

Position description

Clinician Mental Health– LTW Psychological Group therapeutic services

Section A: position details

Position title:	Clinician Mental Health - Links to Wellbeing
Employment Status:	Full Time (number of positions available)
Classification and Salary:	Health Professional Support Services Award 2010 (Above Award Salary)
Location:	Links to Wellbeing – Morphett Vale
Hours:	6 Day Rotating Roster; Hours negotiable
Contract details:	Maximum term contract until 30 June 2021; (position may be extended, subject to further funding)

- Consortium context

The Links to Wellbeing (LTWB) consortium is a group of mental health and community service providers, consisting of:

- Neami National
- Mind Australia
- Skylight
- Uniting Care Wesley Bowden (UCWB)

The organisations have built upon existing strong partnerships in the primary health and community service sectors.

The Adelaide Primary Health Network have commissioned the Links to Wellbeing consortium to provide Primary Mental Health Services that will provide clinical support and psychological services across the stepped care continuum.

Interventions range from low intensity, for those with mild presentations, psychological therapies for people with mild to moderate conditions through to clinical care coordination for people with chronic and complex mental health conditions. Suicide Prevention Services for people suitable for primary mental health care management are also available.

- Position overview

The Clinician Mental Health will work as part of a multidisciplinary mental health team to provide and facilitate the delivery of psychological group therapy sessions for adults experiencing severe mental illness in the primary care setting. Psychological Group therapeutic services are focused therapeutic interventions of varying duration suitable for low prevalent conditions such as psychotic disorders and personality disorders.

The Clinician Mental Health will be responsible for:

- Group program development and implementation
- Facilitating group therapy including but not limited to Lite DBT, Schema and Mindfulness strategies for clients experiencing Borderline Personality Disorder, as well as depression, anxiety and a range of other comorbidities.
- Developing treatment goals and plans in conjunction with patients
- Providing clinical therapeutic services (individual and group) to clients across a range of teams (adult, people at risk of suicide or self-harm) within the Central and Southern Metropolitan Adelaide
- Planning and implementing assessment and treatment services
- Liaison and consultation with other professional employees

- Period of employment

Maximum term contracts available until 30 June 2021 (position may be extended subject to further funding); subject to a 6-month probationary period.

- Accountability

The Clinician Mental Health is accountable to a Mental Health Clinical Lead employed by Neami National as the lead agency.

- Conditions of employment

The terms and conditions of employment will be in accordance with the Health Professionals and Support Services Award 2010.

A number of benefits are available to staff, including generous salary packaging with rewarding NFP fringe benefit tax exemptions.

- Criminal record checks are mandatory for all new appointments. Neami will cover the cost of an Australian check. Where a new employee has lived outside of Australia for 12 months or more within the last 10 years, the cost of an International check will be borne by the applicant (~\$142.00).
- Working with Children check and Vulnerable Person check required before commencement of work (employee responsibility).
- You must maintain a right to work in Australia, in the position and location of employment during your employment with Neami. You must comply with all terms of any such grant of a right to work in Australia.
- At all times maintain annual registration requirements with appropriate registration authority (AASW, AHPRA) including registration standards and continuing professional development (CPD).

- **Qualifications**
 - Qualified in one of the following disciplines and membership to associated professional body; Psychology, Social Work, Occupational Therapy, or Mental Health Nursing
 - Current and full registration with the appropriate registration authority (AASW, AHPRA)
 - Social Workers – Registered member of the AASW and have AASW accreditation.

Section B: application procedure

To discuss the position, please contact:

Name, Title and Phone Number:	Mary-Jane Honner, Regional Manager – Primary Mental Health Program (08) 8326 3591 or M: 0429 269 100
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Applications should include a current resume and a Cover Letter explaining your interest in the position and your reasons for wanting to work at Neami National. You do NOT need to provide a written response to the selection criteria.

To apply, please sent your application through <https://neami-national.workable.com/>

- Include three current referees.
- Ensure the files are in Word (.doc) or Adobe Reader (.pdf) format.

Closing date for applications: 7th June 2020

Section C: key responsibilities

Clinical Services

- Clinical Group Therapy
 - Participates in the identification and development of a therapeutic group program as per operational guidelines
 - Establish methods of data capture and develop marketing strategy, selection criteria and internal referral procedures
 - Develop/source program content and materials, and implement group therapy sessions
 - Evaluate group program and conduct data analysis and report
- Provide clinical mental health services including:
 - Assess and screen referrals using appropriate tools, policies and procedures
 - Provide information about mental health and available services
 - Triage and assessment of mental health referrals
 - Work collaboratively with clients and their families to identify their mental health (and where appropriate, general health) needs
 - Coordinate client therapeutic interventions by formulating client plans in collaboration with the client, family/carers, staff and external workers and agencies, including making internal and external referrals as needed
 - Determine client goals and strategies to be implemented through therapy and review as required
 - Support the continuity and client care and information flow between clients, staff GPs and external workers and other agencies
 - Participate in psychiatric assessment and clients where appropriate
 - Provide individual and group clinical interventions as required
 - Close client files using appropriate tools, policy and procedures
- Other Clinical Responsibilities
- Participate in additional clinical responsibilities including, Clinical Supervision, Triage and Suicide Prevention Service, as determined by need and in consultation with the Senior Mental Health Clinician
- Be willing and able to provide cover for crisis and unsolicited calls or walk-ins as directed by the Clinical Lead or in their absence
- Provide leadership, secondary consultation, case review and support to other staff including clinicians, interns and youth workers as required
- Provide leadership in individual and group supervision, and attendance at team meetings and external meetings
- Liaison and Networking
- Foster and maintain relationships with external stakeholders to ensure good communication flow and clear referral pathways
- Participate in community engagement activities as directed and promote the mental health and wellbeing of the community

- Records Management
- Comply with electronic case file system and any other relevant organisational processes and procedures
- Document presentations and attendance at events
- Continuous Improvement
- Participate in the Links to Wellbeing Consortium commitment to continuous quality improvement by attending team and clinical staff meeting
- Attend training and improve professional skills relative to individual need and attend organisational staff training and development as required
- Clinical Support
- Attendance at Clinical Case Reviews
- Partake in individual clinical supervision
- Clinical supervision of a colleague as required and appropriate
- Provide appropriate internal training as relevant

Section D: key competencies

- Creating diverse staff teams

The values, skills, attributes and commitment of our staff are key to our success and reputation as a national mental health service that provides high quality support services to people living with a mental illness.

We are strongly committed to further developing and diversifying our work force as part of our strategic directions.

We celebrate multidisciplinary teams and value the rich skills and experiences brought by applicants from a range of sectors and professional backgrounds.

Further depth is brought by those from diverse cultural backgrounds, Aboriginal staff, and those with lived experiences of mental illness and recovery, all of whom are strongly encouraged to apply for any roles that match their skills and interest.

The following competency criteria will inform our selection decision:

- Skills and Abilities
 - Proven ability to design and implement psychological interventions for group therapy
 - Proven ability to administer and interpret appropriate psychometric tests and outcome measurements
 - Proven ability to apply evidenced based psychological interventions including understanding of current theoretical concepts within mental health sciences and their application to mental health issues and problems
 - Proven high level of communication skills including the ability to communicate effectively, both orally and in writing with clients, internal and external agencies and community members
 - Ability to work as a member of a multidisciplinary team
 - Ability to perform multiple tasks and meet deadlines
 - Ability to work independently with minimal supervision
 - A positive customer service attitude
 - Able to apply organisational policies and procedures
 - Ability to model appropriate, positive and professional behaviour when representing the organisation
- Experience
 - A minimum 2 years supervised experience in the area of mental health
 - A minimum 2 years relevant professional development and or supervision
 - Proven experience facilitating Psychological Group therapeutic services, for people experiencing low prevalent conditions such as psychotic disorders and personality disorders.
- Knowledge
 - Knowledge of Occupational Health, Safety and Welfare Act, policies and practices
 - Knowledge of Equal Opportunities Legislation, policies and practices
 - Knowledge of Professional Codes of Conduct and Ethics: aware of and practicing within relevant Federal and State Legislation and the relevant Professional Code of Practice, Conduct and Ethics