



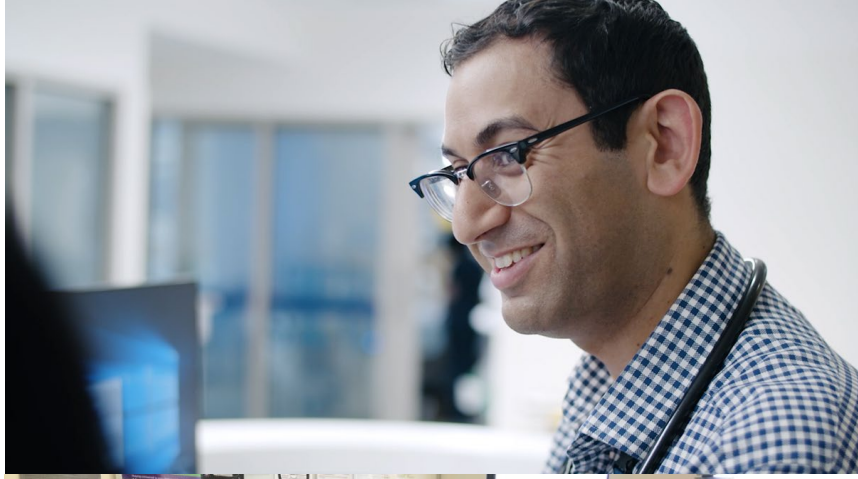
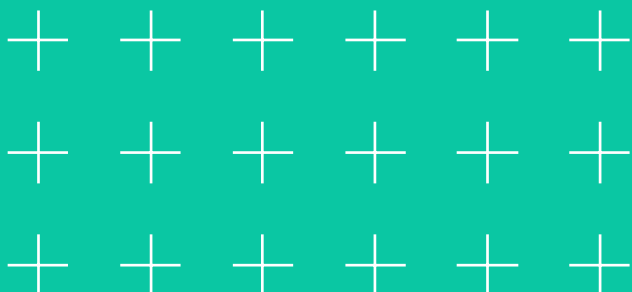
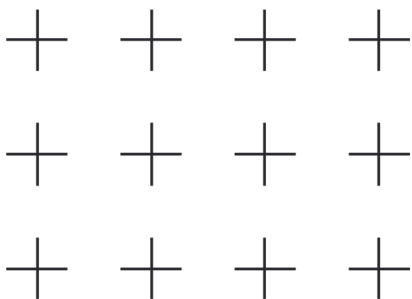
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Advancing
health for
everyone,
everyday.

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Position Description

Senior Occupational Therapist - Custodial
Forensic Youth Mental Health Service
(FYMHS)

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

Advancing health for everyone, every day.

True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

1. Be a great place to work and a great place to receive care
2. Grow our Home First approach
3. Realise the potential of the Melbourne Biomedical Precinct
4. Become a digital health service
5. Strive for sustainability

Position Description

Position Title:	Senior Occupational Therapist - Custodial Forensic Youth Mental Health Service (FYMHS)
Service:	Orygen Specialist Program
Location:	Parkville & Cherry Creek
Reports To:	Stream Lead - Forensic Youth Mental Health Service (FYMHS)
Enterprise Agreement:	Victorian Public Mental Health Services Enterprise Agreement 2020–2024
Classification:	Senior Occupational Therapist GD4 (HR12)
Immunisation Risk Category:	Category A
Date of Review:	December 2023

PROGRAM DESCRIPTION

Orygen Specialist Program (OSP), a program of Royal Melbourne Hospital, provides comprehensive and integrated specialist mental health services for young people aged 15 to 25 residing in North-Western Melbourne. OSP provides early intervention services to young people with severe and complex mental illness, working alongside Orygen, the National Centre of Excellence in Youth Mental Health (Orygen National) which operates five headspace enhanced primary youth mental health services in the catchment area, along with comprehensive research and knowledge translation programs, policy and advocacy, and digital mental health services.

Specialist clinical streams in OSP offer targeted, evidence-based interventions for psychotic disorders (including young people at ‘ultra-high risk’ of psychosis), mood disorders, personality disorder, eating disorders, co-occurring substance use disorders, and neurodevelopmental disorders. A dedicated forensic youth mental health stream provides these services in custodial and community youth justice services.

The clinical streams are comprised of multidisciplinary teams that deliver individually tailored services that include assessment and crisis intervention, case management, medication, psychotherapy, family support, inpatient care, group work, vocational support, educational assistance, and intensive outreach.

All OSP programs are supported by the Psychosocial Recovery program, Community Development program, and Orygen Clinical Training Team. Orygen also has acute and sub-acute services that include a 19-bed Inpatient Unit (with 3 dedicated secure youth justice beds), 15-bed Hospital in the Home program, an acute outreach and assessment Youth Access Team, HOPE aftercare program for suicide prevention. A 20-bed Orygen Recovery program is operated by Orygen National. Additional information is available at www.oyh.org.au.

Orygen programs value evidence-based practice, cultural safety, and trauma-informed principles, incorporating the diverse needs of all young people and families. This is especially important for those from LGBTQIA+, Aboriginal and Torres Strait Islander, and culturally and linguistically diverse populations. Responsive and inclusive practices are at the forefront of all care at Orygen.

ASD, Language Disorders, ADHD, ID) is sought. Appropriate discharge planning and age-appropriate referrals also need to take place once the young people transition back into the community. As such, the Senior Occupational Therapist will be involved in the consultation and liaison with the young person's care team and other key stakeholders.

The Senior Occupational Therapist (OT) will work in collaboration with the FYMHS Team Lead and the Custodial FYMHS multidisciplinary team to develop excellence in clinical service delivery in the areas of Occupational specialist developmental assessment in young people. The incumbent will also be supported by the Orygen NDD stream for specialist supervision and consultation.

Training, mentoring and education to the FYMHS and wider care team regarding integrating Occupational Therapy care within forensic mental health, including youth justice is also an important part of this clinical specialist position.

This position is currently based across the youth justice custodial precincts (Parkville, Malmsbury & Cherry Creek). As such, travel to the workplace destination is included within the working hours as/where required and access to a workplace vehicle will be provided.

KEY ACCOUNTABILITIES

- Provide support to the Orygen Custodial FYMHS team, the Custodial FYMHS NDD team and, as requested, to the OSP Neurodevelopmental Team (NDD).
- Provide Occupational Therapy specific assessments to young people who are referred to the Custodial FYMHS team and engage care team, families/carers and supporters in feedback sessions.
- Use accredited and evidence-based assessment tools to produce high-quality reports and recommendations about the support and management of young people presenting with Occupational performance difficulties. In consideration of deficits in cognitive, visuomotor, sensory motor or sensory processing difficulties.
- Work with Primary Health and other custodial service providers to support knowledge and understanding regarding cognitive complexity to support capacity building and service support options.
- Provide consultation and capacity building to clinicians within the multidisciplinary team and more broadly within Orygen with regards to young people with Occupational Therapy interventions.
- Support the development and implementation of clinical guidelines and processes for occupational therapy assessment and intervention in a youth mental health setting, based on evidence and best practice.
- Represent, promote and advocate for the development of occupational therapy and integrated care within the Orygen leadership including development of clinical policy, protocols and planning for delivery of Occupational Therapy-specific services.
- Provide support, supervision, primary and secondary consultations to members of the multidisciplinary
- Work in partnership with consumers, patients and where applicable carers and families.
- In coordination with other health and custodial services operating within the precinct; development, implementation, monitoring, and review of age and development appropriate treatment and care plans.
- Ensure service provision is guided by evidence-based, culturally-safe and trauma-informed principles incorporating the diverse needs of all young people and families, including those from LGBTQI+, Aboriginal and Torres Strait Islander, and culturally and linguistically diverse populations.
- Ensure high standards of clinical care that are congruent with OSP aims – client focused, accessible, responsive and consistent with best practice.
- Participate in ongoing service improvement and professional development initiatives and activities.
- Participate in quality management, accreditation and ongoing improvement activities.
- Contribute to organisation-wide and service/division initiatives and planning activities.
- Acceptance of accountability for all reasonable care to provide a safe working environment within your area of responsibility and ensure compliance with legislative requirements concerning Occupational Health and Safety, anti-discrimination, and equal opportunity.

teams, regarding evidence-based Occupational Therapy practice principles and approaches.

- Support primary health service staff and Youth Justice custodial staff in identifying and working with young people who would benefit from Occupational Therapy interventions.
- Help to develop the capabilities of staff (Youth Justice staff; primary health staff) working with young people with functional impairment in the domains of cognitive, and sensory-motor processing needs, in the Youth Justice precincts by providing training and support, including secondary consultation as required.
- Attend care team meetings and participate collaboratively to provide consultation and liaison regarding assessment, treatment planning and progress updates as required.
- Provide reports/updates to the Youth Parole Board and courts upon request.
- Management of clinical risk and actively working towards implementing risk reduction strategies.
- Provide continuity of care through effective referral pathways to community services as young people transition out of custody.
- Attendance and/or leadership of clinical review meetings.
- Work alongside other case managers and support with family or care systems.
- Establish and maintain effective relationships with key agencies and community groups through consultation, liaison, education and collaborative projects: including Neuropsychological services, Youth Justice and primary care providers.
- Participate in research expanding the evidence base regarding forensic youth mental health care including innovative care trials and program evaluation.
- Take reasonable care for your safety and wellbeing and that of others.
- Ensure and demonstrate timely documentation of client's progress in client files (Electronic Medical Record), discharge summaries and contacts.
- Speak up for safety, our values and wellbeing.
- Successful completion of required mandatory training activities, including training related to the National Standards.
- Achievement of Melbourne Health and portfolio specific KPI targets as they apply to your area.
- Participate in ongoing service improvement and professional development initiatives and activities.
- Contribute to a culture of caring, teamwork, continuous improvement, constructive performance review, quality work standards and client service. Work in your scope of practice and seek help where required.
- Acceptance of responsibility for Continuing Professional Development (CPD) of self that is aligned with the practice domains endorsed by NWMH, as part of Melbourne Health, and actively keep a CPD portfolio as required by the standards of your profession.
- Accept accountability to ensure that all clinical information is documented and stored in compliance with the Victorian Health Records Act 2001.
- Participation in formal performance and annual discussion review processes.
- Operate within the legal frameworks e.g. Mental Health and Wellbeing Act 2022, Health Records Act (2001) and Privacy Act (1998).
- Disseminate evidence-based practice and relevant research outcomes.
- Compliance of clinical governance, legislative and documentation requirements, (e.g. Clinical Review discussions, completion of relevant documentation compliant with requirement of the Mental Health and Wellbeing Act 2022).
- Compliance with Health Service and Divisional specific Regulations, Melbourne Health Policy & Procedures, Code of Conduct and the by-laws and Policies and the ethical standards of the profession.
- Seek feedback on your work including participation in annual performance discussion.

KEY RELATIONSHIPS

Internal

- Forensic Youth Mental Health Service (FYMHS) Stream and Medical Lead
- Custodial FYMHS NDD team

External

- Custodial Primary Health & Primary Mental Health Service Providers

- Custodial and Community FYMHS teams
- OSP Neurodevelopmental (NDD) Stream Lead and Medical Leads
- Continuing Care Team (CCT) Region Coordinators
- Inpatient Unit Team (ICA East)
- OSP Case Managers as required
- Sub-programs, including Early Psychosis (EPPIC and PACE), MOOD, HYPE, Eating Disorders, Neurodevelopmental Disorders and Addictions/Dual Diagnosis Clinical Streams; Psychosocial program; Youth Access Team; Inpatient Unit; Orygen Recovery, Orygen @ Home and HOPE
- Custodial & Community Youth Offending Program provider
- Youth Justice staff (Custody and Community), Department of Justice and Community Safety (DJCS)
- Youth Parole Board (YPB)
- Forensicare
- Justice Health (JH), Department of Justice and Community Safety (DJCS)
- Melbourne Children's Court of Victoria
- National Disability Insurance Scheme (NDIS)
- Key stakeholders as required (Child Protection, AOD services, Housing and Legal).
- Other Tertiary Mental Health Providers (AMHS/CAMHS/CYMHS)
- Other Youth Mental Health Services (headspace centres) and private providers

KEY SELECTION CRITERIA

Formal Qualifications:

- An approved degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic.).
- Registration under the Australian Health Practitioner Regulation National Law Act (2009) with the Occupational Therapy Board of Australia.

Essential:

- A minimum of 10 years' experience working with children and young people with providing occupational therapy interventions.
- Comprehensive clinical knowledge, skills and experience in the provision of Occupational therapy practice models and clinical practice to young people in mental health settings.
- Experience across neurodevelopmental disorders (ID, ASD, ADHD, Developmental delay, motor dyspraxia, sensory processing disorder) and experience in assessment across all occupational functioning and the interplay between person, environment and occupational factors.
- Understanding of cultural diversity and how that may impact communication
- Experience in working in a multidisciplinary neurodevelopmental disorders assessment and intervention team.
- Demonstrated supervision skills and proven ability to provide leadership
- Demonstrated experience at a senior clinician/clinical coordinator or clinical experience within an autonomous role.
- Experience in developing Occupational Therapy interventions to support young people in a mental health forensic setting
- A sound knowledge of the youth justice and/or criminal justice system and other relevant community based forensic services.
- Experience and expertise in providing case management.

- Knowledge of the rationale and evidence for early intervention in mental illness.
- A thorough knowledge of current mental health approaches to working with clients with mental health issues and behavioural and/or forensic complexity.
- Ability to work collaboratively and effectively with external CAMHS/CYMHS services.
- Ability to work collaboratively and effectively with young people and their families/carers.
- Ability to work independently and effectively within a multidisciplinary team, with evidence of sound conflict resolution skills.
- Capacity to develop effective working relationships, collaborations and partnerships with a range of services within the broader community service system including primary care, AOD agencies, employment and housing services, MHCSS and other relevant agencies.
- Ability to develop, implement and evaluate integrated client-centred individual service plans and diagnostic formulations.
- Well-developed interpersonal and communication skills (written and verbal).
- Ability to participate in policy and service development within the program and in continuous quality improvement through ongoing evaluation of services delivered to clients.
- A commitment to ongoing professional development through access to current literature, continuing education, supervision and attendance at seminars conferences etc.
- Comply with all legal requirements pertaining to the position including responsibility for maintaining current registration as required by your professional organisation or other applicable Acts.
- Willingness to work from a community-based site and across multiple sites if required.
- A current Victorian driver's licence.
- A current and valid Working with Children Check (WWCC).
- Melbourne Health will organise a Police Check prior to commencement of employment.
- Commitment to live the Melbourne Way - putting people first, leading with kindness and achieving excellence together.

Desirable:

- A working knowledge of community-based organisations and human services organisations.
- Clinical experience working within Department of Justice, Forensic Psychiatry or Youth Forensic Services.
- A working knowledge of community-based health and mental health organisations and human services organisations.
- According to professional qualifications: Demonstrated evidence of membership or Annual Continuing Professional Development as outlined by appropriate Professional Body (NBA, OTA, AASW, APS); MAASW (Acc) or AASW Accredited Mental Health Social Worker status or OT Australia Accredited Occupational Therapy status (AccOT).
- Understanding of the Child, Youth & Families Act (CYFA) 2005 which is the principal legislation for the youth justice service.
- Understanding of the Mental Health and Wellbeing Act 2022, Health Records Act 2001, Privacy Act (1998), Child Wellbeing and Safety Act (2005), Crimes (Mental Impairment and Unfitness to be Tried) Act 1997 and other Acts/ legislation relevant to working with young people in a mental health setting (i.e. Sentencing Act, 1991).
- Understanding and acceptance of the Child Safe Standards (2022) and Reportable Conduct Scheme
- Knowledge of relevant guidelines, plans and strategies related to the mental health service system (e.g. Victorian Mental Health Reform Strategy, National Standards for Mental Health Services).

