

# PREVENTION UNITED

Joining forces to prevent mental health conditions

## SENIOR PARENTING PROGRAM COORDINATOR / CLINICAL (RESEARCH) FELLOW

<b>Reporting to</b>	Head of Programs
<b>Contract</b>	6-11 months (subject to negotiation)
<b>Status</b>	Part time 0.6-0.8FTE (subject to negotiation)
<b>Annual F/T remuneration package</b>	\$80,000 - \$90,000 (Salary + Super) (pro-rata for P/T) NFP Salary Sacrifice arrangements are available
<b>Direct Reports</b>	None
<b>Location</b>	North Melbourne, Victoria (remote and flexible working available)

### PURPOSE

The Parenting Program Coordinator/Clinical (Research) Fellow will be responsible for managing the day-to-day operation of the Partners in Parenting Plus project, supporting parents who access the online parenting program and associated online peer support group, and contributing to the overall research project.

This role provides an exciting opportunity to contribute to the implementation and evaluation of an innovative parenting program that aims to prevent adolescent depression and anxiety conditions. You will have the chance to develop skills in mental health promotion, research, and engaging and working with parents of adolescents.

Partners in Parenting (PiP) has been developed by Monash University and is aims to reduce the risk of depression and anxiety in adolescents by equipping parents with evidence-based parenting strategies. The program enables parents to learn positive parenting strategies through nine interactive online modules.

The current project aims to develop, implement and evaluate an adaptation of PiP that also helps parents to assist their teenager to negotiate the challenges of COVID-19. The new 'PiP-Plus' program will also feature an online peer support group for parents accessing the PiP program.

The Parenting Program Coordinator/Clinical (Research) Fellow position sits with Prevention United, and is part of a broader research collaboration involving Prevention United, Monash.

We welcome applicants with postgraduate clinical/research qualifications and interest in contributing to research. We are open to negotiating a Clinical or Clinical Research Fellow position, with additional opportunities, including potential for authorship. In the Clinical/Research Fellow position, you may supervise a junior parenting program coordinator to ensure the successful management of the program. You will contribute to the facilitation and analysis of the online peer support group, including contributing to rapidly responsive intervention adaptation. You will work with the multidisciplinary research team, which is led by Monash University's Turner Institute for Brain and Mental Health and Faculty of IT, and the University of Melbourne.

### ABOUT PREVENTION UNITED

Established in 2017, Prevention United is a mental health promotion charity with a focus on promoting mental wellbeing and preventing mental health conditions.

Our mission is to work together with individuals, families, organisations, and communities to promote wellbeing and prevent mental health conditions by fostering their strengths and reducing their risks.

We undertake our work through three main activity streams:

- advocacy and awareness
- resources and programs
- consulting and capacity building.

### **ACCOUNTABILITIES & SKILLS**

The Parenting Program Coordinator/Clinical (Research) Fellow will be responsible for overseeing the implementation of the PiP-Plus program, supporting parents who access the online program, and online peer support group, and contribute to the PiP research program.

While mental health training and is experience is desirable, this role is not intended to provide counselling or therapeutic support to parents or adolescents experiencing mental health difficulties or in crisis, but rather to assist them to access and benefit from the PiP program and online forums.

Key accountabilities of this role are to:

- Assist parents to successfully access and engage with the PiP online parenting program.
- Build and maintain an engaged online peer support group for parents as they participate in the PiP program.
- Facilitate the online forums to ensure that online conversations are safe, supportive and helpful and in line with the forum's guidelines and standards.
- Monitor, and use sound judgement to respond to posts or situations of concern or potential clinical risk and follow set protocols to manage and/or escalate these concerns.
- Contribute to analysis of the peer support group data, including identification of emergent parent needs that are not adequately addressed in the existing program
- Contribute to a 'rapidly responsive process' of intervention adaptation, including contributions to new parenting content.
- Supervise junior staff and/or interns assisting with moderation of the peer support group and management of the PiP online program.
- Support and mentor any peer support 'parent champions' involved in the forums.
- Liaise with and work collaboratively with the broader research team to ensure the smooth and successful running of the program evaluation.
- Model and promote the values of Prevention United.

In this role you ideally also:

- Help facilitate the PiP program registration process for parents.
- Complete data entry, including updating the research trial database to keep track of participant progress and contacts.
- Contact parents to troubleshoot any technical difficulties they report.
- Monitor and report any technical issues with the online program to the research team.
- Keep accurate records of any parent contact.
- Assist with the marketing and promotions of the program, as required.
- Assist with ethics applications and compliance.
- Undertake other related activities as requested by the Head of Programs and research team.

If you have appropriate research qualifications, you will have the opportunity to:

- Contribute to research activities, including data analysis, preparation of manuscripts, and authorship.

Relevant skills and attributes:

- Excellent communication skills, including the ability to build rapport with parents online, over the phone and in writing (i.e., email, SMS, forums).
- Demonstrated clinical mental health skills, including responding to situations involving risk.
- The ability to motivate and prompt parenting behaviour change.
- Demonstrated ability to problem solve in practical and creative ways.
- Good attention to detail and ability to follow protocols diligently.
- Strong team player, as well as ability to work independently.

**RELEVANT EXPERIENCE AND QUALIFICATIONS**

This role suits someone who:

- Is interested in applied mental health research, including public health/mental health promotion
- Has research experience
- Has experience working with parents and/or carers in a supportive role.
- Has experience working in the mental health field.
- Has experience moderating online forums or support groups.
- Has a sound understanding of the ethical conduct of research.

Qualifications

- Achieved or currently studying a postgraduate qualification (masters or doctoral level) in a relevant field such as Psychology, Social Work, Mental Health Nursing, or Mental Health Occupational Therapy.
- Placement or employment experience in a counselling or clinical role.
- For research fellow: achieved or near completion of a doctoral level research degree in a relevant field.

**THIS ROLE IS SUCCESSFUL WHEN...**

Parents feel supported throughout their participation of the PiP program, connected to other parents who understand the challenges they are facing, and better equipped with parenting strategies to support their teenager’s mental wellbeing.

**REPORTS TO**

Head of Programs, Prevention United

**INTERNAL AND EXTERNAL RELATIONSHIPS**

- Executive Director, Prevention United
- Marketing coordinator, Prevention United
- Monash University and University of Melbourne research teams
- Australian Parents and Carers

**AUTHORISED:** Dr Stephen Carbone, Executive Director, Prevention United