



POSITION DESCRIPTION

ACCESS TEAM CLINICIAN

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| Location: | headspace Craigieburn |
| Division: | Clinical Services |
| Classification: | Health Professionals and Support Services Award 2010, Health Professional Employee, Level 1-2 |
| Employment Type: | Part-time (0.6 FTE) fixed term position until 30 June 2021 |
| Position reports to: | Clinical Services Manager |

1. POSITION SUMMARY

Working within a multi-disciplinary team, the Access Team Clinician holds a pivotal role within the headspace centre. The Access Team Clinician will contribute to developing and providing high quality, early intervention intake/assessment services to young people, their families/carers and community professional/agencies. The Access Team Clinician will have a direct role in the engagement, assessment and coordination of care for young people accessing headspace services, and will assist in the referral of young people to appropriate programs (including research interventions) either within the headspace centre or other community agencies. In addition, the position will participate in community awareness raising activities that promote early help-seeking for mental health and substance use problems in young people.

Subject to direction, while working with some autonomy, this position will be supported by regular staff meetings, supervision (individual and group) and availability of a senior staff member at all times.

2. POSITION CONTEXT

headspace is a world-first youth mental health initiative that supports young people who are going through a tough time; whether it's depression, anxiety, relationship break-ups or alcohol and other drug issues. The youth-friendly services at headspace are aimed at teenagers and young adults in recognition of the fact that 75 percent of mental disorders emerge before the age of 25 years.

Orygen operates five headspace centres and associated services in Craigieburn, Glenroy, Melton, Sunshine and Werribee with funding from the North Western Primary Health Network and support from headspace: the National Youth Mental Health Foundation. These headspace centres aim to improve access to services and continuity of care for young people across four core streams of service: mental health; alcohol and other drugs; primary care; and social recovery/vocational services.

3. ABOUT ORYGEN

VISION: Young people to enjoy optimal mental health as they grow into adulthood.

MISSION: Reduce the impact of mental ill-health on young people, their families and society.

Orygen is the world's leading research and knowledge translation organisation focusing on mental ill-health in young people. Working side-by-side with young people, our partners and one another, we're redefining what's possible in global research, policy, education and clinical care. Find out more on our [website](#).

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services. Find out more on the headspace [website](#).

4. KEY RESPONSIBILITIES/OUTCOMES

The Access Team Clinician will:

- Work under the direction of the Clinical Services Manager to provide comprehensive youth-friendly mental health services.
- Provide a comprehensive intake service to young people, community members and professionals seeking services.
- Conduct initial assessments with young people and their families/carers, using the agreed headspace psycho-social assessment tool, to determine client suitability for ongoing headspace services.
- Deliver evidence-based brief interventions, including group interventions, with young people and their families/carers.
- Maintain accurate and timely electronic medical records.
- Participate in regular clinical case review meetings and multi-disciplinary team meetings to ensure appropriate, consistent and coordinated service pathways and service delivery response for young people and their families/carers.
- Participate in and promote research and evaluation projects conducted at the headspace centre.
- Regularly attend relevant community youth network meetings to build and maintain collaborative working relationships with health and welfare agencies and the general community.
- Participate in the development and delivery of school- and community-based mental health awareness/promotion activities as appropriate.
- Portfolio management of specific community engagement/awareness and/or service development activity in line with your personal interest.
- Support youth and family/carer participation at the centre.
- The role may incorporate other headspace related activities and responsibilities as directed by the Clinical Services Manager or Senior Access Team Clinician.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

5.1 Essential

- Approved tertiary qualifications in a relevant discipline. (Psychology, Social Work, Occupational Therapy, Nursing).
- Provisional or full registration with AHPRA or AASW.
- Passion, energy and determination to make a difference to health outcomes for young people.
- Experience in the provision of mental health care, including completion of mental health assessments; risk assessment and crisis intervention/safety planning; psychoeducation and short-term/brief interventions to young people experiencing mental health and/or substance use problems.
- Demonstrated experience and ability to determine and plan for a young person's recovery and support needs, employing a shared-decision making approach.

- Demonstrated sound ability to make decisions, problem solve, and risk manage, in relation to conducting intake and assessments and determining a young people's suitability for ongoing treatment/support services at the centre.
- Excellent written and verbal communication skills, and ability to liaise and build relationships with internal and external stakeholders.
- Demonstrated ability to work effectively in a multi-disciplinary team.
- Commitment to supporting clinical research within the service.

5.2 Desirable

- Experience in the provision of community awareness/development activities.
- Experience in the planning, provision and evaluation of group-based interventions for young people and their families/carers.
- Competence regarding information technology, software packages and willingness to be trained and implement data collection and clinical record software.

6. PROFESSIONAL AND ORGANISATIONAL KNOWLEDGE

The Access Team Clinician will be expected to have:

- Strong working knowledge of the common mental health issues faced by young people, evidence-based treatments for high prevalence disorders (such as CBT for mood and anxiety disorders) and the literature underpinning such approaches.
- Knowledge of substance use and other health and social problems faced by young people and the indicated evidence-based treatment/support options for these.
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.
- A breadth of understanding of the different types of organisations involved in mental health and drug and alcohol service delivery to young people.
- Have knowledge of and work within the headspace framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.
- Excellent computer skills with a demonstrated ability in word processing, PowerPoint and databases as required.

7. SPECIAL REQUIREMENTS

- A current Victorian driver's licence.
- Occupational Health and Safety (OH&S) and Environmental Health and Safety (EH&S) responsibilities as outlined in Orygen's Occupational Health and Safety policy.
- All Orygen employees are required to familiarise themselves with the organisation's policies and procedures and to adhere to them at all times.
- A current full unrestricted work permit / visa for Australia.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.