

Position description

Mental Health Clinician, Walk-in After-Hours Program– Links to Wellbeing

Section A: position details

Position title:	Mental Health Clinician - Links to Wellbeing
Employment Status:	Full Time
Classification and Salary:	Qualified in one of the following disciplines and membership to associated professional body; Psychology, Social Work, Occupational Therapy, or Mental Health Nursing Remuneration will be negotiated dependant on skills, experience and qualifications
Location:	GP Plus- Noarlunga
Hours:	After-Hours 4pm to 12pm Sat and Sunday nights
Contract details:	Maximum term contract until 31/12/2020

Consortium context

The Links to Wellbeing (LTWB) consortium is a group of mental health and community service providers, consisting of:

- Neami National
- Mind Australia
- Skylight
- Uniting Care Wesley Bowden (UCWB)

The organisations have built upon existing strong partnerships in the primary health and community service sectors.

The Adelaide Primary Health Network have commissioned the Links to Wellbeing consortium to provide Primary Mental Health Services that will provide clinical support and psychological services across the stepped care continuum.

Interventions range from low intensity, for those with mild presentations, psychological therapies for people with mild to moderate conditions through to clinical care coordination for people with chronic and complex mental health conditions. Suicide Prevention Services for people suitable for primary mental health care management are also available.

Position overview

The Walk in After Hours Service aims to improve mental health outcomes and mental health care experiences for people presenting with low acuity mental health symptoms and/or associated difficulties and their carers/families in the Outer Southern region of metropolitan Adelaide through the provision of high quality, responsive and timely primary mental health care services in the sociable after hours period.

In the Outer Southern region of metropolitan Adelaide during the after-hours period when a person experiencing mental health crisis or associated difficulties requires more than telephone contact but may not require hospital presentation for assessment, alternative available services are limited.

The Self-Presentation Assessment and Referral Service will provide comprehensive mental health assessment and recovery focused support services in the sociable after-hours period that complement, and link with existing mainstream primary and secondary mental health services available in the in hours period as well as acute mental health services provided through the Flinders Medical Centre

The Mental Health Clinician will work as part of a multidisciplinary mental health team to deliver focused mental health clinical services for individuals with mental health disorders in a primary care setting.

The Mental Health Clinician will be responsible for:

- Undertaking comprehensive clinical mental health assessments
- Providing brief solution focused therapy and counselling sessions
- Undertaking immediacy planning, referral, service linkages, appointment arrangement and follow-up, including for consumers presenting with prodromal symptoms, early warning signs of serious mental illness
- Providing education and information.

Period of employment

Maximum term contract until 30 June 2020; subject to a 6-month probationary period.

Accountability

The Mental Health Clinician will report to a Mental Health Clinical Lead.

Conditions of employment

The terms and conditions of employment will be in accordance with the Nurses Award 2010.

A number of benefits are available to staff, including generous salary packaging with rewarding NFP fringe benefit tax exemptions.

- Criminal record checks are mandatory for all new appointments. Neami National will cover the cost of an Australian check. Where a new employee has lived outside of Australia for 12 months or more within the last 10 years, the cost of an International check will be borne by the applicant (~\$142.00).
- Working with Children check and Vulnerable Persons check required before commencement of work (employee responsibility).
- You must maintain a right to work in Australia, in the position and location of employment during your employment with Neami. You must comply with all terms of any such grant of a right to work in Australia.

Qualifications

- Qualified in one of the following disciplines and membership to associated professional body; Psychology, Social Work, Occupational Therapy, or Mental Health Nursing
- Current and full registration with the appropriate registration authority (AASW, AHPRA)

Section B: application procedure

To discuss the position, please contact:

Name, Title and Phone	Mary-Jane Honner, Regional Manager – Primary Mental Health Program
Number:	(08) 8326 3591 or M: 0429 269 100

Applications should include a current resume and a Cover Letter explaining your interest in the position and your reasons for wanting to work at Neami National. You do NOT need to provide a written response to the selection criteria.

To apply, please sent your application through <https://neami-national.workable.com/>

- Include three current referees.
- Ensure the files are in Word (.doc) or Adobe Reader (.pdf) format.

Closing date for applications: 31/1/2020

Section C: key responsibilities

Provide clinical mental health clinician services

- Provide clinically appropriate, evidence based mental health service, including assessment and provision of individual and group clinical interventions as required, work collaboratively with clients and their families to identify their mental health (and where appropriate, general health) needs
- Ensure escalation pathways are in place to provide an appropriate level of support if an individual's mental health needs should change
- Stepped care approach to mental health care in primary care settings through GP and Primary Mental Health Care (PMHC services)
- Follow a model of care with an integrated treatment planning approach across MH and AOD services
- Maintains links, undertakes case conferences and coordinates services with GP's, psychiatrist and allied health workers
- Provide input and advice to LtW mental Health (PMHC) services as required
- Participates in the identification and development of a therapeutic group program as per operational guidelines
- Establish methods of data capture and develop marketing strategy, selection criteria and internal referral procedures
- Develop/source program content and materials, and implement group therapy sessions
- Evaluate group program and conduct data analysis and report

Other Clinical Responsibilities

- Participate in additional clinical responsibilities including, Clinical Supervision, Triage and Suicide Prevention Service, as determined by need and in consultation with the Senior Mental Health Clinician
- Be willing and able to provide cover for crisis and unsolicited calls or walk-ins as directed by the Clinical Lead or in their absence
- Provide leadership, secondary consultation, case review and support to other staff including clinicians, interns and youth workers as required
- Provide leadership in individual and group supervision, and attendance at team meetings and external meetings

Liaison and Networking

- Foster and maintain relationships with external stakeholders to ensure good communication flow and clear referral pathways
- Participate in community engagement activities as directed and promote the mental health and wellbeing of the community

Records Management

- Comply with electronic case file system and any other relevant organisational processes and procedures

- Document presentations and attendance at events

Continuous Improvement

- Participate in the Links to Wellbeing Consortium commitment to continuous quality improvement by attending team and clinical staff meeting
- Attend training and improve professional skills relative to individual need and attend organisational staff training and development as required

Clinical Support

- Attendance at Clinical Case Reviews
- Partake in individual clinical supervision
- Clinical supervision of a colleague as required and appropriate
- Provide appropriate internal training as relevant

Section D: key competencies

Creating diverse staff teams

The values, skills, attributes and commitment of our staff are key to our success and reputation as a national mental health service that provides high quality support services to people living with a mental illness.

We are strongly committed to further developing and diversifying our work force as part of our strategic directions.

We celebrate multidisciplinary teams and value the rich skills and experiences brought by applicants from a range of sectors and professional backgrounds.

Further depth is brought by those from diverse cultural backgrounds, Aboriginal staff, and those with lived experiences of mental illness and recovery, all of whom are strongly encouraged to apply for any roles that match their skills and interest.

The following competency criteria will inform our selection decision:

Skills and Abilities

- Demonstrated advanced level of clinical and problem solving skills in the field of mental health in relation to adults in a variety of settings
- Demonstrated advanced skills in assessment, risk management and care planning of persons with complex mental health disorders
- Proven ability to administer and interpret appropriate psychometric tests and outcome measurements
- Proven ability to apply evidenced based psychological interventions including understanding of current theoretical concepts within mental health sciences and their application to mental health issues and problems
- Proven high level of communication skills including the ability to communicate effectively, both orally and in writing with clients, internal and external agencies and community members
- Ability to work as a member of a multidisciplinary team
- Ability to perform multiple tasks and meet deadlines
- Ability to work independently with minimal supervision

- A positive customer service attitude
- Able to apply organisational policies and procedures
- Ability to model appropriate, positive and professional behaviour when representing the organisation

Experience

- A minimum 2 years supervised experience in the area of mental health
- A minimum 2 years relevant professional development and or supervision
- Experience in delivery cognitive behaviour therapy and other evidence based interventions

Knowledge

- Knowledge of Occupational Health, Safety and Welfare Act, policies and practices
- Knowledge of Equal Opportunities Legislation, policies and practices
- Knowledge of Professional Codes of Conduct and Ethics: aware of and practicing within relevant Federal and State Legislation and the relevant Professional Code of Practice, Conduct and Ethics