



Supporting our community on all sides

Position	Psychosocial Recovery Coach
Status	Part Time
Hours/Days	45 hours per fortnight / 3 days per week
Location	Bardon, Brisbane
Responsible to	Team Leader, NDIS
Classification	Social, Community, Home Care and Disability Services Industry Award, Community Services Worker, Level 4

Organisational Profile

Communityfy is committed to supporting people across all life stages and experiences to lead active, healthy and socially connected lives. Communityfy's programs empower people to maintain their independence, connect with their community, manage their health and lifestyle and address the challenges that life can present.

We provide programs and services in areas of aged care, children, family & individual support, mental health, disability, housing & homelessness, drug & alcohol recovery and NDIS. Through our Neighbourhood Centres and Community Development programs, we also offer Emergency Relief, Social Inclusion activities, Food Security, Multicultural Support, community gardens and venue hire.

Program Profile

The National Disability Insurance Scheme (NDIS) provides tailored support for people under 65 with disability, their families and carers to fund reasonable and necessary supports that help participants achieve their goals and lead a full life. It also assists people with disability to access mainstream and community services and maintain informal supports.

While people may meet the NDIS access criteria for needs that comprise intellectual, physical, sensory, cognitive and psychosocial disabilities, at Communityfy we specialise in supporting individuals with a primary diagnosis of a psychosocial disability.

Service Profile

To work towards ensuring that the NDIS is meeting the needs of people with psychosocial disability, the NDIA identified priority areas for improvement with respect to psychosocial disability, including:

- Improving the NDIS access process
- Better responses to the episodic nature of psychosocial disability
- The introduction of evidence-based psychosocial disability supports into the NDIS to improve social and economic participation for persons with psychosocial disability.

A key recommendation to achieve these improvements was the introduction of recovery approaches into the NDIS.

Position Objective

Recovery Coaches support people with psychosocial disability to increase their independence, social participation and economic participation. Participants are supported to take more control of their lives and to better manage the complex challenges of daily living.



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Through recovery-enabling relationships and skilled coaching, Recovery Coaches will support participants to build capacity, including strengths and resilience. Recovery Coaches will work collaboratively with people, their families, carers, and other services to design, plan, implement and review a recovery plan.

Selection Criteria

- Lived or learned experience of mental health
- Demonstrated experience with understanding the episodic nature of mental illness and collaborating with relevant services to plan and maintain engagement
- Demonstrated ability to maintain clear, concise and comprehensive documentation, create recovery plans, reports and reviews
- Demonstrated knowledge of mental health recovery and trauma informed practice
- Ability to maintain confidentiality, manage conflict of interest and apply organisational and government policies and procedures
- Demonstrated knowledge of providing support collaboratively with clients, stakeholders and navigating mental health and other services
- Knowledge of NDIS including how to maintain dignity of choice and informed consent

Qualifications

- Min Cert IV Mental Health or Mental Health Peer work or similar training and/or two years paid experience in supporting people with mental health challenges
- Qld Driver license
- Blue Card
- Yellow Card
- Right to work in Australia
- First Aid and CPR or ability to obtain
- A criminal record check will be undertaken for the successful applicant with ongoing employment dependant on the outcome.

Responsibilities

- Provide disability focused support which is recovery orientated
- Spend time with participants, and the people important to them, to get to know them and understand their psychosocial recovery needs
- Work collaboratively to design, plan and implement a recovery plan and assist with the coordination supports
- Coach participants by emphasising people's strengths, resilience and skills
- Support participants to find out about different services and supports, and how these can help
- Enable participants better understand the NDIS
- Apply your knowledge and understanding of psychosocial disability and recovery, including trauma-informed practice, supported decision making, and family inclusive practice, to support NDIS participants to build their capacity
- Use your experience in accessing and coordinating community resources and other service systems to assist participants to navigate and maintain a support network
- Collaborate and problem solve with relevant services to maintain engagement amongst the challenges associated with the episodic nature of mental illness



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- Identify supports to suit individual needs within the parameters of the participant's funding plan and assist participants to coordinate, educate and take control over a range of their supports
- Actively participate in all necessary training and development opportunities
- Support the NDIS review process

Workplace Health and Safety

Take Responsibility for the Safety and Wellbeing of Self, Colleagues, Students, Volunteers, Clients, Visitors and Contractors

- Comply with all applicable legislation, policies and procedures, and guidelines related to governance, human resources, occupational health and safety privacy and ethical standards
- Contribute to the achievement of a safe and healthy environment by carrying out the responsibilities outlined in the Communityfy Qld Health & Safety policies manual

Diversity and Inclusion

Communityfy pays its respects to the traditional custodians across the lands in which we work, and we acknowledge the elders past, present and emerging.

Communityfy is committed to being an inclusive organisation. We recognise that we work across diverse communities and welcome and encourage participants from all backgrounds and experiences. We strive to embrace the diversity of people from all ages and genders, Aboriginal and Torres Strait Islander peoples, culturally and linguistically diverse groups, the LGBTIQ+ community, people seeking asylum, refugees and people living with a disability.

