Community Mental Health Practitioner

Our vision: *People and communities have strong mental health and wellbeing.*
Our purpose: *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*
Our values: *Hope, Creativity and innovation, Client focus, Making a difference, Integrity.*

Position Information

Purpose	The Community Mental Health Practitioner (CMHP) provides early intervention outreach support to young people and their families and carers in line with Mind's Model of Recovery Orientated Practice. The service type is a personalised-based support service which provides recovery oriented services to people living with mental ill health in the community.
Position reports to	Team Leader
Mind classification level	SCHADS Level 3
Stream	Community Services, South Australia
About the service	Mind's Family Mental Health Support Service (FMHSS) provides early intervention support to children, young people, and their families and carers in the Limestone Coast region who are at risk of or are experiencing mental health concerns. The program encompasses three tiers of support inclusive of short-term brief intervention, intensive support and community capacity building.
Position description effective date	January 2022
Responsibilities	
Provide direct support to clients	• Work with children, young people, and their families and carers to enable them to develop capacity, meaningful relationships and identify their strengths by: - Screening and needs assessment. - Strength's identification and recovery plan development. - Skill and capacity development. - Assessing progress through the use of outcome measures. - Engagement and maintenance of natural supports. - Evidence-based approaches to working with children, young people, and their families and carers.

Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, ages, spiritualities and backgrounds. We encourage applications from Aboriginal and Torres Strait Islander peoples, people with a lived experience of mental ill-health and recovery, people living with disability, those who identify as LGBTIQ and applicants from culturally and linguistically diverse backgrounds.

	- Service exit and on-going self-management support. • Support clients in a range of areas including: - Understanding and managing clients' own mental health and wellbeing. - Developing daily living skills and capacity for self-care. - Crisis and incident management including mandatory reporting. - Addressing stigma and managing issues arising from trauma.
Provide support to families and carers	• Support family and carer roles through understanding their concerns and the provision of information, education, and referrals. • Facilitate the provision of the child at the centre of their care when supporting families in both individual support and family work.
Undertake group work	• Develop client capacity building groups dependent on the need of young people within their communities. • Deliver, evaluate and review group work programs as the lead/co-facilitator. • Actively promote the service at community events as required.
Work with local service providers	• Make linkages and build relationships and referral pathways to maintain or create a range of local supports for clients that contribute to their ongoing wellbeing and community participation. • Understand the unique needs of the Limestone Coast community and facilitate linkages to other services as required.
Work with clinical partners	• Work within a multidisciplinary team: - Supporting recovery oriented practice. - Supporting clinical interventions. - Actively participating in team, case and handover meetings. - Enhancing collaboration between team members.
Other	• Documents all activities using Mind's ICT system and processes. • Actively participate, contributing to your team and wider organisational initiatives. • Contributing to service delivery improvements. • Other duties as delegated.
Professional development	• Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind. • Participate in reflective practice.
Accountability	• Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time. • Proactively support Mind's vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values.

Workplace health, safety and wellbeing	• Contribute actively to the maintenance of a safe workplace. • Ensure all safety issues are reported and addressed as they arise.
Lived experience	• Contribute to a workplace that values lived experience and the inclusion of consumers, carers and families in the work we do.
Cultural safety	• Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.

Position Requirements	
Qualifications required	• Tertiary qualifications (minimum Certificate IV) in Mental Health, Peer Work, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind.
Knowledge, skills and experience required	• Experience and expertise in working directly with children and young people with mental health issues, complex needs and with their families and carers. • Demonstrated ability to plan and prioritise to meet customer service delivery requirements. • Ability to co-design, co-produce and co-facilitate groups and education support. • Excellent customer service skills. • Demonstrated experience in documenting client notes, reporting and working with a variety of electronic systems. • Proven ability to work autonomously and as a member of a team. • Demonstrated understanding of available community services, networks and supports. • Awareness and understanding of the NDIS is desirable. • A lived experience of mental ill health and recovery or experience caring for a person with mental ill health is desirable.
Other	• Right to work in Australia. • Current valid driver's licence. • Current NDIS Worker Screening Check Clearance. • Working with Children Check or equivalent (Blue Card - QLD). • Able to obtain and provide evidence of vaccinations against COVID-19.