

Community Mental Health Practitioner - Peer Practitioner

Our vision: *People and communities have strong mental health and wellbeing.*

Our purpose: *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*

Our values: *Hope, Creativity and innovation, Consumer focus, Making a difference, Integrity.*

Position Information

<p>Purpose</p>	<p>The Community Mental Health - Peer Practitioner utilises their lived experience of mental ill health and recovery to provide consumers support to live independently in their place of residence. The Peer Practitioner is expected to be a champion of co-design and co-production in all aspects of the service. The Peer Practitioner works with consumers to define their own outcomes whilst providing individual and shared support within a residential setting. They ensure support provided is aligned with the consumers NDIS plan, Supported Independent Living goals and My Better Life Plan.</p> <p>Peer support is an important part of Mind’s approach to recovery. The Community Mental Health - Peer Practitioner works as part of a multidisciplinary team, with lived experience of mental ill health and recovery being the unique specialist lens that they bring.</p>
<p>Position reports to</p>	<p>Team Leader</p>
<p>Mind classification level</p>	<p>SCHADS Level 3</p>
<p>Stream</p>	<p>Supported Independent Living - Residential</p>
<p>About the service</p>	<p>Mind operates Supported Independent Living (SIL) and Short-Term Accommodation services for people with severe and enduring psychosocial disability, some of whom may have dual disability. These residences are typically staffed 24/7 by Community Mental Health Practitioners.</p> <p>Funded through residents’ NDIS packages, support is provided in the residential setting individually and within a group context when shared learning is seen to be beneficial to the person. Staff are required to assist in building a sense of community, take part in the co-design and co-production of workshops with residents, and to undertake project work. Services operate in the context of the local community, with a focus on</p>

Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, ages, spiritualities and backgrounds. We encourage applications from Aboriginal and Torres Strait Islander peoples, people with a lived experience of mental ill-health and recovery, people living with disability, those who identify as LGBTIQ and applicants from culturally and linguistically diverse backgrounds.



	supporting people to achieve their better life goals. Our practice is guided by Mind’s model of recovery oriented practice, the Supported Independent Living model and our dual disability framework.
Position description effective date	August 2021
Responsibilities	
Peer Work	<ul style="list-style-type: none"> • Utilise your own lived experience of mental ill health and recovery to inform your work and the work of the team. • Disclose your lived experience in an appropriate and purposeful manner to support, empower, bring hope and support the recovery of customers. • Draw on the broader lived experience knowledgebase to inform your practice. • Support the team to understand and deliver services that are consistent with recovery oriented practice. • Undertake projects and adopt portfolios as required. • Spearhead co-design and coproduction in all aspects of the service including program evaluation, planning, decision making and service design.
Provide support to residents	<ul style="list-style-type: none"> • Work with customers to achieve their goals as set out within their NDIS plan, Supported Independent Living quote and My Better Life Plan: <ul style="list-style-type: none"> - Welcoming and engaged. - Support is individually tailored to meet the individuals’ needs and is relevant to what the customer is being funded to receive. - Skill and capacity development. - Engagement and maintenance of natural supports. - Service exit and on-going self-management support. • Support customers in a range of areas including: <ul style="list-style-type: none"> - Welcoming and engaged. - Understanding and managing customer’s own mental health. - Developing daily living skills and capacity for self-care. - Supporting customers to maintain their home through direct assistance, role modelling and facilitating skills development. - Crisis and incident management. - Addressing stigma and managing issues arising from trauma. - Managing physical health and supporting management of drug and alcohol issues. - Understanding the principles of citizenship. • Purposefully engage with customers using techniques including: <ul style="list-style-type: none"> - Brief intervention and person centred strengths based practice.



	<ul style="list-style-type: none"> - Motivational interviewing and coaching. - Family inclusive and trauma informed practice. - Conflict resolution and harm minimization. - Support for individuals with a dual disability. • Working in collaboration with Mind’s Dual Disability Practice Advisor to ensure appropriate supports are provided to individuals who may have associated behaviors of concern: <ul style="list-style-type: none"> - Implement strategies of a Positive Behaviour Support plan in the least restrictive manner. - Ensure all legislative requirements are completed when required. • Support family and carer roles through understanding their concerns and the provision of information, education and referrals. • Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships. • Work with families and carers at the time of transition back to community.
<p>Undertake group work</p>	<ul style="list-style-type: none"> • Plan and develop group work programs that will assist customers to build their skills, focus on their recovery. • Deliver group work programs as the lead/co-facilitator based on peer values and principles. • Engage and support clients to co-produce and co-facilitate groups/events. • Evaluate and review group work programs.
<p>Work with local Service providers</p>	<ul style="list-style-type: none"> • Engage with customers to fully understand their need for assistance from local service providers with clinical services, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections. • Make linkages and build relationships and referral pathways to maintain or create a range of local supports for customers that facilitate them living the life of their choosing in their own community.
<p>Tenancy management</p>	<ul style="list-style-type: none"> • Support residents with upcoming house inspections to ensure a high standard of cleanliness. • Liaise with property management provider. • Supporting residents with all aspects of maintaining their tenancy including: <ul style="list-style-type: none"> - Sign up, bond loan application, condition report and setting up rental payment. - Understanding their rights under the Residential Tenancies Act. - Support to create a positive and safe living environment by complying with house rules.



<p>Housekeeping</p>	<ul style="list-style-type: none"> • Contribute to the day to day operations of the residential service through undertaking a range of housekeeping duties including: <ul style="list-style-type: none"> - Preparing rooms for new residents, washing linen, food shopping and meal preparation and maintaining office spaces in a clean and hygienic state. - Ensuring all communal areas are home-like and welcoming at all times. - Support residents with developing a routine with daily living skills through role modelling.
<p>Professional development</p>	<ul style="list-style-type: none"> • Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind. • Participate in reflective practice.
<p>Accountability</p>	<ul style="list-style-type: none"> • Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time; • Proactively support Mind’s vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values.
<p>Workplace health, safety and wellbeing</p>	<ul style="list-style-type: none"> • Contribute actively to the maintenance of a safe workplace. • Ensure all safety issues are reported and addressed as they arise.
<p>Lived experience</p>	<ul style="list-style-type: none"> • Contribute to a workplace that values lived experience and the inclusion of consumers, carers and families in the work we do.
<p>Cultural safety</p>	<ul style="list-style-type: none"> • Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.



Position Requirements	
Qualifications required	<ul style="list-style-type: none"> • Tertiary qualifications (minimum Certificate IV) in Mental Health, Psychology, Social Work, Occupational Therapy, Community Welfare or other health related field as designated by Mind.
Knowledge, skills and experience required	<ul style="list-style-type: none"> • Experience and expertise in working directly with people with mental health issues, complex needs, and with their families and carers. • Able and willing to use your lived experience to inform your work and the work of the team. • Demonstrated ability to plan and prioritise to meet customer service delivery requirements. • Excellent customer service skills. • Demonstrated experience in documenting client notes, reporting and working with a variety of electronic systems. • Proven ability to work autonomously and as a member of a team. • Demonstrated understanding of available community services, networks and supports. • Awareness and understanding of the NDIS is desirable.
Other	<ul style="list-style-type: none"> • Right to work in Australia. • Current valid driver's licence. • Current NDIS Worker Screening Check Clearance. • Working with Children Check or equivalent (Blue Card - QLD). • Able and willing to work a 24/7 rotating roster, including sleepovers and weekends. • Preparedness to work across different SIL services as required and directed.

To learn more about Mind visit mindaustralia.org.au



You can also watch our Great Minds series of videos by visiting www.youtube.com/mindaustralia

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