

# POSITION DESCRIPTION

Position Title	Mental Health Registered Nurse		
Reporting To	Clinical Service Manager		
Classification	Nurses Award 2020 Registered Nurse Level 2		
Team/Service	Townsville Head to Health		
Direct Reports	Nil		
Date	October 2021		

#### **PROGRAM OVERVIEW**

Townsville Head to Health (HTH), funded by Northern QLD PHN through the Australian Government's PHN program, will be a front door for people over 18 to access mental health support. The centre will assist people experiencing high levels of distress or suicidal crisis, by providing accessible community mental health supports.

Service delivery will reflect principals of Trauma Informed Care and Recovery Oriented practices and be guided by extensive co-design processes.

The Nurse will help build a culture within the workplace that promotes Dignity, Respect, and Inclusion for all.

The Nurse will work within a multidisciplinary team to deliver a range of services to adults experiencing emotional distress, crises, mental ill health and/or addiction, and their families, support people and carers through a "no wrong door" approach. The Centre will provide a holistic approach to care, addressing a range of social, physical and emotional needs informed by the Collaborative Recovery Model (CRM) and supported by best practice in evidence-based and evidence informed care.

The Centre Team will be made up of clinical and psychosocial staff providing Social and Emotional Wellbeing Supports, Psychosocial Support, and Peer Support. The centre will provide short to medium term targeted care and support for adults experiencing a crisis or in significant distress The Centre will also provide in-house assessments, psychoeducation, and support to access services.

The Centre will receive referrals from GP's in the area, public mental health services, community organisations as well as self-referrals from members of the community. The multidisciplinary team will screen referrals to determine suitability, assess individual needs and assist access to appropriate services delivered by the team and other community and health providers.

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#### **POSITION OVERVIEW**

As the Registered Nurse you will form part of the multidisciplinary team responsible for providing high-quality, individualised care to consumers accessing the Centre. Registered Nurses are integral members of the team and draw on their knowledge of recovery from mental illness and crisis intervention, to instill confidence and hope in others about the journey of recovery.

You will work as a member of a multidisciplinary team providing Clinical Support, Social and Emotional Wellbeing Supports, Psychosocial Support and Peer Support. The Registered Nurse will work with the Centres Leadership team to promote a culture of continuous improvement by providing regular and ongoing opportunities for employees to give feedback, and through effective communication of continuous improvement processes.

The role involves shift work, which includes day, evening, and weekend shifts.

#### THE POSITION

### Key position Responsibilities, Duties and Accountabilities

- Engage consumers, using a strengths-based approach to complete a health status measurement and needs assessment
- Assist with the development and review of new and existing clinical procedures and guidelines
- Comply with the mechanisms for monitoring, compliance and review of clinical risk management
- Undertake nursing duties at a highly proficient level
- Plan, assess, implement and evaluate all components of the consumer care plan
- Undertake Brief Interventions when required
- Initiate referrals to appropriate internal and external services
- Ensure that documentation is maintained at the required standard
- Provide comprehensive handovers to staff
- Contribute to the orientation of new staff and provide a mentoring role
- Ability to lead and take direction from the Clinical Service Manager to ensure that care is delivered within a team members scope of practice and in line with policies and protocols
- Undertake appropriate decision-making regarding emergency care requirements in the absence of other qualified staff
- Ensure records management obligations are met, in accordance with Neami National policies and procedures. This includes the retention of hardcopy and/or electronic records and ensuring files are accurate and kept up-to-date.
- Commitment to understand service consumer data requirements and to collaborate with consumers to gather relevant data.
- Consideration of individual and aggregated consumer data to inform practice and continuous service improvement.

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### **ORGANISATIONAL ACCOUNTABILITIES**

- Act at all times in accordance with the Neami National code of conduct
- Work in accordance with Neami National policies and procedures, including adhering to policies on Privacy and Confidentiality and Records Management
- Follow safe work practices for self and others and comply with Neami National Occupational Health and Safety management processes
- Ensure risks are identified, reported, documented and appropriately managed in accordance with Neami Group policies to ensure safe and effective services.
- Proactively work towards achieving individual and team goals, whilst demonstrating Neami National core competencies and values
- Actively engage in Professional Development opportunities and embrace learning opportunities
- Take an active role in promoting and generating quality improvements processes within your area of responsibility and more generally across the organisation
- Have a commitment to promoting a diverse and inclusive environment for all staff, consumers and carers.
- In addition to the position description accountabilities, all staff are expected to undertake any reasonable tasks as directed

## THE PERSON

# Experience, Knowledge, Qualifications, Skills and Attributes

## Essential

- Bachelor of Nursing or equivalent
- Registration as a Nurse with the Australian Health Practitioner Regulation Agency (APHRA) and a current Certificate of Registration.
- 2 years' experience in mental health practice and a relevant post-registration and/or tertiary qualifications in mental health nursing is highly desirable
- Excellent communication skills
- Computer literacy and written communication skills
- Queensland working with Children Clearance Employee responsibility
- Satisfactory criminal record check Criminal record checks are mandatory for all new
  appointments. Neami National will cover the cost of an Australian check. Where a new employee
  has lived outside of Australia for 12 months or more within the last 10 years, the cost of an
  International check will be borne by the applicant.
- A valid Queensland Driver's licence

Applicants from Aboriginal and Torres Strait Islander backgrounds, or from culturally & linguistically diverse backgrounds or those with a lived experience of recovery and mental health challenges are strongly encouraged to apply.

### **ACKNOWLEDGEMENT OF POSITION DESCRIPTION**

This position description is current at date of approval. It may change from time to time to reflect operational needs and changes to organisational reporting relationships.

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I have read, understood and accept the responsibilities and accountabilities as outlined above in this position description.

Employee Name:		
Employee Signature:		
Date:		

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