

Position Summary

Family Therapist, Intensive Outpatient Program

The Family Therapist, Intensive Outpatient Program (IOP), will work as a member of a multi-disciplinary team to implement and deliver the intensive outpatient treatment service to individuals experiencing complex and problematic alcohol and other drugs use.

The IOP is an integrated program. The family therapist will provide a range of treatment interventions including Cognitive Behavioural Therapy (CBT), Motivational Interviewing (MI), and psychoeducation via group facilitation treatment modalities.

This role requires adherence to the structural and clinical fidelity of the treatment model via: utilisation of the manualised treatment materials; consistent scheduling and facilitation of all group sessions; ensuring client retention through active follow-up.

Key Responsibilities

The family therapist is part of the Intensive Outpatient Treatment team and will be assigned as the family therapist for a caseload of clients. The focus of this role will be to:

- **Facilitate family education groups with all clients on caseload**
- **Make outgoing referrals for clients in consultation with the primary therapist**
- **Actively engage with clients and family members to build cohesive relationships and ensure family participation**
- **Facilitate social support groups during intensive treatment and supervision of social support groups during continuing care**
- **Conduct active follow-up with clients who do not attend treatment to ensure ongoing program engagement**
- **Provide treatment that is welcoming, empathic and optimistic and ensure, where possible, the reduction of stigma and shame for people and their families experiencing complex alcohol and other drug use.**
- **Mentor the development of the support coordinator and primary therapist (if required).**
- **Participate in weekly clinical supervision with the key supervisor**
- **Work collaboratively with the broader multidisciplinary team to ensure the efficient, effective and responsive operation of the IOP service to ensure program fidelity**
- **Identify and up-skill peer mentors completing the IOP program**

Essential Requirements

Qualifications

- **Relevant health and/or welfare tertiary qualification such as Social Work, Psychology, Nursing or Allied Health Sciences**
- **Certificate IV in AOD or have completed the required competencies**

Skills and Experience

- **Minimum of 5 years' experience in the delivery of clinical interventions (CBT, Motivational Interviewing, Motivational Enhancement Therapy, etc) with people and families experiencing complex alcohol and other drugs use**
- **Demonstrated expertise in family systems**
- **Demonstrated expertise in group facilitation**
- **Demonstrated advanced knowledge of the physiology of addiction**
- **Proven ability to effectively work with people and families experiencing problematic alcohol and other drugs use in a respectful, compassionate and positive manner**

Terms:

This position is offered as a part time contract role (7 months*) EFT

0.5 Competitive Salary Sacrifice options available

***May be extended pending availability of ongoing funding.**

Please note: It is mandatory for the successful applicant to hold a current Working with Children Check and be prepared to undergo a National Criminal History Check prior to commencement

To Apply:

Applications should include the following:

- 1. Cover letter addressing the Key Selection Criteria**
- 2. Up to date CV**
- 3. Details of 2 professional referees**

Applications should be emailed to:

TO: Gayle@firststep.org.au

REF: RSL/Family Therapist

By: ASAP

Note: First Step is an independent not-for-profit organisation that provides a safe and nurturing work environment for people of all backgrounds, genders, religions, sexualities, ethnicities or any other factor.

ENDS