

Community Mental Health Practitioner - Lead Practitioner - Family Engagement

Our vision: *People and communities have strong mental health and wellbeing.*

Our purpose: *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*

Our values: *Hope, Creativity and innovation, Client focus, Making a difference, Integrity.*

Position Information

Purpose	<p>The Community Mental Health Practitioner - Lead Practitioner - Family Engagement provides practice leadership and direction to Mind staff in the delivery of the Youth Rehabilitation Residential Service (YRRS). The Lead Practitioner will provide support and assistance to families and carers of clients receiving the service. The position will work collaboratively within the team to enable the best outcomes for clients and their families and undertake quality and effective family engagement, this includes single-session and short-term interventions to enable positive outcomes for clients of the service.</p> <p>The Community Mental Health Practitioner - Lead Practitioner - Family Engagement will maintain a particular focus on clients aged 16 -21 years, and their families, however family support can be provided to all clients of the service where indicated.</p>
Position reports to	Service Manager
Mind classification level	SCHADS Level 5
Stream	Sub-Acute Youth Residential, Queensland
About the service	<p>Youth Residential Rehabilitation Service (YRRS) supports young people between the ages of 16 and 21 who are recovering from mental ill health. Working within a recovery oriented framework, the service provides up to 12 months stay in a supportive therapeutic environment.</p> <p>The YRRS also delivers a day program for young people recovering from mental health challenges to develop life skills. The service provides opportunities to the clients for skill development, enhanced social relationships and community access.</p>



Position description effective date	January 2022
Responsibilities	
Core responsibilities	<ul style="list-style-type: none"> • Complete the Comprehensive Assessment upon intake to support service planning. Develop a short-term recovery plan by completing My Better Life planning tool with the client and family where appropriate. • Engage and provide family work where appropriate and provide support and assistance to Community Mental Health Practitioners in planning ongoing mental health support. • Have an extensive knowledge of community services, resources and networks available for families. • Provide targeted and time-critical service on an outreach basis and through telehealth to families in need of varying levels of support, including occasional out-of-hours work. This includes undertaking assessments and reviews as appropriate. • Facilitate the delivery of structured parenting programmes. • Facilitate family meetings. • Provide support, information and secondary consultation to practitioner staff. • Work with the team to identify and overcome barriers to engagement/motivation in families. • Maintain stakeholder relationships with referral sources, and coordinate services within agency and with other community providers. • Participate in building a strong team that is built on inclusiveness and respectfulness operating with a high level of professional management in a complex and demanding.
Provide direct support to individual clients	<ul style="list-style-type: none"> • Purposefully engage with clients using techniques including: <ul style="list-style-type: none"> - Brief intervention. - Motivational interviewing and coaching. - Family inclusive practice. - Trauma informed practice. - Conflict resolution. - Behaviour support for dual diagnosis. • Provide direct specialised services beyond those of the Community Mental Health Practitioner.
Provide support to families and carers	<ul style="list-style-type: none"> • To connect with and support families and carers in a family inclusive practice.



	<ul style="list-style-type: none"> • To liaise with other professionals and external agencies including attending case conferences, reviews and meetings as appropriate and to provide written reports as required. • Support family, existing support networks and significant others to assist client through treatment using family inclusive interventions. • Involve carers, family and friends as identified by the client in work to support their recovery. • Support family and carer roles through understanding their concerns and the provision of information, education and referrals. • Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships.
Psychosocial practice leadership	<ul style="list-style-type: none"> • Contribute to service planning and review. • Provide supervision and support to Community Mental Health Practitioners and Peer Practitioners.
Co-ordinate and work with other Mind team members to support the client	<ul style="list-style-type: none"> • Ensure team have a shared understanding of the client's individual recovery plan and coach and mentor team in area of specialty. • Work collaboratively with the team as to ensure a coordinated and integrated response to the client's recovery goals.
Orientation training	<ul style="list-style-type: none"> • Undertake initial online training and orientation.
Other duties	<ul style="list-style-type: none"> • Document all activities using Mind's ICT system and processes. • Actively participate, contributing to your team and wider organisational initiatives. • Take personal responsibility for the quality and safety of work undertaken. • Contribute to service delivery improvements. • Other duties as directed.
Professional development	<ul style="list-style-type: none"> • Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind. • Participate in reflective practice.
Accountability	<ul style="list-style-type: none"> • Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time. • Proactively support Mind's vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values.
Workplace health, safety and wellbeing	<ul style="list-style-type: none"> • Contribute actively to the maintenance of a safe workplace. • Ensure all safety issues are reported and addressed as they arise.
Lived experience	<ul style="list-style-type: none"> • Contribute to a workplace that values lived experience and the inclusion of consumers, carers and families in the work we do.



Cultural safety

- Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.



Position Requirements	
Qualifications required	<ul style="list-style-type: none"> • Tertiary qualifications (minimum Certificate IV) in Mental Health, Youth Work, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind.
Knowledge, skills and experience required	<ul style="list-style-type: none"> • A comprehensive understanding of and experience in the human service delivery system. • Demonstrated in-depth knowledge and understanding of the principles and challenges of supporting vulnerable families. • Demonstrated strong knowledge and experience in the application of relevant theoretical approaches and range of appropriate service responses, relevant to this client group, including Family Systems theory and Cognitive-Behavioural Therapy. • Demonstrated experience in approaches including Motivational interviewing, Harm reduction, Trauma Informed Care, Positive Behaviour Support, Assertive outreach/active engagement, and Recovery oriented practice. • Demonstrated skills and experience with parent coaching principles, and ways of facilitating change in families who have experienced trauma. • Demonstrated ability to work as part of a multidisciplinary team. • An understanding of cultural contexts including the unique needs of Aboriginal and diverse CALD communities. • Good communication and organisational skills including network development skills. • Demonstrated experience in documenting client notes, reporting and working with a variety of electronic systems. • A lived experience of mental ill health and recovery or experience caring for a person with mental ill health is desirable.
Other	<ul style="list-style-type: none"> • Right to work in Australia. • Current valid driver's licence. • Current NDIS Worker Screening Check Clearance. • Working with Children Check or equivalent (Blue Card - QLD). • Able to obtain and provide evidence of vaccinations against COVID-19. • Able to provide a record of Vaccination Preventable Diseases or able to obtain vaccinations against Measles, Mumps, Rubella, Chicken Pox, Whooping Cough, Hepatitis B or other diseases as required by our Partnership with Queensland Health. • Willingness to obtain CPR and First Aid certifications. • Able and willing to perform some out of hours work on week days.

To learn more about Mind visit mindaustralia.org.au



You can also watch our Great Minds series of videos by visiting www.youtube.com/mindaustralia

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