



POSITION DESCRIPTION

ENHANCED CARE CLINICIAN

Location:	headspace Craigieburn
Division:	Clinical Programs
Classification:	Health Professionals and Support Services Award 2010 Health Professional Employee Level 2
Employment Type:	Full-time fixed-term position available until 30 June 2021
Position reports to:	Manager, Youth Enhanced Services

1. POSITION SUMMARY

The Enhanced Care Clinician will work across all aspects of headspace sites providing brief episodic support to young people struggling to engage with the health system. The Clinician works both within the local headspace clinical team and across the region interfacing with other enhanced care Clinicians as needed to provide seamless service transitions.

The key component of this role is the provision of flexible evidence based support resulting in increased capacity to engage and support young people with complex needs in an enhanced primary care setting. This role will also respond to the needs of young people with a range of mental health and situational issues and will provide a range of therapeutic interventions and care coordination to enable engagement in the appropriate place for their ongoing care needs. These may include but are not limited to assessment, care planning, referral, advice and consultation services to young people, their families/carers and community professionals/agencies.

Subject to direction, while working with a degree of autonomy, this position will be supported by regular staff meetings (both operationally and clinically). This position will also receive daily supervision from the Enhanced Care Coordinator - Senior Clinician at each site and will report to both the Manager, Youth Enhanced Services and Clinical Director.

2. POSITION CONTEXT

headspace is a world-first youth mental health initiative that supports young people who are going through a tough time; whether it's depression, anxiety, relationship break-ups or alcohol and other drug issues. The youth-friendly services at headspace are aimed at teenagers and young adults in recognition of the fact that 75 percent of mental disorders emerge before the age of 25 years.

Orygen operates five headspace centres and associated services in Craigieburn, Glenroy, Melton, Sunshine and Werribee with funding from the North Western Primary Health Network and support from headspace: the National Youth Mental Health Foundation. These headspace centres aim to improve access to services and continuity of care for young people across four core streams of service: mental health; alcohol and other drugs; primary care; and social recovery/vocational services.

3. ABOUT ORYGEN

VISION: Young people to enjoy optimal mental health as they grow into adulthood.

REVOLUTION IN MIND

MISSION: Reduce the impact of mental ill-health on young people, their families and society.

Orygen is the world's leading research and knowledge translation organisation focusing on mental ill-health in young people. Working side-by-side with young people, our partners and one another, we're redefining what's possible in global research, policy, education and clinical care. Find out more on our [website](#).

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services. Find out more on the headspace [website](#).

4. KEY RESPONSIBILITIES/OUTCOMES

The Enhanced Care Clinician will:

- Work with the Clinical Director and the Manager, Youth Enhanced Services to engage in and deliver shared care with the Access team, medical, colocated and contracted staff to support the provision of youth-friendly early intervention services at headspace for young people with moderate and complex mental health disorders.
- Provide a range of brief episodic therapeutic interventions and care coordination as needed including assessment and short-term outreach support in accordance with best practice and clinical guidelines.
- Undertake intake, assessment and referrals processes for more complex and 'higher risk' young people and assist others in the team to do so.
- Provide clinical support to a caseload of complex and higher risk young people which may include providing community outreach.
- Deliver evidence-based brief interventions, including group interventions, with young people and their families/carers.
- Maintain accurate and timely case notes and records in approved database systems.
- Participate actively in Clinical Review Meetings.
- Promote and monitor activities supporting research projects conducted at the centre.
- Promote positive working relationships between the Access Team and other staff and contracted professionals at headspace.
- Promote the headspace program, communicate regularly with, build and maintain collaborative working relationships with health and welfare agencies and the general community.
- Participate in and develop community awareness activities, relationship building activities and appropriate community and agency meetings.
- The role may incorporate other service development activities and responsibilities as directed by the Manager, Youth Enhanced Services or Enhanced Care Coordinator, Senior Clinician.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

5.1 Essential

- Approved tertiary qualifications in a relevant discipline and substantial previous experience in a clinical role in the area of youth mental health.
- Passion, motivation and determination to make a difference to health outcomes for young people.
- Previous professional experience in the planning and provision of mental health care, including completion of mental health assessments, crisis intervention, psychoeducation and short-term treatment interventions to young people experiencing mental health and/or substance use, and/or other social difficulties, including current evidence-based approaches.

- Highly developed service system knowledge, relevant legislation, government policy and strategic directions in relation to mental health and alcohol and other substances particularly as it relates to young people.
- Proven skills in decision-making, problem-solving and risk management, and demonstrated capacity to problem-solve effectively and work creatively with young people, particularly within an early intervention framework.
- Demonstrated sound ability to make decisions in relation to conducting intake and assessments and determining a young people's suitability for ongoing treatment/support services.
- Demonstrated ability to work effectively in a multi-disciplinary team in a health setting and to support staff and students where required.
- Excellent interpersonal and communication skills (written and verbal) to effectively liaise, build relationships and partnerships, consult and negotiate with a wide variety of stakeholders
- High-level liaison with internal and external stakeholders.
- Commitment to supporting clinical research within the service.

5.2 Desirable

- Experience in the planning, provision and evaluation of interventions (including groups) for young people and their families/friends.
- Experience in the planning and provision of community engagement and capacity building activities.

6. PROFESSIONAL AND ORGANISATIONAL KNOWLEDGE

The Enhanced Care Clinician will be expected to have:

- Knowledge and support of the headspace framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.
- Knowledge of the common mental health, substance use and social problems faced by young people and the indicated evidence-based treatment/support options for these.
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.
- A breadth of understanding of the different types of organisations including local schools, involved in mental health and drug and alcohol service delivery to young people within the region.
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.
- Excellent computer skills with a demonstrated ability in word processing, PowerPoint and databases as required.

7. SPECIAL REQUIREMENTS

- A current Victorian driver's licence.
- Occupational Health and Safety (OH&S) and Environmental Health and Safety (EH&S) responsibilities as outlined in Orygen's Occupational Health and Safety policy.
- All Orygen employees are required to familiarise themselves with the organisation's policies and procedures and to adhere to them at all times.
- A current full unrestricted work permit / visa for Australia.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- Current Working with Children Check will be required.