

POSITION TITLE **Gambler's Help Therapeutic Counsellor**

PROGRAM **Wellbeing and Support**

OUR PURPOSE

Address inequity. Building healthy, inclusive and just communities.

OUR VALUES

Dignity in everything that we do

Quality matters

It takes Passion

ABOUT BANYULE COMMUNITY HEALTH

Banyule Community Health is a stand alone, not for profit organisation, governed by a Board of Directors to deliver on its purpose 'Address inequity. Building healthy, inclusive and just communities'. Banyule Community Health works across many sites and delivers multiple modalities of care and support in the primary health and welfare sector. Building on its strong values base and reputation of being truly responsive to its community, Banyule Community Health strives to continually provide high quality services, develop partnerships, which benefit its community and innovates to create better health outcomes and health equity.

Our 2020 - 2025 Strategic Plan provides an overview of our strategic priorities and our organisational enablers.

THE WELLBEING AND SUPPORT TEAM

Banyule Community Health offers a range of Wellbeing and Support services including; Gambler's Help services, General Counselling, Mental Health Programs, Alcohol and Drug/ Dual Diagnosis Counselling, Care Coordination and Peer Support as well as telephone, volunteer and group programs. Services are co-located at numerous agencies across the North Eastern and North Western suburbs.

Driven by principles of person centred care, self-management and community engagement, our services are committed to working with clients towards their goals in a flexible and holistic manner. Services are available for individuals, couples, children and families affected by gambling, problematic AoD use, mental health issues, family violence and other issues. BCH services are underpinned by social and public models of health, recovery principles and are inclusive of carers and loved ones. Together, Wellbeing and Support team members deliver

dynamic and diverse services with demonstrable outcomes for marginalised and at-risk populations.

THE ROLE

The Therapeutic counselling position is an integral part of the Gamblers Help program. The role aims to minimise the personal, health and social impact for individuals and families experiencing gambling related harm through the provision of evidence based therapeutic interventions across a range of modalities and practice settings appropriate to individual needs.

The objectives of therapeutic counselling is to:

- assist individuals to manage gambling related harms
- assist individuals to reduce or stabilise gambling behaviours
- support individuals to maintain positive behaviour change post- treatment
- build capacity of other health and human services to identify and respond to gambling-related harms

REPORTING AND WORKING RELATIONSHIPS

Position Reports to: Team Leader Counselling and Support Services

Reportable Positions: Nil

Internal Relationships: Gamblers Help team; Wellbeing and Support teams - Drug & Alcohol; General Counselling, Social Work and Allied Health.

External Relationships: Victorian Responsible Gambling Foundation, community agencies/networks for specific projects or integrated service activity

SCOPE OF PRACTICE

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DELIVERABLES

The Gambler's Help Therapeutic Counsellor provides support to the Team Leader Counselling and Support Services and in collaboration with the Wellbeing and Support Team to:

- Assess clients, determine eligibility for the service and develop appropriate intervention plans
- Delivery of therapeutic counselling services specific to Gambler's Help, including individual, relationship, family and group counselling, telephone counselling and using multimodal channels of service delivery which may include the use of existing or emerging technologies.
- In consultation with the client develop appropriate goals, plans and strategies for

- recovery and for sustaining recovery.
- Provide secondary consultation and co-counselling with other health clinicians as required, including providing specialist input into care planning and coordination undertaken by other agencies.
 - Maintain client data compatible with the state-wide format in a timely manner and consistent with the BCHS recommended 24 hour time frame.
 - Contribute to the agency's policy development, planning, monitoring and evaluation of the problem gambling service and participate in any research projects with regard to the service model.
 - Provide clinical education targeted to clinicians and other health providers to assist facilitation and development of referral pathways between services; to develop the capacity of other health professionals to deliver brief interventions to respond to gambling related harm
 - Attend Gambler's Help staff meetings and other meetings as required
 - To undertake project work and conduct professional development training as appropriate
 - Participate in Gamblers Help integrated service activity (ISA), relevant to priority target groups/settings - training, networking, service promotion

STANDARDS TO WHICH PERFORMANCE WILL BE ASSESSED

- Deliverables
- Alignment with BCH Core Capabilities
- Alignment with BCH Values
- Alignment with BCH Workplace Conduct Policy
- Compliance with BCH Policies, Procedures and Practice Manuals
- Compliance with OHS, Risk and Quality frameworks

KEY SELECTION CRITERIA

Skills Requirements:

- Demonstrated skills in working with individuals, couples, families and groups in a therapeutic capacity, specifically around addiction(s).
- Demonstrated skills in assessment and diagnosis – ability to assess clients situation and diagnose current issues
- Demonstrated skills in working with marginalised, distressed and suicidal clients.
- Demonstrated skills in meeting the psychological demands of working with clients with complex needs.

Knowledge Requirements:

- Knowledge of a range of interventions / therapeutic approaches relevant to problem gambling such as Motivational Interviewing, family systems theory, models of care/theories and frameworks.
- Knowledge of addictions/treatment for addictions.

Position Description

- Knowledge of and skills in working with complex clients with a dual diagnosis.
- Understanding of problem gambling including identification, treatment, impact etc.
- Understanding a broad range of issues which may impact client e.g. mental health, co-morbid disorders.
- Understanding trauma/grief and loss.
- Understanding the gambling environment and associated elements and their impact on consumers.
- Ability to work independently and within a multidisciplinary team

Qualification and/or Experience:

- Relevant tertiary qualifications and relevant counselling experience; and eligibility for membership/registration with one of the following: Accredited Mental Health Social Worker (AMHSW) membership with the Australian Association of Social Workers (AASW), or Membership with Psychotherapy and Counselling Federation of Australia (PACFA) in the family/relationship therapy or general counselling/psychotherapy sections.
- A minimum of two years experience in the area of counselling individuals, couples, families and / or groups and a range of intervention techniques
- Demonstrated knowledge of family processes and group dynamics

Environmental Considerations:

- Ability and flexibility to work after hours if required

CONDITIONS OF EMPLOYMENT

A current Police Check (less than 6 months old) at date of appointment is required, with a re-check every 3 years and a current Working with Children Check may be required.

A Victorian Drivers Licence

This role will be based primarily at BCH sites West Heidelberg and Greensborough and collocations Northcote, Epping, Broadmeadows, Melton and Sunbury, but may involve work from other BCH and associated sites.

SIGNATURES

I have read this document and agree to undertake the role and deliverables as listed above. I acknowledge that this Position Description is an accurate reflection of the duties and responsibilities. This Position Description will be reviewed regularly in consultation with me. I understand additional or other duties may be allocated to me commensurate with my training, skills and knowledge.



Position Description

Employee's name _____

Employee's signature _____ Date _____

This position was reviewed on 12/01/2022 By Team Leader Counselling and Support Services