



JOB DESCRIPTION

Position Title:	Mental Health Clinician- Intern
Position Type:	Full time, Fixed term position
Location:	Wagga Wagga, NSW
Reporting Relationship:	The position reports directly to the Service Manager, headspace Wagga Wagga
Position Classification:	The position is classified at Band D (D1 to D2) in accordance with the RACR Enterprise Agreement
Remuneration:	\$84,533.44 to \$85,548.10 plus superannuation for fulltime and PBI tax benefit
Reviewed on:	April 2022

Relationships Australia Canberra & Region (RACR) honours Australia's First Peoples. We expect every member of staff agrees to work towards their own cultural awareness and fitness and participate in cultural training and discussions during the course of their work with our organisation.

Roles and Responsibilities

The mental health clinician intern will be working towards their full APHRA and/or mental health accreditation and will work within the scope of practice of their profession to deliver services to young people aged 12-25 referred to headspace Wagga Wagga. This role involves working collaboratively with a young person and their family and friends to identify their support needs, goals and develop collaborative care plans. The position will provide high quality Biopsychosocial assessment and evidence-based, focused interventions under the supervision of headspace Wagga Wagga Clinical Lead. This position requires working closely with the other members of the headspace Wagga Wagga team and external service providers and works to maximise care outcomes for young people referred to headspace Wagga Wagga.

Duties

In consultation with the Manager and Clinical Lead, headspace Wagga Wagga, the mental health clinician intern:

- Provides individual assessment of young people aged 12-25
- Provides evidence-based group or individual interventions to young people within the scope of practice of the incumbents profession
- Works collaboratively with the young person and their supports e.g. school and family to help achieve their goals
- Maintains accurate client case notes using an electronic clinical record and according to headspace Wagga Wagga protocols and professional standards

- Participates in case review meetings, contributes to care plans, and participates in planned case conferences as required
- Provides written reports to referrers outlining the services provided and recommendations as required
- Participates in data collection and evaluation processes to drive service improvement
- Provides feedback informed treatment (FIT) to all young people engaged in headspace services
- Participates in group supervision sessions and individual supervision sessions as agreed
- Works with the broader headspace Wagga Wagga team to meet the overall aims and objectives of the service
- Participates in headspace education and training activities as requested by the Manager.
- Contributes to developing a culturally safe workplace for Aboriginal and Torres Strait Islander employees clients and communities
- Participates in organisation-wide, site based and team meetings, collaborative planning activities and other meetings or activities relevant to position
- Contributes to the continuous improvement of systems and processes ensuring services meet professional and industry standards
- Ensures the provision of services are aligned to the headspace Wagga Wagga clinical governance framework and actively participate in clinical audit.
- Complies with relevant ethical and legal requirements governing mental health services including headspace and RACR policies and procedures, and position scope of practice
- Complies with RACR's Work Health and Safety responsibilities as identified in organisational policies and procedures
- Complies with RACR's Equity and diversity responsibilities as identified in organisational policies and procedures
- All staff at headspace Wagga Wagga are responsible for promoting and supporting the Youth Reference Group and Family and Friends "Inclusive Practice"
- Other duties as directed

Decision Making

The Mental Health Clinician- Intern reports to Manager headspace Wagga Wagga and:

- Consults with the Manager and/or Clinical lead in undertaking responsibilities and makes recommendations to achieve the goals and plans of the organisation.
- Identifies areas for improvement in relation to their role, the team and at an organisational level and collates information to develop appropriate responses, including the implementation of solutions through delegation.
- Makes recommendations to the Manager and/or Clinical Lead regarding decisions outside delegated authority.

Selection Criteria:

Essential

1. APHRA registration as a Provisional Psychologist (or eligibility for same), AHPRA registered Occupational Therapist working toward accreditation with OTA as meeting the Australian Competency Standards for Occupational Therapists in mental health, Social Worker working towards accreditation with the AASW as a mental health Social Worker.
2. Demonstrated understanding of assessment and diagnosis of mental health disorders, and provision of evidence-based focused psychological strategies.
3. Understanding of the theory underpinning evidence-based interventions and clinical practice as well as demonstrated excellence in the practical application of such, in the areas of health and wellbeing of youth mental health and substance use problems and expertise in complex care.
4. Knowledge, skills, and expertise for provision of culturally appropriate and socially inclusive services to young people.
5. Highly developed verbal and written communication skills, and the ability to engage with young people,

health practitioners and external stakeholders

6. High standard of computer literacy and data entry competency including MS office and demonstrated capacity learn new technologies including clinical software packages.

Desirable

1. Sound understanding of a social model of health, the social determinants of health, health promotion settings approach and capacity building.
2. Knowledge and understanding of relevant legislation, policies, and strategic directions of mental health services for young people experiencing (or at risk of) mental illness.
3. Demonstrated understanding of service delivery concerns including privacy and confidentiality principles.
4. An understanding of the issues relating to mental health and primary health care for young people living in rural and remote communities, including the role of general practice and allied health providers.
5. Knowledge of Murrumbidgee youth/health sectors.

Special Requirements

- Capacity to work outside of normal business hours occasionally and willingness to travel to support RACR services
- Current driver's license
- Must provide current proof of registration for the NSW Working with Children Check
- Commitment to mission and values of Relationships Australia Canberra & Region.
- Understand and embed restorative principles in their work and interaction with others.
- Maintains and participates in RACR Cultural Fitness.
- Prepared to undertake a police check.
- This position is designated as a child-related employment. It an offence for a person convicted of a serious sex offence (a Prohibited Person) or a Registrable Person under the Child Protection (Offenders Registration) Act, to apply for, undertake or remain in child-related employment.