
ENHANCED CARE CLINICIAN

FEBRUARY 2021



Location:	Parkville Hub
Division:	Clinical Services - Innovation
Classification:	Health Professionals and Support Services Award 2010 Health Professional Employee Level 2
Employment Type:	Part-time (0.6 FTE) fixed-term position available until 30 June 2022
Position reports to:	Parkville Hub Manager

1. POSITION SUMMARY

The Enhanced Care Clinician will work across all aspects of Parkville Hub to provide episodic support to young people struggling to engage with the mental health system. The key component of this role is the provision of flexible evidence-based support resulting in increased capacity to engage and support young people with complex needs in an enhanced primary care setting. This role will also respond to the needs of young people with a range of mental health and situational issues and will provide therapeutic interventions and care coordination to enable engagement in the appropriate place for their ongoing care needs. These may include but are not limited to assessment, care planning, referral, advice and consultation services to young people, their families/carers and community professionals/agencies. Specifically, this position will support a new initiative for young people with Bipolar Disorders, combining digital and in-person interventions.

Subject to broad direction, while working with a considerable degree of autonomy, this position will report to the Parkville Hub Manager and will receive supervision and day to day support from the Enhanced Care Coordinator. This position will also be supported by regular staff meetings and supervision (both operationally and clinically).

2. POSITION CONTEXT

The Orygen Strategic Plan identifies developing, delivering and rolling-out best practice service models as a Strategic Priority, namely 'developing, implementing and evaluating an exemplar seamless integrated clinical service model for young people in the north and west region of Melbourne.' The integrated service model also envisions specialised input for some young people who needs this care.

Orygen has developed such a specialised treatment model for young people with Bipolar Disorders, which includes psychiatrist input, psychological care, digital interventions and relapse monitoring. This new model of youth mental health will be demonstrated at Parkville within the Parkville Hub.

This role will involve assisting to facilitate entry pathways for young people accessing the various services within Parkville and the community. For young people with Bipolar spectrum disorders, this will involve liaising with the specialist and generalist teams at the Parkville Hub, the Access teams at Orygen, external providers, and the research team.

The Enhanced Care Clinician will also support and monitor access to digital interventions at the Parkville Hub. This position will require individual work with young people and families, with a focus on improved access to appropriate care. The Enhanced Care Clinician will possess strong interpersonal skills, ability

to negotiate with multiple stakeholders, and significant experience within youth mental health settings including accessing community supports.

3. ABOUT ORYGEN

VISION	Young people to enjoy optimal mental health as they grow into adulthood.
MISSION	Reduce the impact of mental ill-health on young people, their families and society.
VALUES	Respect, accountability, teamwork, excellence & innovation.
COMMITMENTS	First Nations people of Australia, young people and their families, LGBTIQ+ people & culturally and linguistically diverse people.

4. KEY RESPONSIBILITIES/OUTCOMES

The Enhanced Care Clinician will:

- Work with the Parkville Hub Manager and the Bipolar team to engage in and deliver shared care with the Access team, medical, co-located, external and contracted staff to support the provision of youth-friendly early intervention services for young people with moderate and complex mental health disorders, specifically Bipolar Spectrum disorders.
- Provide a range of brief episodic therapeutic interventions and care coordination as needed including assessment and short-term outreach support in accordance with best practice and clinical guidelines.
- Undertake intake, assessment and referrals processes for more complex and 'higher risk' young people and assist others in the team to do so.
- Provide clinical support to a caseload of complex and higher risk young people which may include providing community outreach.
- Deliver evidence-based brief interventions, including group interventions, with young people and their families/carers.
- Maintain accurate and timely case notes and records in approved database systems.
- Participate actively in Clinical Review Meetings.
- Promote and monitor activities supporting research projects conducted at the centre.
- Promote positive working relationships with internal and external stakeholders.
- The role may incorporate other service development activities and responsibilities as directed by the Parkville Hub Manager.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

5.1 ESSENTIAL

- Approved relevant qualifications in a related discipline and previous experience in a clinical role in the area of youth mental health.
- Registered with AHPRA or AASW
- Passion, motivation and determination to make a difference to health outcomes for young people.
- Previous professional experience in the planning and provision of mental health care, including completion of mental health assessments, crisis intervention, psychoeducation and short-term treatment interventions to young people experiencing mental health and/or substance use, and/or other social difficulties, including current evidence-based approaches.

- Highly developed service system knowledge, relevant legislation, government policy and strategic directions in relation to mental health and alcohol and other substances particularly as it relates to young people.
- Proven skills in decision-making, problem-solving and risk management, and demonstrated capacity to problem-solve effectively and work creatively with young people, particularly within an early intervention framework.
- Demonstrated a sound ability to make decisions in relation to conducting intake and assessments and determining a young people's suitability for ongoing treatment/support services at the centre.
- Demonstrated ability to work effectively in a multi-disciplinary team in a health setting and to support staff and students where required.
- Excellent interpersonal and communication skills (written and verbal) to effectively liaise, build relationships and partnerships, consult and negotiate with a wide variety of stakeholders.
- Commitment to supporting clinical research within the service.

5.2 DESIRABLE

- Experience in the planning, provision and evaluation of interventions (including groups) for young people and their families/friends.
- Experience in the planning and provision of community engagement and capacity building activities.

6. PROFESSIONAL AND ORGANISATIONAL KNOWLEDGE

The Enhanced Care Clinician will be expected to have:

- Knowledge and support of an early intervention framework, de-stigmatisation, diversity, inclusion, and non-discrimination.
- Knowledge of the common mental health, substance use and social problems faced by young people and the indicated evidence-based treatment/support options for these.
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.
- A breadth of understanding of the different types of organisations including local schools, involved in mental health and drug and alcohol service delivery to young people within the region.
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.
- Excellent computer skills with a demonstrated ability in word processing, PowerPoint and databases as required.

7. SPECIAL REQUIREMENTS

- A current Victorian driver's licence.
- Unrestricted right to live and work in Australia.
- A current National Police Check will be required.
- A current valid Working with Children Check is required.
- In line with Government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.