

## Community Mental Health Practitioner

**Our vision:** *People and communities have strong mental health and wellbeing.*

**Our purpose:** *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*

**Our values:** *Hope, Creativity and innovation, Client focus, Making a difference, Integrity.*

### Position Information

<b>Purpose</b>	<p>The Community Mental Health Practitioner (CMHP) provides services to clients, families and carers in line with Mind's Model of Recovery Oriented Practice and My Better Life model. The service type is a personalised-based support service which provides recovery oriented services to people living with mental ill health in the community.</p> <p>Community Mental Health Practitioners play an integral role in working collaboratively with clients to achieve their recovery goals through one-to-one support, shared supports, workshops and group work facilitation to enhance recovery, personal growth and activities of daily living.</p>
<b>Position reports to</b>	Service Manager
<b>Mind classification level</b>	SCHADS Level 3
<b>Stream</b>	Victoria Operations
<b>About the service</b>	<p>The Adult Prevention and Recovery Care service (APARC) is a ten bed residential service providing services to clients aged between 16-65 years. The service works within a recovery focused and clinical treatment framework, using the partnership expertise of both Mind Australia and the Health Service.</p> <p>The service is designed as a 'step up, step down' program for people with mental illness who require individualised treatment and support entering either directly from the community or as a transition from acute inpatient care.</p>
<b>Position description effective date</b>	January 2022
<b>Responsibilities</b>	
<b>Provide direct support to individual clients</b>	<ul style="list-style-type: none"> <li>Work with clients to return to a place of residence and a meaningful life supporting them through a staged approach to recovery:</li> </ul>

Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, ages, spiritualities and backgrounds. We encourage applications from Aboriginal and Torres Strait Islander peoples, people with a lived experience of mental ill-health and recovery, people living with disability, those who identify as LGBTIQ and applicants from culturally and linguistically diverse backgrounds.



	<ul style="list-style-type: none"> <li>- Welcoming and engagement.</li> <li>- Strengths identification and individual recovery plan development.</li> <li>- Skill and capacity development.</li> <li>- Engagement and maintenance of natural supports.</li> <li>- Service exit and on-going self-management support.</li> <li>• Support clients in a range of areas including: <ul style="list-style-type: none"> <li>- Understanding and managing client's own mental health.</li> <li>- Developing daily living skills and capacity for self-care.</li> <li>- Crisis and incident management.</li> <li>- Addressing stigma and managing issues arising from trauma.</li> <li>- Managing physical health.</li> <li>- Support the management of drug and alcohol issues.</li> <li>- Support to maintain or create meaningful activity through participating in community life including education and employment and utilising public transport.</li> </ul> </li> <li>• Purposefully engage with clients using techniques including: <ul style="list-style-type: none"> <li>- Brief intervention.</li> <li>- Motivational interviewing and coaching.</li> <li>- Family inclusive practice.</li> <li>- Trauma informed practice.</li> <li>- Conflict resolution.</li> <li>- Behaviour support for dual diagnosis.</li> </ul> </li> </ul>
<b>Work with clinical partners</b>	<ul style="list-style-type: none"> <li>• Work within a multidisciplinary team: <ul style="list-style-type: none"> <li>- Supporting recovery oriented practice.</li> <li>- Supporting clinical interventions.</li> <li>- Actively participating in team, case and handover meetings.</li> <li>- Enhancing collaboration between team members.</li> </ul> </li> </ul>
<b>Provide support to families and carers</b>	<ul style="list-style-type: none"> <li>• Support family and carer roles through understanding their concerns and the provision of information, education and referrals.</li> <li>• Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships.</li> <li>• Work with families and carers at the time of transition back to community.</li> </ul>
<b>Undertake group work</b>	<ul style="list-style-type: none"> <li>• Plan and develop group work programs that will assist clients to build their skills, focus on their recovery and work towards transitioning back to their natural community.</li> <li>• Deliver group work programs as the lead/co-facilitator.</li> <li>• Evaluate and review group work programs.</li> </ul>
<b>Work with local service providers</b>	<ul style="list-style-type: none"> <li>• Engage with clients to fully understand their need for assistance from local service providers with clinical mental health, physical health,</li> </ul>



	<p>education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections.</p> <ul style="list-style-type: none"> <li>• Make linkages and build relationships and referral pathways to maintain or create a range of local supports for clients that facilitate them living the life of their choosing in their own community.</li> </ul>
<b>Housekeeping</b>	<ul style="list-style-type: none"> <li>• Contribute to the day to day operations of the residential service through undertaking a range of housekeeping duties including: <ul style="list-style-type: none"> <li>- Preparing rooms for new residents.</li> <li>- Washing linen.</li> <li>- Food shopping and meal preparation.</li> </ul> </li> <li>• Ensuring all communal areas are home-like and welcoming at all times.</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Documents all activities using Mind's ICT system and processes.</li> <li>• Actively participate, contributing to your team and wider organisational initiatives.</li> <li>• Contributing to service delivery improvements.</li> <li>• Other duties as delegated.</li> </ul>
<b>Professional development</b>	<ul style="list-style-type: none"> <li>• Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind.</li> <li>• Participate in reflective practice.</li> </ul>
<b>Accountability</b>	<ul style="list-style-type: none"> <li>• Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time.</li> <li>• Proactively support Mind's vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values.</li> </ul>
<b>Workplace health, safety and wellbeing</b>	<ul style="list-style-type: none"> <li>• Contribute actively to the maintenance of a safe workplace.</li> <li>• Ensure all safety issues are reported and addressed as they arise.</li> </ul>
<b>Lived experience</b>	<ul style="list-style-type: none"> <li>• Contribute to a workplace that values lived experience and the inclusion of consumers, carers and families in the work we do.</li> </ul>
<b>Cultural safety</b>	<ul style="list-style-type: none"> <li>• Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.</li> </ul>



Position Requirements	
<b>Qualifications required</b>	<ul style="list-style-type: none"> <li>• Tertiary qualifications (minimum Certificate IV) in Mental Health, Peer Work, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind.</li> </ul>
<b>Knowledge, skills and experience required</b>	<ul style="list-style-type: none"> <li>• Experience and expertise in working directly with people with mental health issues, complex needs, and with their families and carers.</li> <li>• Demonstrated ability to plan and prioritise to meet customer service delivery requirements.</li> <li>• Ability to co-design, co-produce and co-facilitate groups and education support.</li> <li>• Excellent customer service skills.</li> <li>• Demonstrated experience in documenting client notes, reporting and working with a variety of electronic systems.</li> <li>• Proven ability to work autonomously and as a member of a team.</li> <li>• Demonstrated understanding of available community services, networks and supports.</li> <li>• Awareness and understanding of the NDIS is desirable.</li> <li>• A lived experience of mental ill health and recovery or experience caring for a person with mental ill health is desirable.</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Right to work in Australia.</li> <li>• Current valid driver's licence.</li> <li>• Current NDIS Worker Screening Check Clearance.</li> <li>• Working with Children Check or equivalent (Blue Card - QLD).</li> <li>• Able to obtain and provide evidence of vaccinations against COVID-19.</li> <li>• Able to obtain CPR and First Aid certifications.</li> <li>• Able and willing to work a 24/7 rotating roster including sleepovers and weekends.</li> <li>• Preparedness to work across different Services and/or locations as required and directed.</li> </ul>

To learn more about Mind visit [mindaustralia.org.au](http://mindaustralia.org.au)



You can also watch our Great Minds series of videos by visiting [www.youtube.com/mindaustralia](http://www.youtube.com/mindaustralia)

Mind Australia Limited ABN 22 005 063 589

