabi) Nations   Deception Bay
<b>Division/Programme:</b>	Client Services/ Children & Families/ Family Support Services SEQ
<b>Immediate Manager:</b>	Clinical Mental Health Services Manager
<b>Area of Responsibility:</b>	
<b>Or</b>	Nil
<b>Direct Reports:</b>	

### about us

**yourtown** is a trusted provider of services for young people, with a focus on mental health and wellbeing, long-term unemployment, prevention of youth suicide, child protection, as well as support for those experiencing domestic and family violence.

We exist to help young people realise they can tackle whatever life throws at them. To believe in their unique strengths, tenacity and self-determination, to identify and create the path they want for themselves.

Our goals are achieved through genuine collaboration with community, we depend on the support of donors, sponsors, governments and Art Union supporters to fund our vital services, to give children and young people the confidence to rise up and keep moving forward to achieve their potential.

**yourtown** has a zero-tolerance approach to abuse and we believe that Safeguarding is a shared responsibility of all, for all.

### purpose of the position

To establish, provide and evaluate expressive therapeutic responses to young children (0 – 8 years) who have experienced or are experiencing trauma. The Expressive Therapist will utilise a variety of modalities within a strength-based framework.



## responsibilities

May include, but are not limited to:

- Effective communication and collaboration:
  - Communicate to a range of stakeholders including but not limited to preschool aged children, children transitioning to school, parents and internal and external stakeholders.
  - Work in collaboration with a multidisciplinary team to provide best outcomes for families and children.
  - Provide bimonthly reports on therapeutic outcomes to internal stakeholders.
- Provide therapeutic assessments (trauma based) and interventions.
  - Use expressive therapies to assess and strengthen the parent and child relationship.
  - Provide information to parents about expressive therapies with a focus on the benefit of the therapeutic response to their child and the parent-child relationship.
  - Participate in the development and implementation of evaluation and data tools to enable outcome evaluation.
- Develop, implement and evaluate group and individual programs for children and parents
  - Work within yourtown's Case Management Framework.
  - Participate in the development and implementation of evaluation and data tools to enable outcome evaluation.
  - Review and report on program outcomes to build on existing evidence base.
- Participate in and meet the requirements for Practice Supervision and Client Skills Training.
- Demonstrate an understanding of and meet the requirements of the position and all performance expectations including:
  - Maintaining currency of knowledge with regards to relevant legislation, professional practice and emerging trends to ensure advice is current and effective.
  - Participating in other duties and cross-functional teams as may be required, in order to achieve efficient and effective **yourtown** services.
  - Participating in and meeting the expectations as agreed pursuant to the Organisational Performance Framework.
  - From time to time assist in other locations and travel intrastate, or interstate, as required.

## at yourtown our team members:

- Adopt a culture of individual and organisational accountability, shared mission, mutuality of respect and responsibility, growth mindset and continuous improvement.
- Invest in their own ongoing professional development and leadership capability through active learning, seeking and giving feedback, and participating in **yourtown** leadership impact opportunities.



- Solve team and organisational problems using a super team approach leveraging cross functional capabilities and skills with diverse thinking to create a future ready workforce.

## selection criteria

*Essential knowledge, skills, abilities:*

- Tertiary qualifications in Psychology, Social Work, Behavioural Science or equivalent with minimum three (3) years' experience in expressive therapies
- Professional membership or eligibility for membership with a relevant professional association (e.g. ANZACATA)
- Demonstrated knowledge and experience in the principles of child centered practice, empowerment and confidentiality
- Demonstrated knowledge and understanding of child protection and domestic/family violence issues, with a particular reference to their impact on children
- Demonstrated experience in developing, facilitating and participating in co-case management responses
- Ability to provide assessment and therapeutic evaluations that are culturally and age appropriate
- Demonstrated ability in the development, facilitation and evaluation of both individual and group-based interventions with children
- Demonstrated capacity to work effectively as a member of a multidisciplinary team, to work collaboratively, and establish and maintain professional relationships with all stakeholders
- Demonstrated high level communication and organisational skills, including the ability to prepare and contribute to reports
- Ability to establish a new program and work within program guidelines

## requirements

The Expressive Therapist must always:

- Comply with the relevant state or territory requirements for working with children.
- Maintain satisfactory National Criminal History Check.
- Possess an unrestricted current Driver's Licence.
- Comply with **yourtown's** Workplace Vaccinations procedure.
- Demonstrate conduct compliant with **yourtown's** Code of Conduct.
- Maintain confidentiality and discretion in all matters.
- Align to the mutuality of safety and wellbeing for self and others in all **yourtown** workplaces and work-related activities.
- Uphold the **yourtown** safeguarding commitment in every aspect of their role.



Review and Version Control				
Version	Authorised by	Approval Date	Effective Date	Comment
1.0	Jodie McAloney	15/06/2023	15/06/2023	1/6/23 Updated position description and title based on new MH stream structure.
2.0	Brad Waugh	29/09/2025	29/09/2025	Added to new PD template. Included the compliance required with workplace vaccinations procedure.

### records management

Completed templates are to be saved by the relevant manager or business partner using the naming convention "MM-YYYY Approved - PD - Position title".