

Position Description

Mental Health Clinician

Purpose of position

headspace Tuggeranong provides early intervention mental health services to young people aged 12-25 who have or may be at risk of developing a mental health and/or substance use disorder or have economic and social recovery needs. It is a part of the Youth Mental Health Group within Grand Pacific Health (GPH).

The Mental Health Clinician will work collaboratively with young people and their support systems (including as appropriate their family or carers and other support service providers) to identify their support needs, goals and to develop collaborative care plans. The incumbent will provide high quality psycho-social assessment and evidence-based, focused clinical interventions to young people aged 12 to 25 referred to headspace Tuggeranong, within the guidelines of the Medicare Better Access to Mental Health Care initiatives. This position will involve working closely with the other members of the headspace Tuggeranong team and external service providers to maximise care outcomes for young people referred to headspace Tuggeranong.

Decision Making

The Mental Health Clinician reports to the Clinical Lead headspace Tuggeranong and:

- Consults with the Clinical Lead in undertaking responsibilities and makes recommendations to achieve the goals and plans of the organisation.
- Identifies areas for improvement in relation to their role, the team and at an organisational level and collates information to develop appropriate responses, including the implementation of solutions through delegation.
- Makes recommendations to the Clinical Lead regarding decisions outside delegated authority.

Key Responsibilities

- Provide evidence-based, focused psychological strategies (e.g. CBT, psycho-education, relaxation strategies, skills training, interpersonal therapy) to individuals or via group therapy to young clients aged 12 to 25 years.
- Deliver clinical support, advice and coordinate referral to specialist services for young people presenting with Alcohol and/or other drugs issues as required.
- Work collaboratively with the young person and their supports (e.g. other service providers, school and family/carers) to help achieve their goals.
- Maintain accurate case notes for clients using an electronic clinical record according to headspace Tuggeranong protocols and professional standards.
- Participate in case review meetings, contribute to care plans and participate in planned case conferences with GPs and other health professionals involved in the client's care as required.
- Assertive monitoring of risk associated with the young person or the family/carers, including regularly assessing the current level of risk and building safety where required.
- Provide written reports to the client's referring GP and other involved service providers including information regarding assessments undertaken, support and interventions provided, and recommendations on future support, according to headspace Tuggeranong.

- Participate in supervision and other professional development as agreed.
- Ensure all required records are kept and that data is entered in line with contractual obligations.
- Work with the broader headspace Tuggeranong team to meet the overall aims and objectives of the service.
- Participate in headspace education and training activities as requested by the Manager.
- Contribute to developing a culturally safe workplace for Aboriginal employees and clients.
- Participate in organisation-wide, site based and team meetings, collaborative planning activities and other meetings or activities relevant to position.
- Contribute to the continuous improvement of systems and processes ensuring services meet professional and industry standards.
- Work Health and Safety responsibilities as identified in organisational policies and procedures.
- Equity and diversity responsibilities as identified in organisational policies and procedures.

Scope of Practice

Consistent with the incumbent's registration and qualifications within the context of the duties outlined under Key Responsibilities.

Selection Criteria

The essential experience, knowledge, skills, competencies and qualifications a person requires in order to successfully fulfil the responsibilities of the position are:

1. Current full AHPRA registration as a clinical psychologist, registered psychologist, or occupational therapist (accredited with OTA as meeting the Australian Competency Standards for occupational therapists in mental health), or accreditation with the AASW as a mental health social worker.
2. Experience in assessment and diagnosis of mental health disorders, provision of Cognitive-Behaviour Therapy and other evidence-based focused psychological strategies.
3. Demonstrated understanding of key issues in relation to the health and wellbeing needs of young people with mental health and/or substance use problems.
4. Demonstrated ability to engage and communicate effectively with young people, their family, friends or carers.
5. High standard of computer literacy and data entry competency including MS office and demonstrated capacity learn new technologies including clinical software packages.
6. Current drivers' licence and access to a comprehensively insured motor vehicle.

Working with Vulnerable People

To apply for, undertake and remain in this position you are required to hold a current WWVP check. The *Working with Vulnerable People (Background Checking) Act 2011* (the WWVP Act) commenced on 8 November 2012. It aims to reduce the risk of harm or neglect to vulnerable

people in the ACT. The WWVP Act requires those who work or volunteer with vulnerable people to have a background check and be registered. The ACT Government considers that the creation of a checking system with appropriate safeguards for people who work with, or who want to work with vulnerable people is consistent with section 28 of the *Human Rights Act 2004*. For more information go to: www.accesscanberra.act.gov.au.

RAP Statement

Our vision for Reconciliation is to improve the health status of the Aboriginal and Torres Strait Islander population by improving access and equity to all health services – shared vision, shared journey – same opportunities, same life expectancy.

Additional Information

Conditions of employment:	National Employment Standards
	Employment Contract
	GPH policies and procedures
	National Police Check
