
ONLINE YOUTH MENTAL HEALTH CLINICIAN

OCTOBER 2021



Location:	Parkville
Division:	Orygen Digital
Classification:	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 1-2
Employment Type:	Part-time (0.6) to Full-time fixed term position available until 30 June 2023
Position reports to:	Senior Clinician – Supervisor, Orygen Digital

1. POSITION SUMMARY

The Online Youth Mental Health Clinician will directly support young people using MOST as part of the roll out of MOST within Victorian youth mental health services. Young people will be able to engage with clinical content and other appropriate features within MOST, such as social networking, and peer and vocational support. The Online Youth Mental Health Clinician will also assist MOST users with other appropriate features within MOST, such as social networking, and peer and vocational support. This role is responsible for maintaining weekly contact with MOST users, via messaging, discussions on the online forums, text message or telephone contact. The Online Youth Mental Health Clinician will be required to work collaboratively with other internal and external staff in support of young people, such as peer and vocational workers, and other clinicians.

The Online Youth Mental Health Clinician will possess appropriate qualifications in relevant disciplines, excellent communication skills, experience working in a clinical setting within the Victorian youth mental health system and a passion for empowering young people to achieve their mental health goals.

What is MOST?

Orygen Digital has already developed world-leading youth mental health technologies. Our flagship Moderated Online Social Therapy (MOST) platform is the first single digital solution specifically designed to integrate with, and address, the key limitations of current youth mental health services. It has been designed with and for young people and existing services, providing clinicians with evidence-based tools that can be used across the diagnostic and severity spectrums and all stages of treatment. In response to the COVID-19 crisis in 2020, Orygen Digital's MOST platform has been supported by a \$6m grant from the Victorian Government to fast track its roll-out across the state, and a \$1m grant from the Telstra Foundation to iterate and improve the MOST technology platform. Funding for MOST in Victorian has recently been renewed for an additional two years, and further national and international dissemination planned.

2. POSITION CONTEXT

Orygen delivers cutting-edge research, policy development, innovative clinical services, and evidence-based training and education for the mental health workforce to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health. Orygen Digital, the digital mental health division of Orygen, require an experienced individual to lead our engagement with services who will adopt Orygen Digital's MOST platform.

We are a complex organisation. Our activities and workforce are diverse and include:

- Five headspace centres in Craigieburn, Glenroy, Melton, Sunshine and Werribee that deliver primary clinical services to young people and are operated by Orygen.
- The Centre for Youth Mental Health, a University of Melbourne research and teaching department that is wholly seconded into Orygen. Centre staff are provided with Orygen email addresses and have the use of Orygen systems.
- Orygen Special Services, a tertiary clinical service that is operated by North West Mental Health, co-located with us at Parkville and Sunshine and whilst not under the governance of Orygen, works in close partnership with us.
- Orygen Digital, which develops and rolls out online clinical platforms that are fully integrated with ‘in-person’ clinical services.
- A training and development unit providing online and face to face training for the mental health workforce both nationally and internationally.
- A policy think tank drawing on Orygen’s research and clinical expertise and partnering and collaborating with key content experts from Australia and around the world to advise government policymakers.
- Centralised professional support functions enabling the organisation to achieve strategic and operational objectives.

Orygen Digital is the world leading centre developing, evaluating and disseminating engaging and evidence-based digital interventions that dovetail with current national and international service delivery models for all young people and their families. Orygen Digital is commencing a deployment of the leading MOST platform across Victorian youth mental health services (headspaces and state-funded specialised services). This will require significant growth in Orygen Digital’s clinical team to facilitate the success of this project, beyond which there is potential for further deployments across Orygen Digital is the world leading centre developing, evaluating and disseminating engaging and evidence-based Australian and international mental health services.

3. ABOUT ORYGEN

VISION	Young people to enjoy optimal mental health as they grow into adulthood.
MISSION	Reduce the impact of mental ill-health on young people, their families and society.
VALUES	Respect, accountability, teamwork, excellence & innovation.
COMMITMENTS	First Nations people of Australia, young people and their families, LGBTIQ+ people & culturally and linguistically diverse people.

4. KEY RESPONSIBILITIES/OUTCOMES

The Online Youth Mental Health Clinician’s key responsibilities will be to:

- welcome and onboard young people to the MOST platform
- welcome families and young people on the under 15’s platform
- assist MOST users to effectively engage with clinical content and other appropriate features within MOST, such as social networking, and peer and vocational support
- maintain weekly contact with MOST users, via messaging, discussions on the online forums, text message or telephone contact
- maintain accurate records of engagement with young people
- monitor the safety of young people on the platform and responds as required
- participate in service development for the MOST service model for over 15’s and under 15’s platform collaboratively with other internal staff in support of young people, such as peer and vocational workers
- communicate with face-to-face clinicians to ensure they are updated on young person involvement with MOST
- participate in regular supervision sessions with Senior Clinicians

- comply with and support others to comply with Orygen’s policies and procedures, including taking appropriate action to hold others accountable and promote a workplace culture that is safe, diverse and inclusive
- any other duties as reasonably requested by the Senior Clinician and/or Director, Orygen Digital.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

5.1 Essential

- Tertiary qualifications in and current registration with one of the following allied health fields:
 - **Psychologists:** Registration with AHPRA and practice endorsement as a Clinical, Forensic or Clinical Neuro Psychologist with the Psychology Board of Australia (or eligibility to enter a registrar program as a clinical, forensic or clinical neuro psychologist with the Psychology Board of Australia where relevant).
 - **Occupational Therapists:** Registration with AHPRA and the Occupational Therapy Board of Australia. An approved degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic.).
 - **Registered Psychiatric Nurses:** Registration with AHPRA and the Nursing and Midwifery Board of Australia. Bachelor degree in Psychiatric/Mental Health Nursing or equivalent, or, Bachelor degree in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing.
 - **Social Workers:** An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers.
- An understanding of youth mental health systems and an ability to apply this knowledge to the Orygen Digital context.
- Experience working in clinical settings within the Victoria youth mental health system.
- Excellent written and verbal communication skills and demonstrated ability to facilitate a therapeutic alliance via digital means.
- Demonstrated sound ability to make decisions, problem solve, and risk manage, in relation to young person’s treatment.
- Demonstrated awareness of mental health and social issues, experience working with individuals experiencing crises, and experience working with individuals working with high risk clients.
- Passion for empowering young people to achieve their mental health goals.
- Excellent computer skills including databases as required.
- Strong working knowledge of the common mental health issues faced by young people, evidence-based treatments for high prevalence disorders (such as CBT for mood and anxiety disorders) and the literature underpinning such approaches.
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.
- Knowledge of substance use and other health and social problems faced by young people and the indicated evidence-based treatment/support options for these.
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.

6. SPECIAL REQUIREMENTS

- After hours will be required and weekend work may be required – some shifts are 12pm – 8pm.
- Unrestricted right to live and work in Australia.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- In line with Government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.

- Successful applicants will be required to provide proof of COVID-19 Vaccination prior to commencement.

7. ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name:	
Signature:	
Date:	