



POSITION DESCRIPTION

STUDY CLINICIAN – INTEGRATE TRIAL

Location:	Headspace Werribee and Glenroy
Division:	Research and Translation
Classification	Health Professionals and Support Services Award 2010, Health Professional Employee, Level 1-2
Employment Type:	Part-time to Full-time (0.4 – 1.0 FTE) Fixed Term position available for 12 months
Position reports to:	Study Lead, Senior Research Fellow – Addiction and Youth Mental Health

1. POSITION SUMMARY

The purpose of this role is to provide psychological therapy to participants of the INTEGRATE study. This is a randomised-controlled trial investigating whether a novel integrated psychological treatment approach (INTEGRATE), can reduce current substance use relative to treatment as usual in young people presenting for mental health care who have current substance use but are not (yet) amenable to AOD-specific treatment. It is funded by Gandel philanthropy and The Marian & E. H. Flack Trust. The study aims to recruit 400 young people, 200 of whom will receive the INTEGRATE treatment. The current position is for the delivery of the active intervention for the study. Control participants will receive Treatment as Usual (TAU) via Allied Health Providers under the Medicare Better Access program.

The Study Clinician is responsible for delivery of a manualised intervention comprising up to 10 individual sessions, which includes components of existing evidence-based treatments (e.g. Cognitive Behavioural Therapy) as well as novel components. Treatment modules are targeted at psychological vulnerabilities that are known to increase risk for Substance Use Disorders as well as risk more generally for psychopathology. This role will involve data collection and data entry for the INTEGRATE study. The incumbent will also be expected to interact closely with members of the INTEGRATE research staff from Orygen.

Subject to supervision and direction, while working autonomously with individual sessions, will carry a caseload of clients, participate in clinical review meetings, advocate for research, and attend study meetings. The Study Clinician will receive support from headspace Clinical Services Managers and will be supported by regular staff meetings and supervision (both operationally and clinically) and availability of a senior staff member at all times.

2. POSITION CONTEXT

The study will be conducted at headspace Werribee and Glenroy, with possible extension to one or more other of Orygen's headspace centres (e.g. Sunshine, Craigieburn). Due to current restrictions arising from COVID-19, the intervention is at present being delivered via telehealth. headspace is the National Youth Mental Health Foundation and provides support to young people aged 12- 25 experiencing mental ill-health through early intervention services. headspace acts as a 'one-stop shop' for young people and provides services focused on mental health, physical and sexual health, vocational support and AOD intervention. headspace Werribee is located in the outer Western region of Melbourne. The service sees approximately 1000 young people each year, who have a range of presenting concerns including depression, anxiety and alcohol and other drug issues.

Orygen holds the contract for headspace Werribee and Glenroy. As such, there is a great deal of collaborative work between the two organisations, including a number of research studies that have previously been conducted at the centres. headspace Werribee and Glenroy are experienced research sites with staff who are trained in Good Clinical Practice (GCP) guidelines and are supportive of research operating from the centres in order to provide evidence for new and effective therapeutic interventions for the care of young people.

3. ABOUT ORYGEN

VISION: Young people to enjoy optimal mental health as they grow into adulthood.

MISSION: Reduce the impact of mental ill-health on young people, their families and society.

Orygen is the world's leading research and knowledge translation organisation focusing on mental ill-health in young people. Working side-by-side with young people, our partners and one another, we're redefining what's possible in global research, policy, education and clinical care. Find out more on our [website](#).

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services. Find our more on the headspace [website](#).

4. KEY RESPONSIBILITIES/OUTCOMES

The Study Clinician will:

- Provide integrated and early intervention-oriented psychological treatment for study participants in accordance with study manuals and protocol.
- Manage and undertake mental health and risk assessment, psychological treatment, and crisis intervention as necessary for study participants, and maintain accurate records of clients' progress in client files.
- Attend clinical review meetings as required.
- Promote the research program, communicate regularly with, build and maintain collaborative working relationships with internal and external stakeholders.
- Contribute to a culture of caring, teamwork, continuous improvement, constructive performance review, quality work standards and client service.
- Collect accurate data and complete outcome and fidelity measures for the purposes of the INTEGRATE Trial in a timely manner. Complete data entry as required.
- Adhere to Good Clinical Practice for Research Guidelines.
- Participate in broader research team meetings.
- Work as part of the project team involving multidisciplinary clinical and research staff. Work closely and collaboratively with clinical staff and strive towards integration of both teams.
- Work to carefully maintain the integrity of the research study by maintaining the blinding of research staff and ensuring that INTEGRATE treatment approaches do not influence the clinical practice of the TAU practitioners.
- May be required to perform other duties as reasonably directed by the Study Lead.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

5.1 Essential

- Approved tertiary qualifications in a relevant discipline. (Psychology, Social Work, Occupational Therapy, Nursing) and current registration with AHPRA/AASW; or equivalent experience and qualifications.
- A youth-friendly, optimistic and professional approach to work and a passion and commitment to achieving positive change in Youth Mental Health.
- Skill and experience in youth mental health clinical practice, including assessment, case formulation, and intervention across a range of diagnostic categories including substance-related problems.
- Clinical experience in providing cognitive-behavioural therapy

- Capacity to maintain a case-load of young people in the treatment process.
- Ability to deliver counselling and clinical work, whilst being able to maintain close fidelity to a manualised treatment approach.
- Ability to work collaboratively, flexibly and effectively with young people and their families.
- Organisational, administrative, and time management skills.
- Well-developed interpersonal and communication skills (both verbal and written).
- Demonstrated capacity to problem solve effectively and work creatively with young people, particularly within an early intervention framework.
- Proven skills in decision-making, problem-solving and risk management with ability to manage clinical risk appropriately and seek advice from clinical supervisor when required.
- Ability to work independently and effectively within a multidisciplinary team.
- Commitment to the development of integrated clinical research within the service as an integral member of the INTEGRATE team.
- Ability to document care as required and meet expectations for data collection e.g. study intervention fidelity measures.
- Knowledge of the rationale, current evidence base and treatments for early intervention in youth mental health.

5.2 Desirable

- Familiarity and experience with research projects related to youth mental health, including knowledge of current research, standards and evidence based practice relevant to early intervention.
- Understanding of Acts and legislation relevant to working with young people in a mental health setting.
- An understanding of Good Clinical Practice for Research.

6. PROFESSIONAL AND ORGANISATIONAL KNOWLEDGE

The Study Clinician will be expected to have:

- Knowledge and support of the framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.
- Knowledge of the common mental health, substance use and social problems faced by young people and the indicated evidence-based treatment/support options for these.
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.
- An understanding of the different types of organisations involved in mental health and drug and alcohol service delivery to young people.
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.
- Excellent computer skills with a demonstrated ability in word processing and databases as required.

7. SPECIAL REQUIREMENTS

- A current Victorian driver's licence.
- Occupational Health and Safety (OH&S) and Environmental Health and Safety (EH&S) responsibilities as outlined in Orygen's Occupational Health and Safety policy.
- All Orygen employees are required to familiarise themselves with the organisation's policies and procedures and to adhere to them at all times.
- Unrestricted right to live and work in Australia.
- A current National Police Check and current valid Working with Children Check is required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.
- Willingness to deliver interventions either in person (with travel between sites) or via telehealth as required.
- This role will initially commence work remotely from home. The successful incumbent must have confidential home office space and reliable internet connection. (In response and subject to COVID-19 pandemic responsive change to working space).