

## Position Description

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<b>Position Title</b>	Psychological Therapeutic Services (PTS) Practitioner
<b>Type of Employment/EFT</b>	0.4 FTE – 15.2 hours per week
<b>Program Area/Service Unit</b>	Counselling Team - Loddon
<b>Award/Agreement/ Classification</b>	Community Health Centre (Stand Alone Services) Social & Community Service Employees Multi Enterprise Agreement 2017 – Social & Community Services Employee Level 5 (or relevant Agreement Commensurate with Qualifications)
<b>Reports To</b>	Team Leader Counselling (Loddon) & Youth Lead
<b>Location</b>	Kyneton

### *Sunbury and Cobaw Community Health*

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Sunbury and Cobaw Community Health (SCCH) operates with a multidisciplinary team structure and employees are required to incorporate activities relating to health promotion, community consultation, early identification and intervention and individual and community capacity building within their role. Employees are expected to participate as a member of SCCH team and provide services within a social model of health that recognises the effect of social, economic, cultural and political factors and conditions on health and wellbeing.

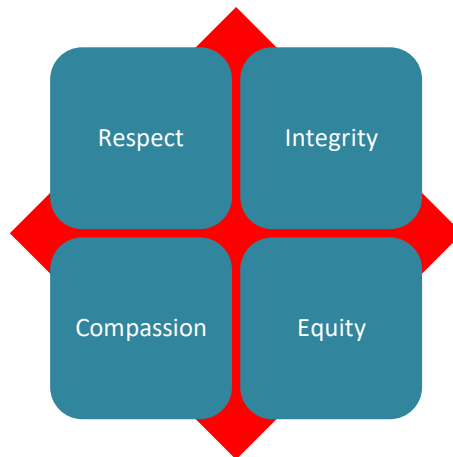
Sunbury and Cobaw Community Health are committed to improving the health of our community and being accessible to all, including people from culturally and linguistically diverse (CALD) communities, those from Aboriginal and Torres Strait Islander background, people with a disability, Lesbian Gay Bisexual Transgender Intersex and Queer (LGBTIQ) people and other socially vulnerable groups and supporting their communities across the lifespan from birth to older age. Sunbury and Cobaw Community Health is an Equal Opportunity employer.

Sunbury and Cobaw Community Health is also the official employer of staff working for a number of other organisations, including the Hume-Whittlesea Primary Care Partnership (PCP) and the Sunbury Aboriginal Corporation.

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## *Our Values*

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### **It takes a village.....to belong and grow**

Our community is stronger when everyone finds belonging. We believe there is strength and wisdom in diversity. We believe that everyone has unique abilities and something to contribute. We believe that learning and growth continues over a lifetime. Every day we strive to work with and support people at all stages of their life, to improve and expand their potential. We will be in the community, supporting community to create opportunities for all to learn, grow and belong.

### **Passionately engaged.....with our community and each other**

We are passionately engaged with people to support each other and build community. We are enthusiastic about what others can achieve. We genuinely care. We encourage and inspire each other. We celebrate together.

### **We do the right thing .....not just the easy thing**

We are serious about our moral and social responsibility to do the right thing. We are transparent and honest. We take responsibility for our actions. We strive to get it right, even when the right way isn't clear. We don't take short-cuts. We consider and plan our actions.

### **We make things happen ..... we get things done**

We seek out opportunities. We ask 'why?' and 'why not'? We innovate. We learn from our successes and mistakes. We work 'hands-on' and get things done. We pitch in and go the extra mile.

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### *The Program Unit/Team*

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This position sits within the Counselling Team at Sunbury and Cobaw Community Health (SCCH). Funded through the Murray Primary Health Network, the Psychological Therapy Service (PTS) provides support for consumers experiencing diagnosable mild, moderate and in some cases, severe mental illness who would benefit from access to evidence-based psychological interventions. The position works as part of a team of mental health and counselling practitioners, with collaboration a key quality of the team culture.

### *The Position*

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The PTS program, and this position, has the following aims:

- To produce better outcomes for individuals with diagnosable mild, moderate and in some cases severe mental illness, by providing short-term psychological interventions in a primary care setting
- Targeted services for those individuals who are not likely to be able to have their needs met through Medicare-subsidised or other mental health services
- Complement other fee-for-service programs and address service gaps involving rural, remote and other underserved geographical areas and populations, offering referral pathway options for GPs to support them in accessing primary mental health care options
- Promote an integrated, multi-discipline intervention approach based on the stepped care approach.

As the PTS Practitioner, you will be responsible for providing focused psychological strategies to individuals with common mental health disorders through evidence-based, short-term psychological interventions within a primary care setting.

The role will promote a team approach with other primary health care practitioners involved in the support of the client's care with the view of providing a "wrap around" case referral service for clients in the PTS stream. It is anticipated that this role will work closely with the Mental Health Nurse Client Care Coordination (CCC) practitioner as well as the referring General Practitioners and Clinic Practice Nurses.

### **Service Delivery Duties**

- Managing a case load of clients with a variety of mental health concerns through goal focused, evidence-based, short-term psychological interventions within a primary care setting
- Meeting the relevant Primary Health Network and the organisational targets and reporting requirements
- Work constructively and collaboratively as a member of the Community Wellbeing team, including attending team meetings, clinical supervision and mandatory training

- Offer referral pathways to clients and their treating health practitioners to support the management of common mental health disorders with the view of offering when needed a wrap-around service
- Operate within a client-centered framework
- Maintain the accuracy of relevant electronic client files and data reporting as required by relevant legislative, regulatory and funding bodies

### Program Planning and Direction

- Participate in processes to develop programs that will meet the needs of the community
- Prepare plans for activities and programs including identification of aims, objectives, strategies and processes for evaluation review
- Monitor the delivery of services to ensure program goals and targets are achieved with available resources
- Actively engage in supervision practices and training.

The scope of practice is:

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|-----------------------------------|--|
| <b>1. Target Population:</b>      | Individuals living in rural and remote areas and/or experiencing locational disadvantage to accessing services with a diagnosable mental health disorder |
| <b>2. Service Delivery Model:</b> | One to one, including centre based and telehealth  |
| <b>3. Service Location:</b>       | Centre based – Kyneton, Woodend  |

### The Person

Clinicians providing PTS services must have currency of professional registration, a minimum of two years' experience in mental health and the required qualifications and training for the relevant specialist program in which they are providing services. Clinicians providing PTS can include the following disciplines: mental health social worker; mental health occupational therapist; Aboriginal and Torres Strait Islander health workers ; psychologist; mental health nurse.

### Key Selection Criteria

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Applications must include written responses to the following:

- Verification of being a registered or probationary mental health practitioner with relevant professional body accreditation (e.g. AHPRA, Australian College of Mental Health Nurses, Australian Association of Social Workers, Australian Psychological Society) and the ability to meet the requirements to register as a PTS provider with the Primary Health Networks
- Demonstrated, recent experience providing goal-focused, evidence-based psychological treatment services for common mental health disorders
- Demonstrated experience working in the area of trauma, including an understanding of the impact of trauma on individuals and communities
- Demonstrated understanding of psycho-social issues underpinning mental health, family violence and drug and alcohol misuse

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- Ability to work collaboratively within a multi-disciplinary approach with the team and other community organisations
- Demonstrated high level computer literacy and experience maintaining compliant electronic client files.

### ***Other Requirements***

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#### **Quality**

- Assist in the development and implementation of the organisation's quality improvement strategies
- Work to quality standards and ensure practice is monitored and evaluated in terms of relevance, timelines, cost effectiveness and client satisfaction
- Participate in the development and review of SCCH policies and procedures.

#### **Occupational Health & Safety and Risk Management**

All employees have a responsibility to occupational health and safety at SCCH. Employees are required to carry out their duties in a manner that does not adversely affect their own health and safety and that of others by reporting all incidents and injuries as well as co-operating with any measures introduced in the workplace to improve OH&S.

#### **General**

- It is the responsibility of all employees to work within SCCH's Code of Conduct and represent SCCH as a professional and client-focused organisation and to promote its range of services
- Comply with SCCH's Deed of Delegation
- Comply with and contribute to SCCH's Policies, Procedures and Work Instructions
- Carry out all other duties as directed consistent with SCCH's Strategic Direction
- Attend employee meetings, relevant network meetings, program planning and professional development sessions.
- Engage in ongoing professional development and quality improvement activities
- Participate and actively engage in regular Supervision
- Other duties as required to achieve position specific or organisational objectives
- Be conversant with computer systems and other technology relevant to the position

### ***Additional information***

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- Sunbury and Cobaw Community Health (SCCH) is an Equal Opportunity Employer.
- SCCH is an organisation that values diversity. All employees are required to have an awareness of inclusive practice principles as they relate to the following vulnerable community groups: lesbian, gay, bisexual, transgender and intersex, Aboriginal and Torres Strait Islander, people with a disability, culturally and linguistically diverse and people experiencing poverty.
- The successful incumbent will be required to undertake and maintain a National Criminal History Check (NCHC), a NDIS Safety Screening check, and hold a current valid Working With Children Check

(WWCC). Appointment and ongoing employment is subject to the outcomes of these checks and the provision of a recruitment screening Statutory Declaration (for new employees).

- SCCH is committed to promoting and protecting the interests and safety of children. SCCH has **zero** tolerance of child abuse. All employees working at SCCH are responsible for the care and protection of children and reporting information about child abuse.
- SCCH reserves the right to vary the location of the position according to its needs and the needs of its clients and any future changes to SCCH's area of operation.
- Salary sacrifice arrangements are available to all permanent employees subject SCCH's ongoing Fringe Benefits Tax exempt status.
- The position requires a current Victorian Driver's licence.

### ***Acknowledgement***

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I hereby accept and agree to the duties in the Position Description. I understand that this Position Description is to be read in conjunction with my Letter of Appointment and agree to abide by the terms and conditions stipulated therein.

**Name:** *(Please Print)*

**Signature:** *(Incumbent)*

**Date:**