

Position Information			
Title	Peer Support Group Facilitator	Employment Type	Casual
Reporting to	State Manager (NSW)	Remuneration	SCHADS Award Level 2.3
Location	Various locations across South West Sydney and Nepean Blue Mountains	Scope	Number of direct reports: 0 Number of indirect reports: 0

About Little Dreamers

Little Dreamers is working towards an equal world for Young Carers, delivering programs aiming to improve quality of life. With an estimated 1 in 10 children in Australia giving up their childhood to provide unpaid care to a family member, Little Dreamers delivers empowering and proactive support programs to reduce the risk factors that they face and increase their life opportunities.

All Little Dreamers programs have been developed by Young Carers, for Young Carers targeting each of the five main risk factors that these young people face - social isolation, poor mental health, unemployment, financial and educational disadvantage. Running for nearly 12 years, Little Dreamers supports thousands of Young Carers each year through direct support programs including Dream Experiences; holiday programs; mentoring and tutoring; in-school education and training; The Dreamers Hub; in-person peer support; and the Big Dreamers Personal Development Program.

Within the wider community we also focus on advocacy for policy change, for more support and recognition for Young Carers whilst also raising awareness of the prevalence of Young Carers and how the community, the education system, friends and family can rally around for increased support.

The Position

In 2021, Little Dreamers will continue to deliver In-Person Peer Support Groups for Young Carers in targeted areas across NSW as part of the wider Carer Gateway Services program. Young Carer peer support groups are an opportunity for Young Carers to meet with other young people in a similar caring role. Groups explore common issues and concerns for Young Carers and share ideas for managing challenges and enhancing well-being. We are excited to invite you to join our team of casual Peer Support Facilitators.

As a Peer Support Group Facilitator, you will lead the facilitation of peer support groups. You will be supported by a Little Dreamers co-facilitator who will operate under your direction. In accordance with structured session plans, you will create a safe and inclusive environment that encourages Young Carer participation and interaction.

This is a wonderful opportunity to use your lived Caring experience to connect with Young Carers and support them in improving their health and wellbeing. If you're committed to supporting Young Carers, increasing community awareness and have experience in facilitation and/or public speaking and working with youth, then this is the job for you.

Training will be provided for all Facilitators prior to commencing the role. Each Peer Support Group will have anywhere between 4 to 15 Young Carers (depending on delivery format) and each group will run for eight consecutive weeks. Casual Facilitators will be allocated to at least one Peer Support Group at a time to deliver workshops and support.

Peer Support Group Delivery Format

The Young Carer Peer Support program launched in April 2020 and was designed to be delivered in person. Due to COVID-19, we have instead successfully delivered the program online. Our intention going forward is to deliver the programs in person; however, we are closely monitoring the advice from health authorities and are committed to ensuring the safety of program participants, their families, our volunteers and staff.

We expect to continue to deliver the program online in the short-term. This will require you to work-from-home. Ideally, facilitators will have a Driver's License and vehicle to be able to transport themselves to In Person group locations. In Person Peer Support groups will be delivered across a range of locations in the South West Sydney and Nepean-Blue Mountains areas.

Online groups will be facilitated using web-conferencing software Zoom and Online groups will have between 4 – 8 participants, whilst In Person groups will have between 8 – 15 participants.

The Specifics

Facilitation of programs

- Deliver structured In-Person and Online Peer Support groups for Young Carers
- Provide instructions and guidance to volunteer facilitators who will co-facilitate with you
- Create an environment where Young Carers feel comfortable to share and reflect on their experiences
- Encourage and support Young Carers to seek other supports where appropriate
- Engage positively with key external and internal stakeholders

Logistics

- In-Person Peer Support groups: Responsible for the storage and transport of session resources and materials; setting up and pack-down of venues in line with session plans; complying with all venue requirements and COVID-19 Safe practices
- Online Peer Support groups: establish a private and quiet remote environment to facilitate groups virtually.
- Advise Little Dreamers if there are any materials running low for program delivery and coordinate with your State Manager for these to be replaced
- Coordinate with peer support group participants and check-in regarding their attendance

Program Administration

- Complete group attendance checklist at the completion of each session and submit to State Manager
- Distribute and collect group participant surveys to assist with regular reviews of the In-Person and Online Peer Support sessions
- Complete facilitator surveys and reporting as required
- Support State Manager to manage Peer Support Program database, including assisting with data collection tasks as requested and updating Young Carer information.
- Complete any additional administrative tasks associated with facilitating the Peer Support Program
- Provide support and guidance to the volunteer co-facilitator
- Attend regular supervision with State Manager as required

Promotion and Engagement

- Promote the Peer Support Program and Little Dreamers services in your local area as per discussions with State Manager

Other duties as required by the State Manager.

Key Relationships

Internal Relationships

- State Manager (NSW)
- People and Culture Manager
- National Carer Gateway Manager

External

- Young Carers
- Families
- Local community groups
- Carer Gateway consortium partners

Person Specifications

The person suited to this role must have:

Skills and abilities

- Effective communication in delivering programs in specific regional and community settings
- Ability to foster and maintain a positive and optimistic outlook, sharing any relevant lived experience where appropriate to develop trust and rapport
- Ability to articulate and share strategies for self-care, safety and wellbeing
- High levels of awareness and empathy, allowing for effective work with groups of vulnerable young people
- Reliable and organized
- Goal focused with a keen desire to improve the quality of life for Young Carers

We'll be stoked if you also have experience in:

- Public speaking and/or facilitation of workshops for young people
- Personal insight into the impact of stigma and the subsequent effect this has for individuals, families and the broader community

Knowledge

- Understanding of how the unique capacities of a peer educator contributes to the objectives of the In-Person Peer Support Program
- An understanding of the Carer and Young Carer space
- Understanding of the community sector

Personal attributes

- Humble, hungry and kind
- A strong commitment and enthusiasm towards the purpose and mission of Little Dreamers
- Energetic, positive and proactive attitude
- Action-oriented and driven to achieve results
- Innovative, creative and act with initiative and flair
- Flexible and highly responsive
- Dependability and accountability

A national police check and valid Working with Children Check is required for this position.

BENEFITS

When you join the Little Dreamers Team, you join a community of people committed to making a difference. We come together with shared values, passion and a collaborative culture. We are a rapidly growing organisation with access to lots of development opportunities. We operate within a leadership structure that accepts and embraces everyone's ideas and hard work to create the world that we want to see for Young Carers.

CLASSIFICATION

This is a casual position. This position is classified as a Social and Community Services employee under the Social, Community, Home Care and Disability Services Industry Award 2010 (MA000100).

Please note: It is an offence under the Child Protection (Prohibited Employment) Act 2005 for a person convicted of a serious sex offence to apply for this position. Any offer of employment at Little Dreamers is subject to a Working with Children Check and Police Check.

APPLICATION PROCESS

Please email your application to [**careers@littledreamers.org.au**](mailto:careers@littledreamers.org.au) and include the following:

- CV with a cover letter
- Two referees.
- A short 60 second – 2-minute video sharing with us who you are and what you would bring to this role (filmed on your phone or computer is fine).
- If you have any questions about the role, please email [**careers@littledreamers.org.au**](mailto:careers@littledreamers.org.au).
- Applications will only be considered if they include all required components.

Shortlisted applicants will then be contacted for an interview. Applicants who are not selected for an interview will be notified by email.