

Position Description

Family Clinician

Purpose of position

headspace Tuggeranong provides early intervention mental health services to young people aged 12-25 who have or may be at risk of developing a mental health and/or substance use disorder or have economic and social recovery needs. It is a part of the Youth Mental Health Group within Grand Pacific Health (GPH).

The Family Clinician will work with the headspace team to provide a young person focused, evidence-based family inclusive service to young people, their family, carers and friends. The incumbent will provide individual and group interventions and will work with existing community agencies to increase capacity to provide support to family, friends and carers of young people with emerging mental health issues.

Decision Making

The Family Clinician reports to the Clinical Lead and:

- Consults with the Clinical Lead in undertaking responsibilities and makes recommendations to achieve the goals and plans of the organisation.
- Identifies areas for improvement in relation to their role, the team and at an organisational level and collates information to develop appropriate responses, including the implementation of solutions through delegation.
- Makes recommendations to the Clinical Lead regarding decisions outside delegated authority.

Key Responsibilities

- Provide evidence based short term interventions to family, friends and carers of young people accessing the service.
- Develop and deliver psychoeducation and other skill-based group programs for family, friends and carers.
- Develop partnerships and referral pathways to external service providers to support parents, carers and friends of young people with emerging mental health or AOD problems.
- Promote, recruit members and coordinate the Family and Friends of headspace group.
- Promote a culture of family inclusive practice within the headspace team and act as a consultant to headspace staff on family inclusive approaches and treatments.
- Build engagement with families from a range of cultural backgrounds including provision of culturally appropriate services to families from Aboriginal and/or Torres Strait Islander, LGBTIQ, culturally and linguistically diverse populations.
- Participate in case review meetings, contribute to care plans and participate in planned case conferences with GPs and other health professionals involved in the young persons and family/carers care as required.
- Assertive monitoring of risk associated with the young person or the family/carer, including regularly assessing the current level of risk and building safety where required.
- Maintain accurate case notes using an electronic clinical record and according to GPH protocols and professional standards.
- Participate in group supervision sessions and individual supervision sessions as agreed.
- Participate in supervision and other professional development as agreed.

- Provide written reports to the referrer and others involved in care with information regarding assessments undertaken, support and interventions provided, and recommendations on future management of the family's wellbeing as required and with consent.
- Ensure all required records are kept and that data is entered in line with contractual obligations.
- Contribute to developing a culturally safe workplace for Aboriginal employees and clients.
- Participate in organisation-wide, site based and team meetings, collaborative planning activities and other meetings or activities relevant to position.
- Contribute to the continuous improvement of systems and processes ensuring services meet professional and industry standards.
- Work Health and Safety responsibilities as identified in organisational policies and procedures.
- Equity and diversity responsibilities as identified in organisational policies and procedures.

Scope of Practice

Consistent with the incumbent's qualifications and registration and within the context of the duties outlined under Key Responsibilities.

Selection Criteria

The essential experience, knowledge, skills, competencies and qualifications a person requires in order to successfully fulfil the responsibilities of the position are:

1. Tertiary qualifications in counselling, social work, psychology or equivalent.
2. Demonstrated understanding of key issues in relation to the health and wellbeing needs of family or carers of young people with emerging mental health and/or substance use problems.
3. Experience in providing individual and group interventions to family and carers of young people.
4. Demonstrated knowledge of evidence-based approaches to assessment and family intervention.
5. High standard of computer literacy and data entry competency including MS office and demonstrated capacity learn new technologies including clinical software packages.
6. Current unrestricted drivers' licence and access to a comprehensively insured vehicle

Working with Vulnerable People

To apply for, undertake and remain in this position you are required to hold a current WWVP check. The Working with Vulnerable People (Background Checking) Act 2011 (the WWVP Act) commenced on 8 November 2012. It aims to reduce the risk of harm or neglect to vulnerable people in the ACT. The WWVP Act requires those who work or volunteer with vulnerable people to have a background check and be registered. The ACT Government considers that the creation of a checking system with appropriate safeguards for people who work with, or who want to work with vulnerable people is consistent with section 28 of the Human Rights Act 2004. For more information go to: www.accesscanberra.act.gov.au.

RAP Statement

Our vision for Reconciliation is to improve the health status of the Aboriginal and Torres Strait Islander population by improving access and equity to all health services – shared vision, shared journey – same opportunities, same life expectancy.

Additional Information

Conditions of employment: National Employment Standards
Employment Contract
GPH policies and procedures
National Police Check