

## WHY WE DO WHAT WE DO

Christ Church Mission's Community Centre (St Kilda's Little Mission) is committed to creating an environment which is welcoming, inclusive and supportive for the diverse range of people and groups in our local community.

Recognising that poverty of resources and poverty of relationships can lead to social exclusion, the Centre offers opportunities for social interaction and personal growth.

We are challenged to be the explicit social justice arm of Christ Church Parish.

Our focus is on providing support in a manner which decreases isolation, fosters relationships and enables our participants to become more involved and contributing members of the community.

Based in St Kilda with a small team of staff supported by over fifty volunteers we provide emergency relief, food parcels, a community dinner, material aid and socially inclusive activities to a diverse range of people.

***'Creating, experiencing  
and nurturing support  
as part of the community'***

## VOLUNTEERING

Volunteers are a key and fundamental component of our ability to provide ongoing programs, activities and support.

We enjoy and value having a diversity of people as volunteers, covering a wide range of ages, backgrounds, cultures and interests.

An ongoing priority is to also support those who come in contact with the centre to become volunteers. Their involvement is a pathway as they move towards being an active part of the community, gaining a feeling of self-worth, sense of purpose and development of new skills.

We encourage people to contact us about volunteering opportunities.

### ***PS – Venue Hire***

*If you are looking for a space to meet, to run an activity or event, or need a catering-quality kitchen, we have special rates for community groups. Contact us with your enquiries.*

### **Visit Us**

The Community Centre is at  
14 Acland St, St Kilda

(Beside Christ Church Anglican Church)

[www.ccm.org.au](http://www.ccm.org.au)



## Christ Church Mission Community Centre



14 Acland St, St Kilda VIC 3182  
(Cnr Acland St & Eildon Rd)  
Ph: (03) 9534 9250

[www.ccm.org.au](http://www.ccm.org.au)

**About us & what you and we  
can do ...**

## COMMUNITY ASSISTANCE

### Open House Dinner

There is an 'Open House' free weekly Community Meal at the Community Centre each Wednesday from 5.30pm to 7pm. Consisting of soup, main meal, bread, salad and a dessert it is prepared then served by our dedicated volunteers to an average 70 to 80 diners each week.

More than 3,500 meals were provided last year.

### Emergency Support

For people in need we have food and toiletries available from 10.30am to 1.30pm each Monday, Wednesday and Thursday. In 2018 over 900 people were helped by this program.

Through the contributions of South Port Uniting Church Parish Mission, material aid and support is provided which assists people through difficult times in their lives. A steadily increasing number of those accessing this program now also identify themselves as homeless.

### The 'Little Pantry'

This is an innovative way the Community Centre meets the out-of-hour demand for emergency support in partnership with local residents. Located on the vicarage gates in Acland Street, the message behind the Little Pantry is 'Take if you need, give if you can'.



## COMMUNITY OUTREACH

### 'Neighbour Connect'

Provides support for elderly women residents in local social housing apartments struggling with complex health issues and restricted social networks. A weekly chair-based yoga exercise is followed by an informal get-together with lunch and an activity to help improve English language skills.

### 'Garden Nomads'

The Centre recruits and supports volunteers to assist frail, elderly or disabled local householders who are struggling to maintain their gardens. Many of the volunteers have gardening experience and are paired with garden owners who require assistance.

## *'Building genuine relationships through community participation'*

To be involved in any of these programs and activities,

Contact us on (03) 9534 9250 or at [communitycentre@christchurchstkilda.org.au](mailto:communitycentre@christchurchstkilda.org.au)



## COMMUNITY PROGRAMS

### Yoga

Low-cost classes for all levels of abilities. Under an experienced teacher this offers tools to nurture good health, well-being and connections to the local community.

### Quilting

An inclusive group which attracts people from diverse backgrounds and ages, creativity is expressed and connections made. Equipment is provided for initial projects and people with varying skills and experience are welcome.

### Preserving project

Using over-ripe fruit and vegetables from Second Bite to create delicious chutneys, the project is about positive and productive collaboration. Participants develop recipes based on what is available, and then cook, fill jars and label them for sale.

### Community Kitchen Garden

Through the growing of fresh food for 'Open House' and holding monthly plant sales, working in the garden encourages and provides an opportunity for people of mixed backgrounds, age groups and incomes to work together and get to know each other.

