

Position description

Mental Health Clinical Intern – Links to Wellbeing

Section A: position details

Position title:	Mental Health Clinical Intern - Links to Wellbeing
Employment Status:	Full Time
Classification and Salary:	\$65,000 per annum Health Professionals and Support Services Award 2010
Location:	LTW Morphett Vale (To be determined- multiple positions at more than 1 consortium agency)
Hours:	Hours of work between 9.00am to 5.30pm Monday to Friday.
Contract details:	Maximum term contract until 30 June 2021 Positions available across the consortium agencies

Consortium context

The Links to Wellbeing (LTWB) consortium is a group of mental health and community service providers, consisting of:

- Neami National
- Mind Australia
- Skylight
- Uniting Care Wesley Bowden (UCWB)

The organisations have built upon existing strong partnerships in the primary health and community service sectors.

The Adelaide Primary Health Network have commissioned the Links to Wellbeing consortium to provide Primary Mental Health Services that will provide clinical support and psychological services across the stepped care continuum.

Interventions range from low intensity, for those with mild presentations, psychological therapies for people with mild to moderate conditions through to clinical care coordination for people with chronic and complex mental health conditions. Suicide Prevention Services for people suitable for primary mental health care management are also available.

Position overview

The Mental Health Clinical Intern will work as part of a multidisciplinary mental health team to deliver focused psychological interventions for individuals with mental health disorders in a primary care setting.

The Mental Health Clinical Intern under appropriate supervision will be responsible for:

- Providing clinical therapeutic services (individual and group) to clients across a range of teams (adult, people at risk of suicide or self-harm) within the Central and Southern Metropolitan Adelaide
- Planning and implementing assessment and treatment services
- Participate in triage of referrals including obtaining information from referral sources and obtaining historical and collateral information.
- Group program development and implementation where appropriate and necessary
- Liaison and consultation with other professional employees
- Participation in individual and group supervision, and attendance at team meetings and external meetings

Period of employment

Successful applicants will be employed directly by the organisations in the Links to Wellbeing consortium.

The organisations are:

- Neami National
- Mind Australia
- Skylight
- Uniting Care Wesley Bowden (UCWB)

Subject to the successful completion of the 6-month probationary period your employment will continue until the expiry of this maximum term contract on 30 June 2021.

Accountability

The Mental Health Clinical Intern is accountable to a line manager within the host agency and accepts direction from the Clinical Lead for clinical workflow. The Mental Health Clinical Intern will receive professional supervision and be accountable to the appropriate professional for professional practice.

Conditions of employment

The terms and conditions of employment will be in accordance with the Health Professionals and Support Services Award 2010.

A number of benefits are available to staff, including generous salary packaging with rewarding NFP fringe benefit tax exemptions.

Core requirements prior to any offer, or commencement of employment:

- Criminal record checks are mandatory for all new appointments. Neami will cover the cost of an Australian check. Where a new employee has lived outside of Australia for 12 months or more within the last 10 years, the cost of an International check will be borne by the applicant (~\$142.00).
- Working with Children check required before commencement of work (employee responsibility).
- You must maintain a right to work in Australia, in the position and location of employment during your employment with Neami. You must comply with all terms of any such grant of a right to work in Australia.

Qualifications

- Qualified in one of the following disciplines and membership to associated professional body; Psychology, Social Work, Occupational Therapy, or Mental Health Nursing
- Current registration with the appropriate registration authority (AASW, AHPRA)

Section B: application procedure

To discuss the position, please contact:

Name, Title, Number: Linda Sims and Sharon Dyson - Mental Health Clinical Lead
(08) 8326 3591

Applications should include a CV and a Cover Letter explaining your interest in the position and working at Neami National. You do NOT need to provide a written response to the selection criteria.

To apply, please:

- Include three current referees.
- Submit your application through the Workable portal: <https://neami-national.workable.com/>
- Ensure the files are in Word (.doc) or Adobe Reader (.pdf) format.

EOI Closing date for applications: Extended 2nd September 2019

Please visit www.neaminational.org.au for more information on our organisation, services and other employment opportunities around Australia.

Section C: key responsibilities

Clinical Services

Provide clinical mental health services under appropriate supervision including:

- Assess and screen referrals using appropriate tools, policies and procedures
- Provide information about mental health and available services
- Triage and assessment of mental health referrals
- Work collaboratively with clients and their families to identify their mental health (and where appropriate, general health needs)
- Coordinate client therapeutic interventions by formulating client plans in collaboration with the client, family/carers, staff and external workers and agencies, including making internal and external referrals as needed
- Determine client goals and strategies to be implemented through therapy and review as required
- Support the continuity and client care and information flow between clients, staff GPs and external workers and other agencies
- Provide individual and group clinical interventions as required

- Close client files using appropriate tools, policy and procedures

Undertake assessments for under appropriate supervision from Clinical Lead Clinical Group Therapy

- Participates in the development of a therapeutic group program as per operational guidelines
- Facilitate group programs under appropriate supervision
- Develop/source program content and materials, and implement group therapy sessions
- Evaluate group program and conduct data analysis and report

Other Clinical Responsibilities

- Participate in additional clinical responsibilities including, Triage and Suicide Prevention Service, under appropriate supervision

Participate in community development and educational activities by:

- Respond to requests to provide mental health consultation / information
- Initiating educational activities within the local community which raise awareness of the needs, treatment and other issues associated with mental illness
- Liaising and collaborating with other APHN commissioned organisations, agencies, health care professionals and service providers to determine how to best meet the needs of people who have a mental health problem and ensure best outcome for clients

Records Management

- Comply with electronic case file system and any other relevant organisational processes and procedures
- Document presentations and attendance at events

Continuous Improvement

- Participate in the Links to Wellbeing Consortium commitment to continuous quality improvement by attending team and clinical staff meeting
- Attend training and improve professional skills relative to individual need and attend organisational staff training and development as required

Clinical Support

- Attendance at Clinical Case Reviews
- Partake in individual clinical supervision
- Provide appropriate internal training as relevant

Section D: key competencies

Creating diverse staff teams

The values, skills, attributes and commitment of our staff are key to our success and reputation as a national mental health service that provides high quality support services to people living with a mental illness.

We are strongly committed to further developing and diversifying our work force as part of our strategic directions.

We celebrate multidisciplinary teams and value the rich skills and experiences brought by applicants from a range of sectors and professional backgrounds.

Further depth is brought by those from diverse cultural backgrounds, Aboriginal staff, and those with lived experiences of mental illness and recovery, all of whom are strongly encouraged to apply for any roles that match their skills and interest.

The following competency criteria will inform our selection decision:

Skills and Abilities

- Ability to undertake comprehensive assessment including, consumer needs analysis, mental state assessment, recognition of side-effects from medication, risk assessment
- Ability to design individual service plans and implement psychological interventions for individuals
- Ability to administer and interpret appropriate psychometric tests and outcome measurements
- Proven high level of communication skills including the ability to communicate effectively, both orally and in writing with clients, internal and external agencies and community members
- Ability to work as a member of a multidisciplinary team
- Ability to perform multiple tasks and meet deadlines
- Ability to work independently with minimal supervision
- A positive customer service attitude
- Able to apply organisational policies and procedures
- Ability to model appropriate, positive and professional behaviour when representing the organisation

Experience

- Demonstrated relevant experience in the area of mental health
- Experience in delivery cognitive behaviour therapy and other evidence based interventions

Knowledge

- A general knowledge of the comprehensive individualised needs of clients within the community setting
- Knowledge of Occupational Health, Safety and Welfare Act, policies and practices
- Knowledge of Equal Opportunities Legislation, policies and practices
- Knowledge of Professional Codes of Conduct and Ethics: aware of and practicing within relevant Federal and State Legislation and the relevant Professional Code of Practice, Conduct and Ethics